

Fruit lettuce



INGREDIENTS

- ❖ Bananas
- ❖ Apples
- ❖ Tangerines
- ❖ Kiwi
- ❖ Nuts
- ❖ Strawberry
- ❖ Yogort



COOKING

1. Wash fruits.
2. Cut the fruit into small pieces.
3. Crush nuts.
4. Put the fruit and nuts in a bowl, and pour yogort

Read

y

