

## Fun Facts about

## Ice Cream



## It takes about

 50 licks to lick away one scoop of ice cream!

* An ice cream scoop is a kitchen utensil which is used to serve ice cream, although it can also be used to handle other thick substances such as cookie dough.


## Kids aged 2-12 and

adults over 45 eat the most ice cream!


More men (13\%) admit to licking their ice cream bowl clean than women (8\%)!


## 5\% of ice cream eaters share their ice cream with their pet!

Chocolate syrup is the most popular ice cream topping!



Of all the days of the week, most ice cream is bought on Sunday!


Ronald Reagan designated July as National Ice Cream Month in 1984. He also appointed the third Sunday in July as National Ice Cream Day.


Reagan recognized the popularity of ice cream in the United States ( $90 \%$ of the nation's population consumes ice cream) and stated that these two events should be observed with "appropriate ceremonies and activities."

## The biggest ice cream

 sundae in history was made in Edmonton, Alberta, Canada, in 1988, and weighed in at over 24 tons.* The sundae is an ice cream dessert. It typically consists of a scoop of ice cream topped with sauce or syrup, and in some cases other toppings including chopped nuts, sprinkles, whipped cream, or maraschino cherries.

After the dessert was imported to the United States, it was served by several famous Americans.

George Washington (on the left) and Thomas Jefferson (on the right) served it to their guests.


Hawaii has a fruit known as the ice cream bean or the monkey tamarind that actually tastes like vanilla ice cream!

## There is actually an ice

 cream diet designed for weight loss!

