

# FOOD and HEALTH

The image features the words "FOOD and HEALTH" in a large, bold, purple font. The letters are set against a background of a collage of food items, including corn, oranges, and a bowl of food. The background is divided into green and white sections.

# AN APPLE A DAY KEEPS A DOCTOR AWAY



**HEALTH IS BETTER THAN  
WEALTH**

**A SOUND MIND IN A SOUND  
BODY**

**SMOKING IS DANGEROUS FOR  
YOUR HEALTH**





**AIM:** TO PROVIDE STUDENTS' ORAL  
PRACTICE ABOUT HEALTHY EATING

**OBJECTIVE:** BY THE END OF THE  
LESSON THE STUDENTS WILL HAVE  
HAD PRACTICE IN MAKING UP  
DIALOGUES AND MONOLOGUES  
ABOUT HEALTHY FOOD

*Travelling to*

To

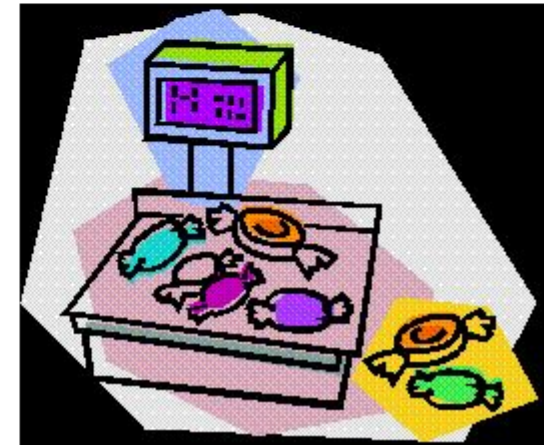


HEALTH - CITY

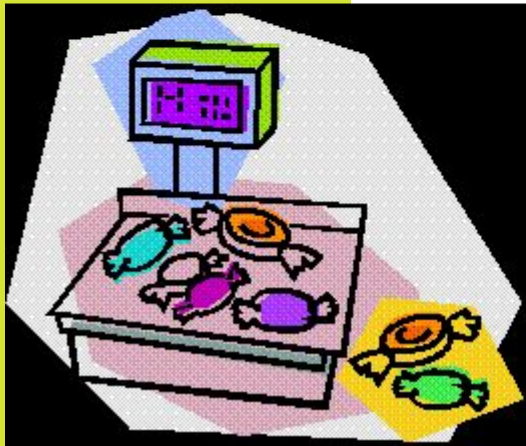
# warming-up



<b>Ice</b>	<b>let</b>
<b>Porr</b>	<b>tail</b>
<b>Cut</b>	<b>cream</b>
<b>Bis</b>	<b>ets</b>
<b>Cock</b>	<b>ade</b>
<b>Sand</b>	<b>cuit</b>
<b>Lemon</b>	<b>idge</b>
<b>Swe</b>	<b>wich</b>



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<b>Sand</b>	<b>wich</b>
<b>Lemon</b>	<b>ade</b>
<b>Swe</b>	<b>ets</b>



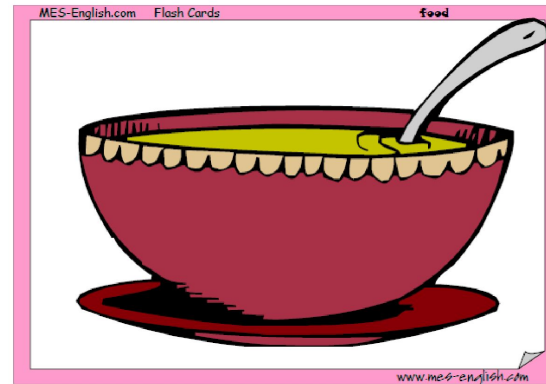
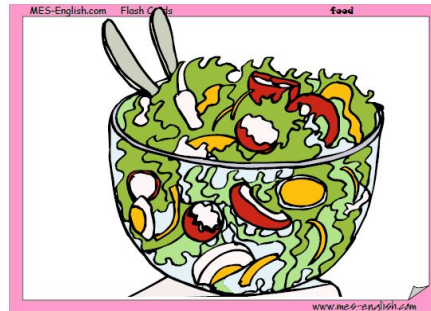
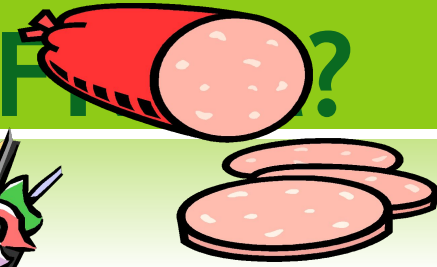
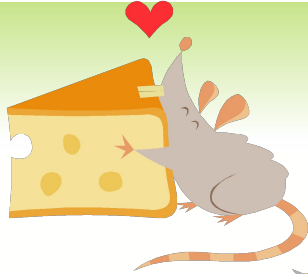


