

The background features several large, stylized, overlapping swirls in light green, light blue, and light purple. Interspersed among these swirls are numerous small, yellow, triangular shapes that resemble sun rays or decorative accents. The overall aesthetic is bright and cheerful.

English people, their food and traditions



# The daily routine of English people

Breakfast

Lunch

Tea

Dinner

Supper



tea



coffee



marmalade

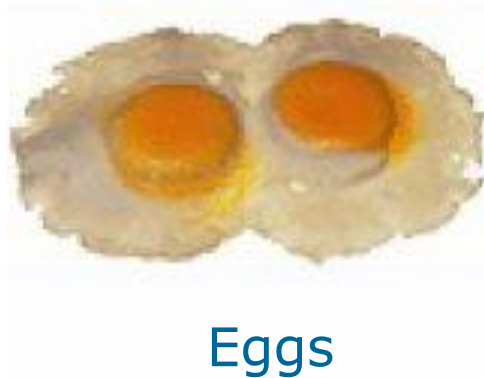


sandwich

# Breakfast



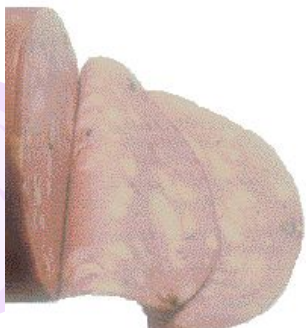
bacon



Eggs



mushrooms



Sausage



tomatoes



Soups

Juices

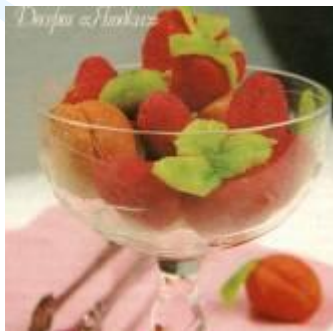
Salads

# Lunch



Vegetables and meat

Accompaniments



Desserts

# Tea



# English people are great lovers of tea.

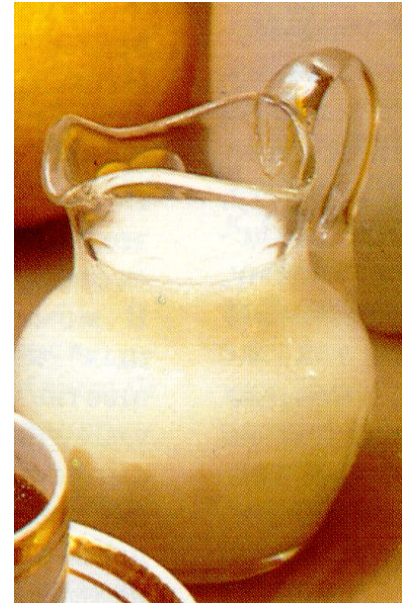
They usually drink tea with...



