

МБОУ СОШ№6 с.Миндяк МР Учалинский район РБ

Health

5 класс

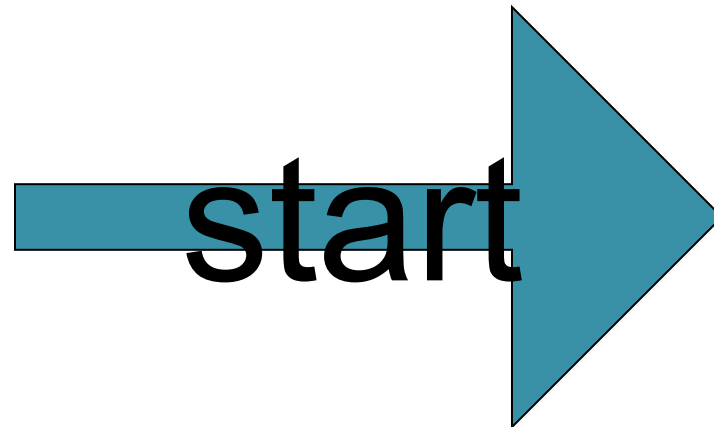
УМК “Happy English.ru”

Выполнил учитель первой категории

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2013

◦ If you are ready for
the lesson
let's



A - 1

B - 2

C - 3



8, 5, 1, 12, 20, 8



HEALTH



Цели урока:

- *познакомимся с лексикой по теме «Здоровье»;*
- *узнаем, какие продукты богаты витаминами;*
- *выясним, какими видами спорта вы занимаетесь;*
- *уточним, что необходимо делать, чтобы быть здоровыми.*



*Health
is better than
wealth*





Health is better
than wealth –

Здоровье
дороже богатства

New words

- **Health** – здоровье
- **To be (stay) healthy (unhealthy)** – быть здоровым (нездоровым)
- **Healthy way of life** – здоровый образ жизни
- **Wealth** – богатство
- **Vitamins** – витамины
- **Rye-bread** – чёрный хлеб
- **Go in for sport** – заниматься спортом
- **Jogging** – бег

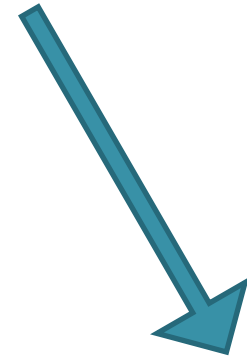
To stay healthy you should

- ✓ Get up at 12 a.m.
- ✓ Eat healthy food
- ✓ Eat fast food
- ✓ Do morning exercises
- ✓ Stay at home all day long
- ✓ Go in for sports
- ✓ Be lazy
- ✓ Go on foot
- ✓ Go by car

