

# Knee boarding





You can go in for this sport on a lake, a river and in any ocean. Many people began knee boarding in the USA, in California. The best places for knee boarding are the sea water of Honduras. One of the best places in this country is the Rotan island. Another place for knee boarding is Costa Rica



Surf knee board innovators are George Greenought, Steve Lis, Peter Crawford and Ron Romansky.



The Equipment of the knee boarding consists of a padded desk with a safety-belt and straps holding the rider to the boat .Now water-skiers use other models of newer equipment.



You can show  
deepwater start,  
surface tricks  
intermediate tricks,  
Advanced tricks. A  
surfer must perform  
radical controlled  
manoeuvres in the  
critical section of a  
wave with speed. The  
surfer who executes  
this criteria with the  
maximum degree of  
difficulty and  
commitment on the  
waves shall be  
rewarded with the  
higher scores.

Scale base:

(0-2:poor) , (2-4:fair) ,  
(4-6:average) ,  
(6-8:good) ,  
(8-10:excellent)



Extreme,  
extravagant,  
strong,  
enthusiastic,  
by nature,  
hard,  
hard-working,  
loving speed  
and water,  
adventurous,  
not ordinary.



Knee boarding originated in Southern California around 1965. By about 1970 knee boards were designed specifically for being tied behind a motorized boat. Paul Roberts was the pioneer of knee boarding.



# Chernyavskaya Ekaterina 10 "6"