# ANSWER THE QUESTIONS:

1. WHAT DO BRITISH CHILDREN EAT AT SCHOOL?
2. WHAT DO THEY EAT AT HOME?
3. WHAT DO THEY USUALLY DRINK?
4. IS IT HEALTHY?



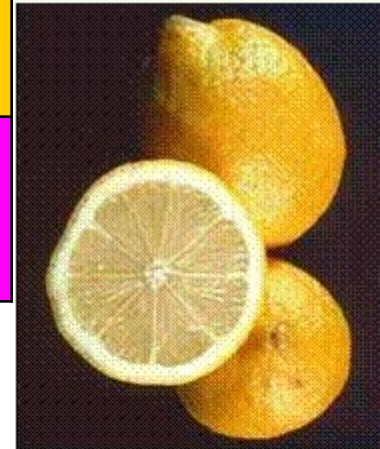
# WHAT ARE THESE THINGS MADE FROM?



# CROSSWORD



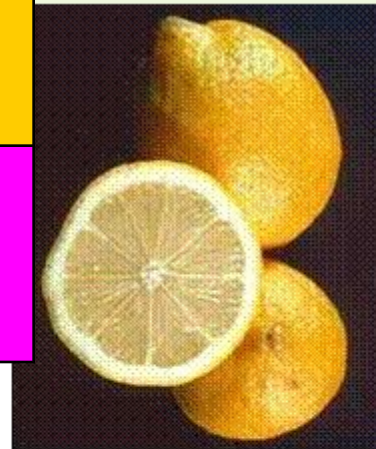
1					
2					
3					
4					



# CROSSWORD



1	c	o	F	f	e	e
2	c	o	O	k	i	e

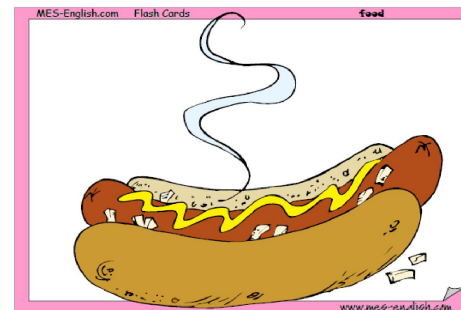
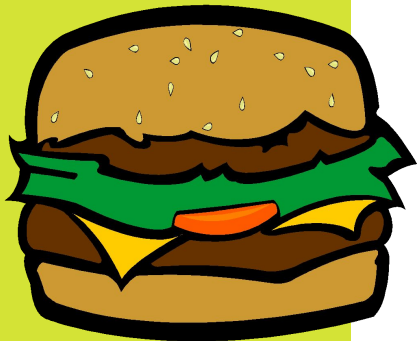


