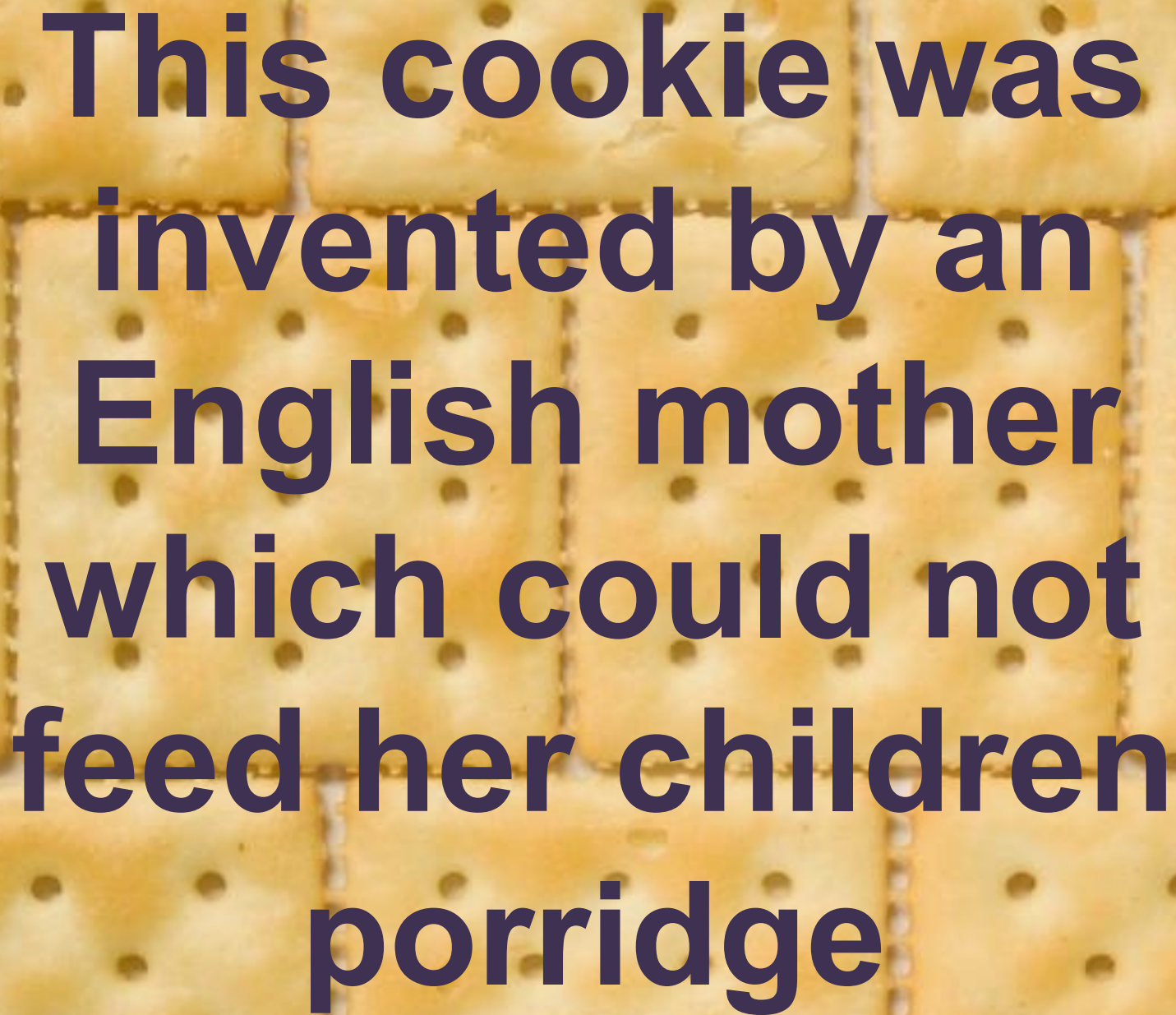


Flepjeck





**This cookie was
invented by an
English mother
which could not
feed her children
porridge**



**Now it is a national
British delicacy
which served with
tea or coffee**

For cooking flepjack you will need:

- Porridge (preferably cereal) - 250 grams;**
- Butter - 100 grams;**
- Sugar - about 100 grams;**
- Honey - about 100 grams;**
- Apple - 1 piece;**
- Raisins - 0.3 cups;**
- Nuts or pralines - 2 tbsp. spoons;**
- Water - 1-2 tbsp. spoon.**





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**Thank you for
your attention
Enjoy your meal**