Lemon

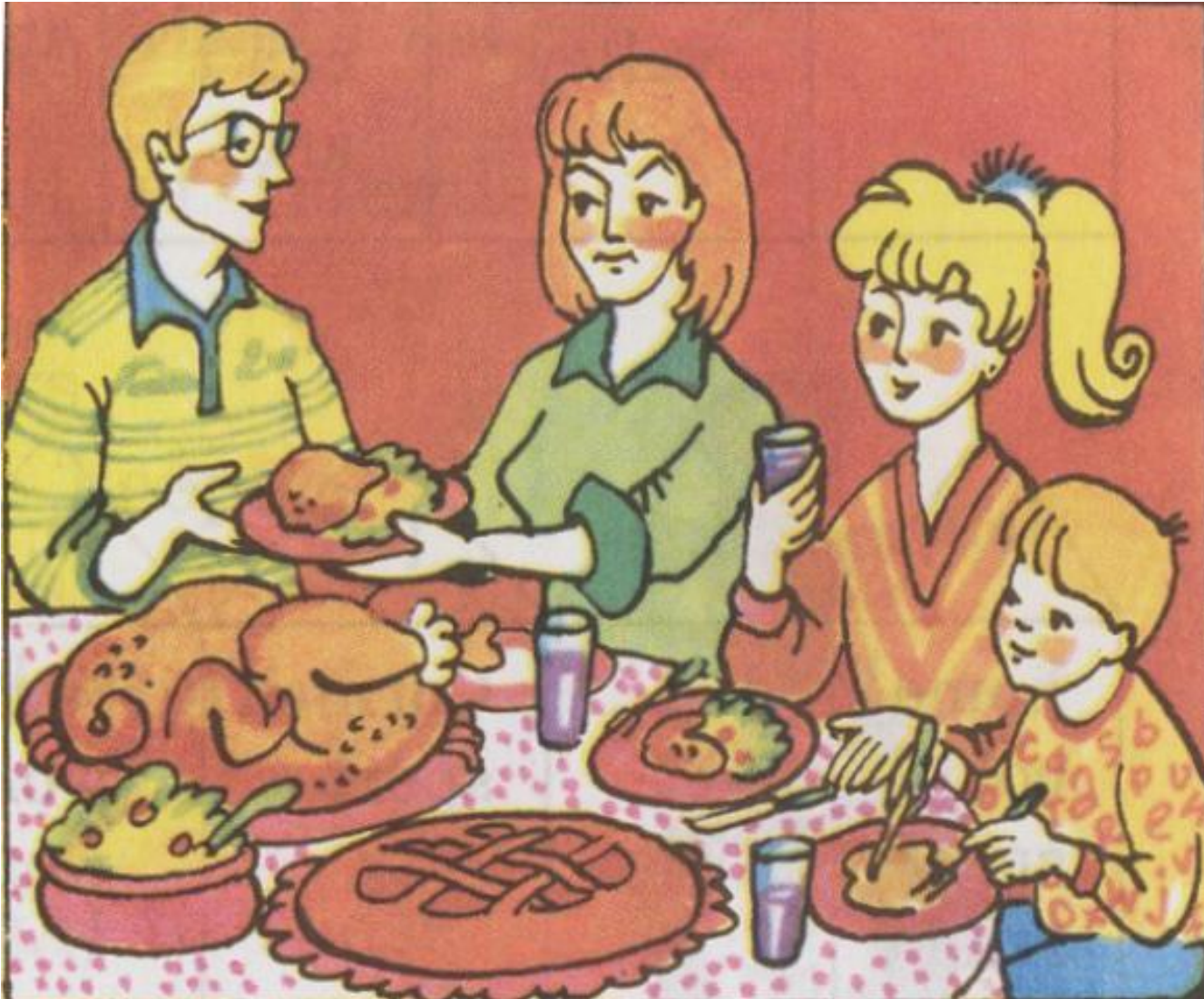


Rose

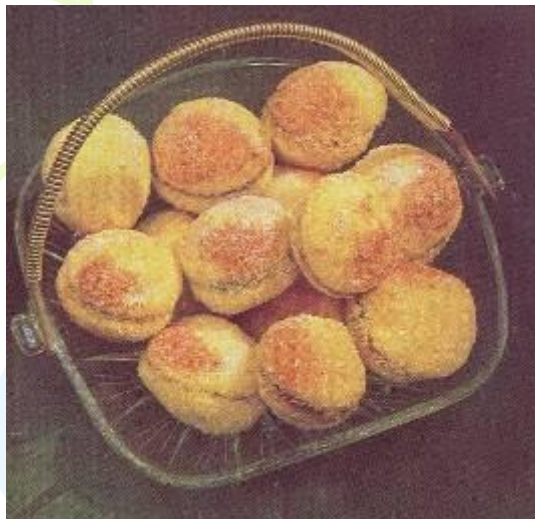


Milk

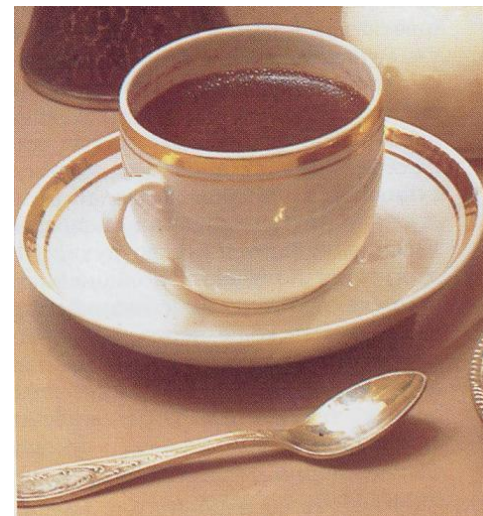
# Dinner



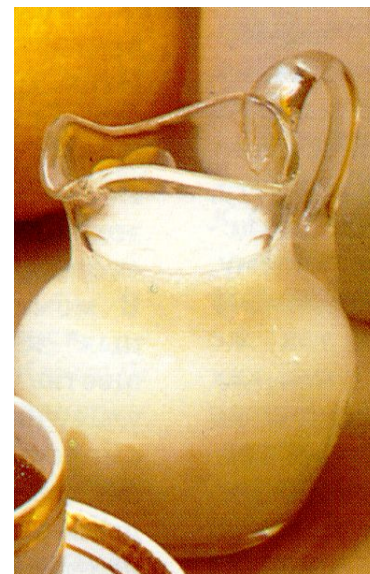
# Supper



+



With or without





# National holidays



Pancakes Day

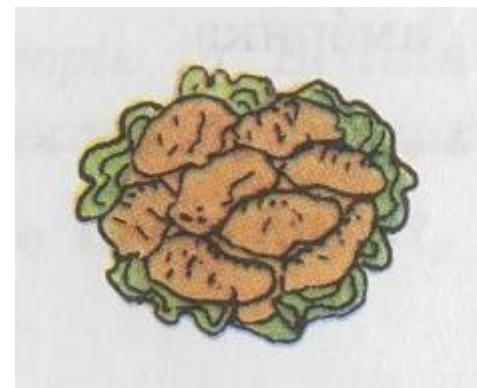
# Traditional dishes



Yorkshire pudding



Roast turkey



Roast beef



Christmas pudding



Haggis

## From the history of "sandwich" and "hamburger"



The Earl of Sandwich lived in the 18 century. He liked playing cards for money. Servants brought him food – some meat and some bread. The Earl didn't want to stop playing while he ate. He put some meat between two pieces of bread. In this way he could play without stopping for eating.



An American chef from Connecticut, Louis Lassen, made and sold the first hamburgers because sailors from Hamburg in Germany gave him the recipe. Teachers from Yale University and businessmen loved them and brought them. Kenneth Lassen, Louis' son, still sells hamburgers in Connecticut.