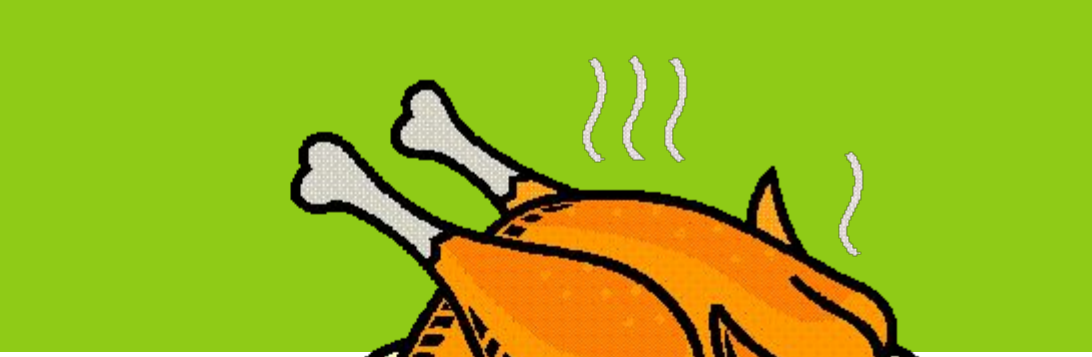
3	e	m	O	n
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4	b	r	e	a	D
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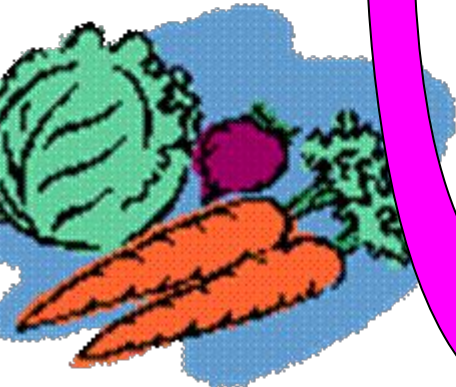
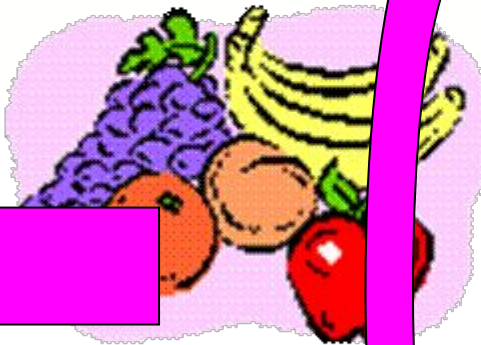


# FAST FOOD





F



O



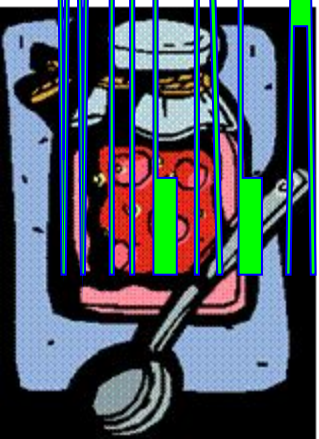
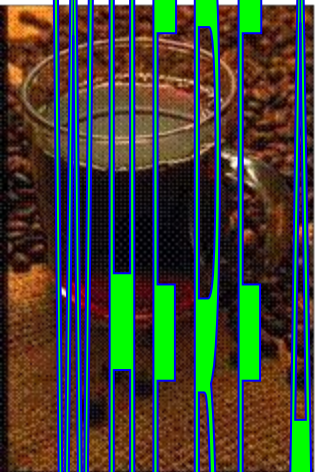
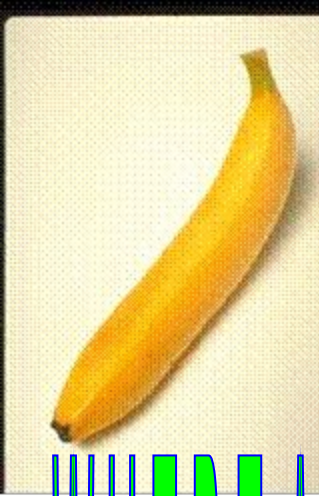
O



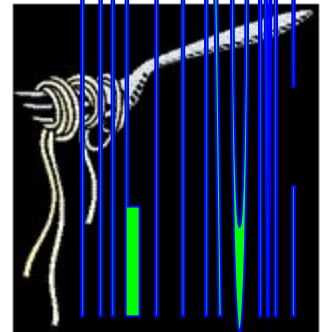
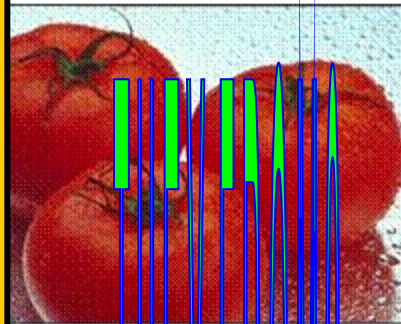
D



What fruit and vegetables can you see?

