



rice



meat

carrots



yogurt





fish

Three slices of whole grain bread are arranged on a white background. The top slice is a full slice, while the two below it are smaller, likely cut from the same loaf. The bread has a golden-brown crust and a porous, light-colored interior. The word "bread" is overlaid in the center in a bold, sans-serif font, with the letters "e", "r", and "a" in red and "b", "r", "e", "a", "d" in black.

bread

A close-up photograph of a white ceramic pitcher pouring a thick, white liquid, likely milk, into a clear glass. The liquid is captured mid-pour, creating a smooth, continuous stream that fills the glass. The background is a plain, light-colored surface, and the lighting is soft, highlighting the texture of the milk and the transparency of the glass.

mi*l*lk

juice

