

Clothes.



Eco clothes.



- Take a look at the clothes you are wearing. Are they made from natural fabrics such as the cotton, linen or silk, or from synthetic fabrics, like nylon or polyester? Which type of fabric do you think is more environmentally friendly, natural or synthetic? You may be surprised by the answer!



- Most people believe that natural fabrics are better for the environment than synthetic ones, but this isn't always true. For example, while it only takes a pound of cotton to make one T-shirt, it takes a third of a pound of pesticides to grow the cotton in the first place!





- Then, the cotton may be treated with all kinds of chemicals to change the colour. But all of these chemicals end up as waste, which contaminates our rivers and soil. So what is the best thing to do? Well, when it comes to buying new clothes these days you don't have to worry, as you can simply choose to buy organic! This means buying clothes that are produced in a way that causes as little harm to the environment as possible.





- Bamboo clothing is as soft as cashmere and allows your skin to breathe. It also keeps you cool in hot weather and warm in cold weather.



- Linen grows more quickly than cotton and needs fewer chemicals to produce it.





Eco Fleece is a kind polyester from recycled plastic is washed, chopped and turned into flakes, which are then melted, made into fibres and woven into cosy pullovers.



Punks.



- Punks are wearing jeans, leather clothes, T-shirts «Ramones» , jack boots,trainers. They have pirsing and alternative hair.