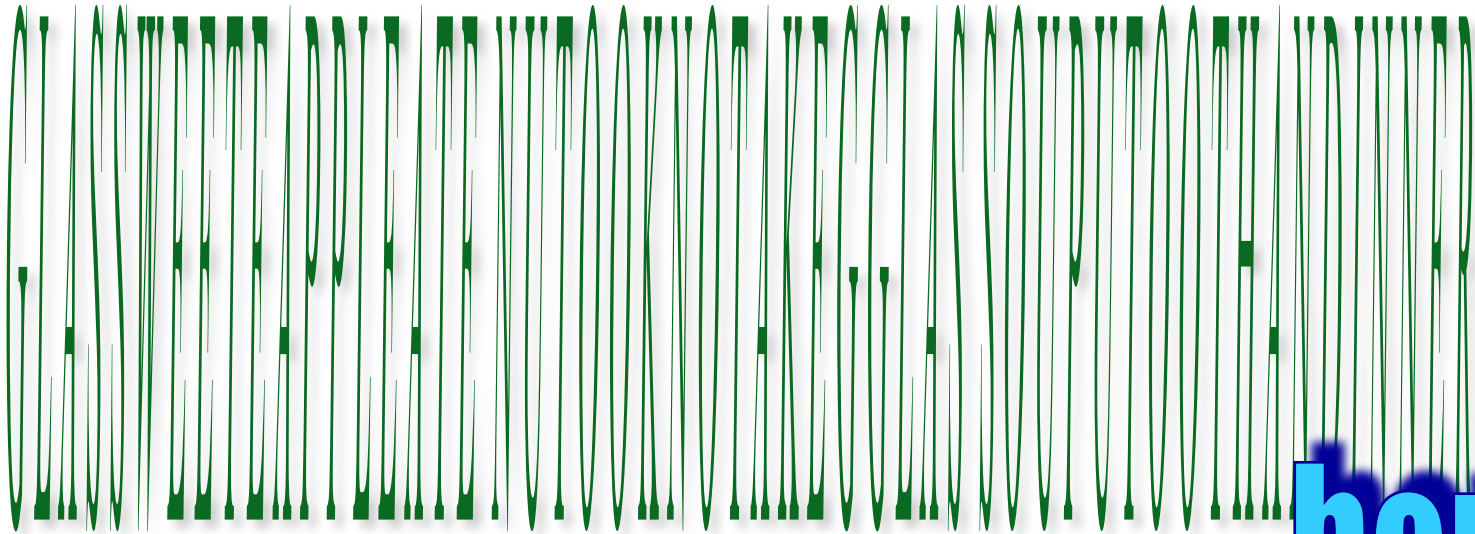


**KVAS**  
**COKE**  
**BANANA**  
**COCOA**  
**PIZZA**  
**COFFEE**  
**BORSHCH**  
**JAM**  
**PASTA**  
**KASHA**  
**SPAGHETTI**  
**PUDDING**  
**TOAST**  
**PELMENI**  
**TOMATO**





# HOW MANY WORDS can



you

find

here?

READ ONLY the WORDS on the THEME «FOOD»

