

MY FAVORITE  
GYMNAST



*LYASAN  
UTIASHIEVA*

*RUSSIAN TV  
SHOW HOST,  
SOCIALITE,  
AND FORMER  
INDIVIDUAL  
RHYTHMIC  
GYMNAST*

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She was a two time Grand Prix Final all-around medalist. Now, Utiasheva is working as a successful businesswoman, founder of the online project «Sila Voli», one of the Ambassadors of the 2018 FIFA World Cup and a mother of two children.



# CAREER

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Utiasheva's breakthrough came in 2001 when she placed third at the Russian Championships. She then competed at the 2001 World Cup in Berlin and won gold medals in All-around and the individual apparatus finals in clubs, ball, rope and hoop. At the 2001 World Games in Akita, Japan, Utiasheva won four silver medals behind teammate Irina Tchachina in event finals for rope, hoop, ball and clubs. Utiasheva won the all-around silver medal at the 2001 Grand Prix Final in Deventer, she also won 2 gold medals in the apparatus finals in clubs and rope.





# *PERSONAL LIFE*

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Laysan Utyasheva was born to a Bashkir mother named Zulfi Utyasheva, and a father of mixed Russian, Polish, and Volga Tatar descent named Albert Utyashev. She converted to Orthodox Christianity from Islam. She married Russian actor and comedian Pavel Volya, with whom she has a son, Robert, born in Miami, Florida. She gave birth to a daughter, Sofiya, in Summer 2015.





**PRESENTATION  
WAS PREPARED BY  
MARIA DROBININA**

*THANK YOU FOR  
LISTENING!*