

HELLO !











**An apple a day  
keeps the doctor away.**





# *Healthy Food*











***Healthy Food.***

***Vitamins.***



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1. Appetite comes with eating.
  2. Good health is above wealth.
  3. Tastes differ.
  4. Eat to live, but don't live to eat.

1. О вкусах не спорят.
  2. Аппетит приходит во время еды.
  3. Ешь, чтобы жить, а не живи для того, чтобы есть.
  4. Здоровье дороже богатства.
  5. На вкус и цвет товарищей нет.
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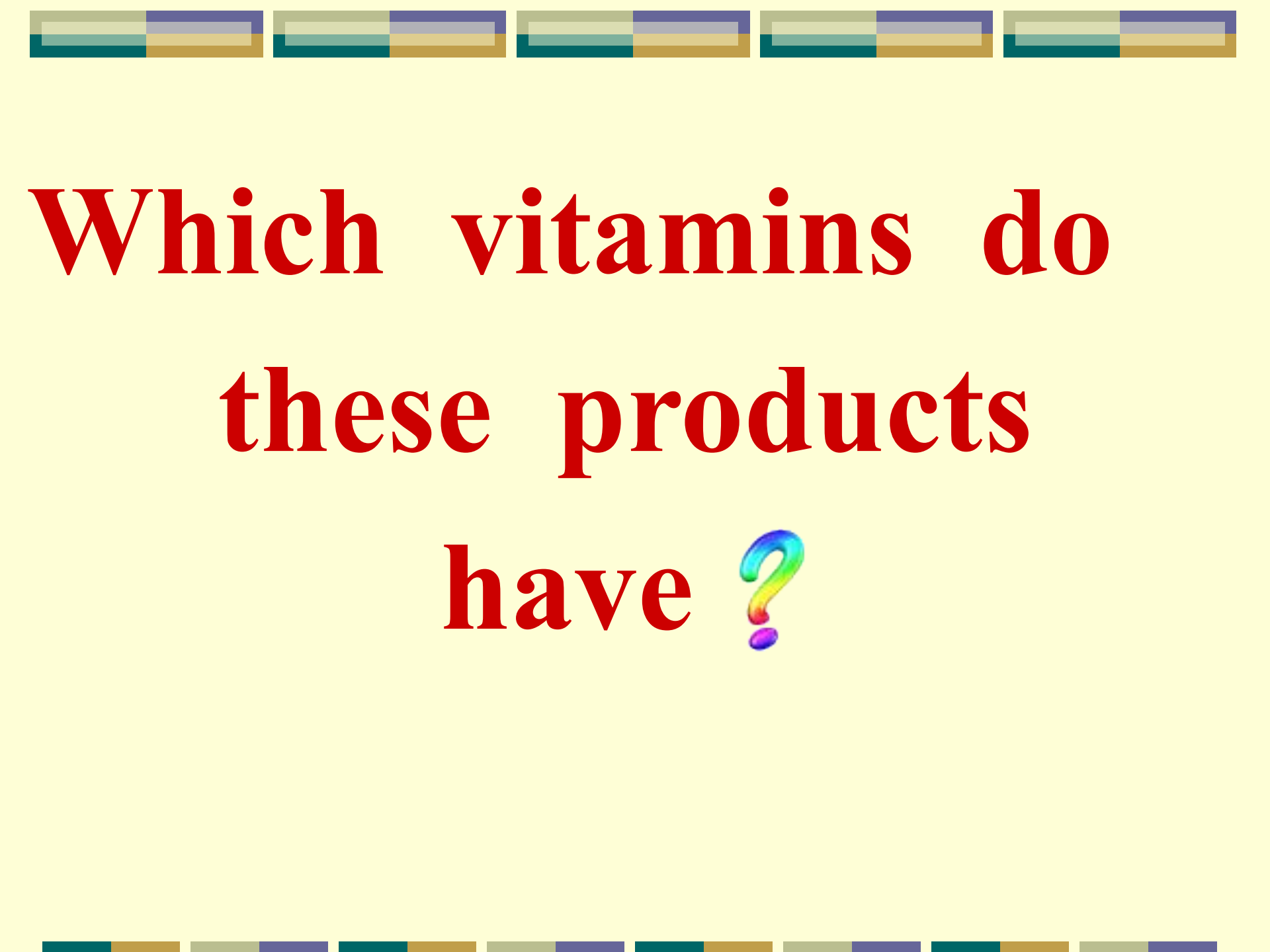


**What is tastier ?**

**What is better for  
health ?**







**Which vitamins do  
these products  
have ?**



# Vitamins make people healthy

- True
- False





# People need only 5 vitamins

- True
- False



# People need vitamins only in spring

- True
- False



# People get vitamins from the food they eat

- True
- False



# There aren't any vitamins in meat

- True
- False



# There are a lot of vitamins in fruits and vegetables

- True
- False



**BE HEALTHY!**