**BEGIN EACH WORD WITH THE  
LAST LETTER OF THE PREVIOUS  
ONE**








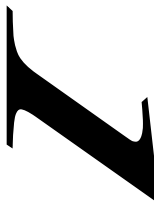



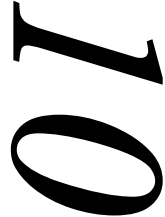
**CHOCOLATE, E...**



**WHAT WOULD YOU  
LIKE TO EAT?**

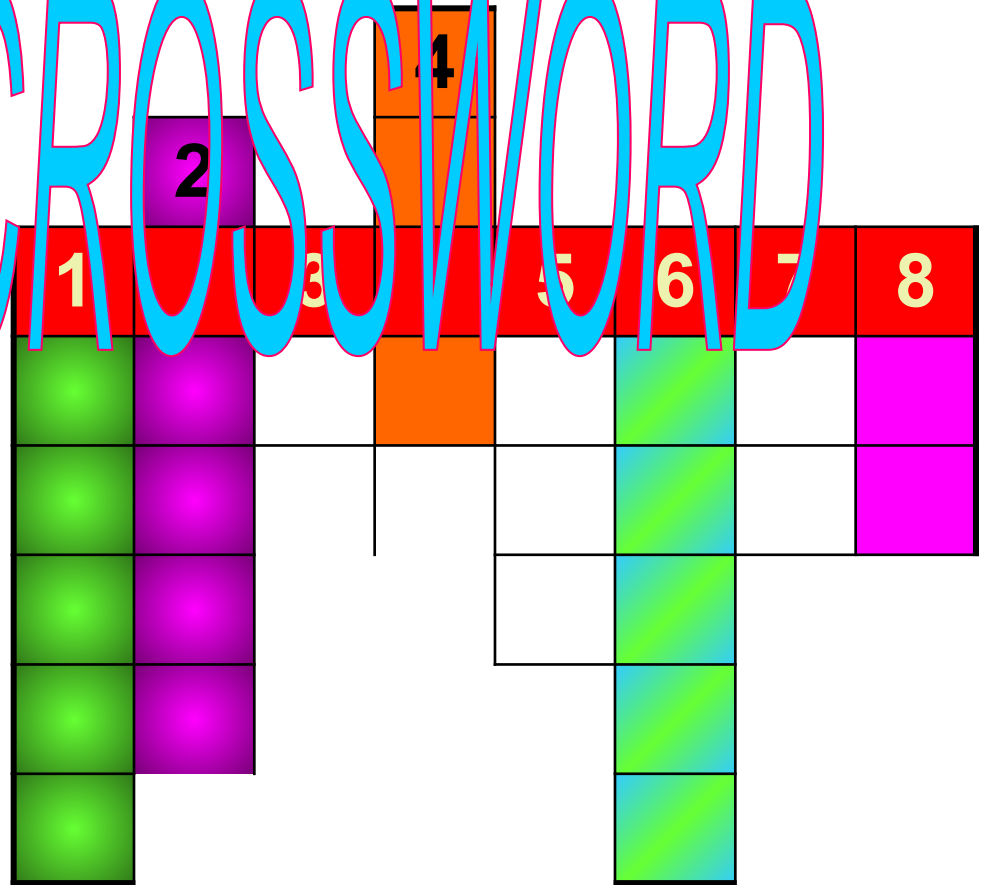
**WHAT WOULD YOU  
LIKE TO DRINK?**

# SECRET MESSAGE

					
<p>++--</p>	<p>++--</p>	<p>+--</p>	<p>-+++</p>	<p>--+++</p>	<p>+--+</p>
					
<p>++--</p>	<p>-+-</p>	<p>-+++</p>	<p>--+++</p>	<p>--+-</p>	<p>-+-</p>

# SOLVE the CROSSWORD

1. My father drinks ...with milk.
2. Meat-balls and ...are made from meat.
3. Would you like a ...of tea.
4. Three and one is ...
5. Cats like to drink ...
6. All children like to eat this tasty fruit. It's a ...
7. My sister likes to ... ice-cream.
8. What colour is this apple? It's ...






Read the word on the theme «FOOD»

20, Queen Street

London, Great Britain

15th December 2006

Hello, my pen-friend!

My name is Mike. I am 12. I want to tell you about the main holiday in Britain – about Christmas. All British children like this holiday very much, because they eat and drink a lot of tasty things:  ,  , chocolate,  , jam, cakes, lemonade.

The usual meal for Christmas is a roast turkey with  , and other vegetables:  and  . And the usual sweet thing is a sweet Christmas pudding.

And what about you? What do you like to eat or drink for your holidays?

With best wishes for Christmas and New Year.

Mike.

# ANSWER THE QUESTIONS:

- **What holiday do British children like very much?**
- **Why do they like it?**
- **What sweet things do they eat for Christmas?**
- **What is the usual meal for Christmas?**