Health

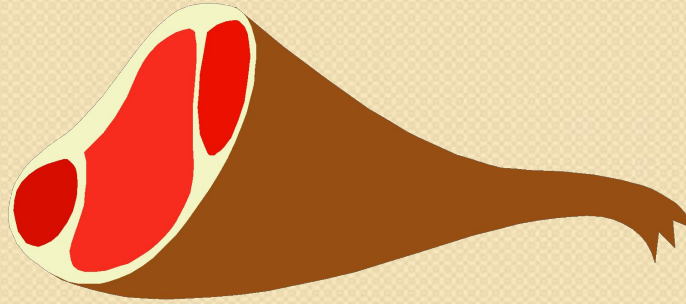


Food

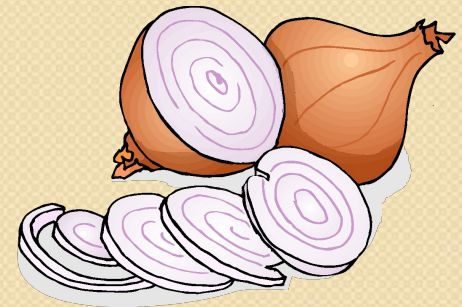


Sports

Food and drinks



Food and drinks



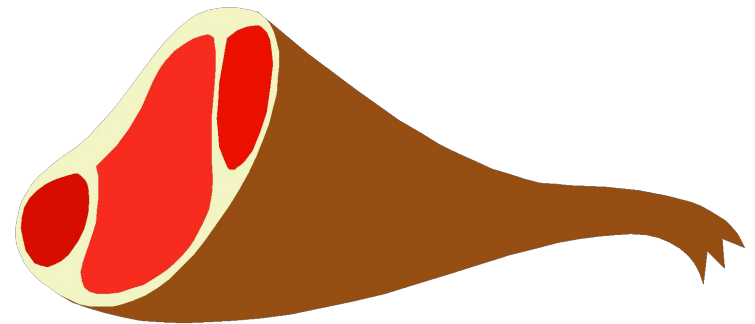
Vitamin

A



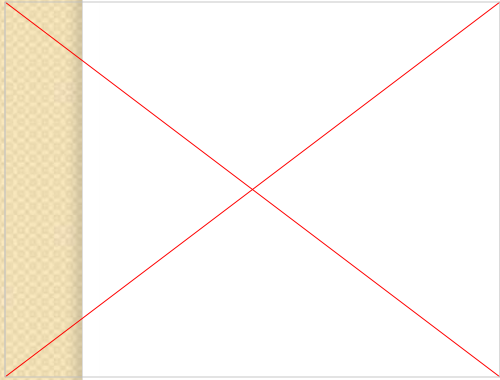
Vitamin

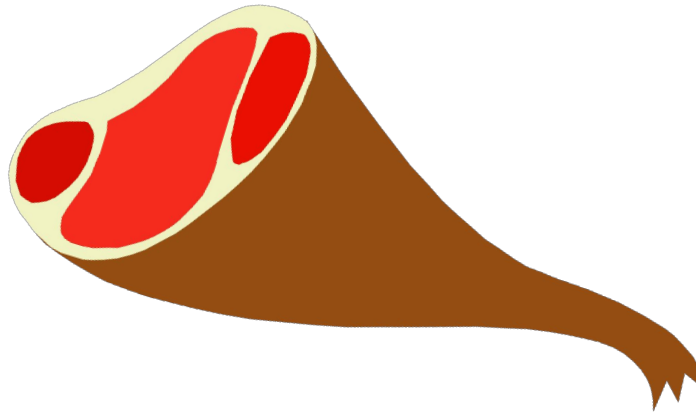
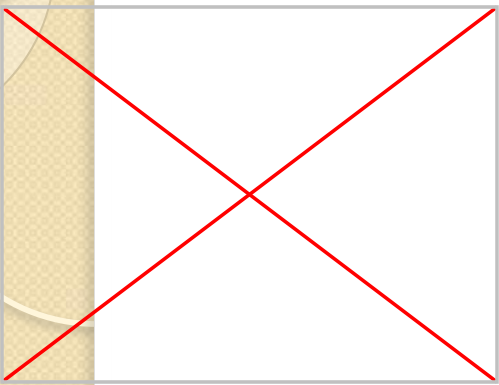
B



Vitamin

C





Go in for sport

Jogging



Swimming



Go in for sport

Skiing



Skating

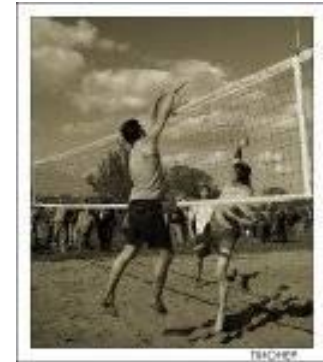


Go in for sport

Playing football



Playing volleyball



Playing basketball



Playing tennis



Sports in our life

Sport helps people to stay in good health. You can do physical exercises or play games at sport clubs, you can swim in swimming pools, play games on playgrounds or jog in the park.

I think that every season is good for sports. In summer, late spring and early autumn you can play outdoor games. You can ski in winter. You can play indoor games all year round.

Sport makes people healthy and strong, brave and cheerful. Sports helps people make good friends.

New words:

Late – поздний

Early – ранний

Outdoor – на свежем воздухе

Indoor – в помещении

Make – делать

Make friends – заводить друзей

Brave – смелый

Cheerful – бодрый



To stay healthy we should...





The information is interesting, I can easily use it in practice.



The information is interesting, but I have some problems to use it in practice



The information is difficult to understand

**Thank you for
the lesson!**

Be healthy!

Good-bye!

