

# Leisure centre “Ice Rink”

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**FORM 9**

# *Something for everyone*

- We offer a range of activities from skiing and skating to curling and ice hockey. They will not only help you to avoid boredom, but also to improve your health and get a lot of fun. The varied timetables and monthly cards give everyone an opportunity.



# *We promise*

- You are welcome at every visit.

We will try and make your visit fun and enjoyable.

The word "Welcome" is written in a white, bubbly, rounded font with a blue outline. The letters are set against a solid blue rectangular background. The word is decorated with white, flowing, calligraphic flourishes that extend from the left and right sides, ending in small circular motifs.

# *Facilities*

- We offer modern leisure and sporting facilities which make our leisure centre an ideal choice.

## *Fees (each meeting)*

- Adult 20,000 rubles
- Juniors 10,000 rubles
- Under 3's are free

# *Ice rink zone*

- Skating is a fantastic activity, which is not only one of the best forms of Exercise, but also a lot of fun. We believe that everybody will enjoy skating because no one is too old or young to start learning too skate. Males will have the opportunity to play ice hockey. With the whole family you can play curling.



# *Health benefits*

- It is a great relaxation of body and mind. Ice sport works your whole body, improving blood circulation, strength, mobility and flexibility.

# *Social benefits*

- You can meet new friends or get the whole family involved in this sport.



**I hope you enjoyed it.**

It's the END...

