

My leisure time

They say that the way people spend their leisure time reflects their character. I can agree with it. Speaking about my personality, I am an easy-going and open-minded person, and I feel elated when I am with my friends.





with my friends is always fun



We cool rest together outdoors



I like to watch movies, TV shows

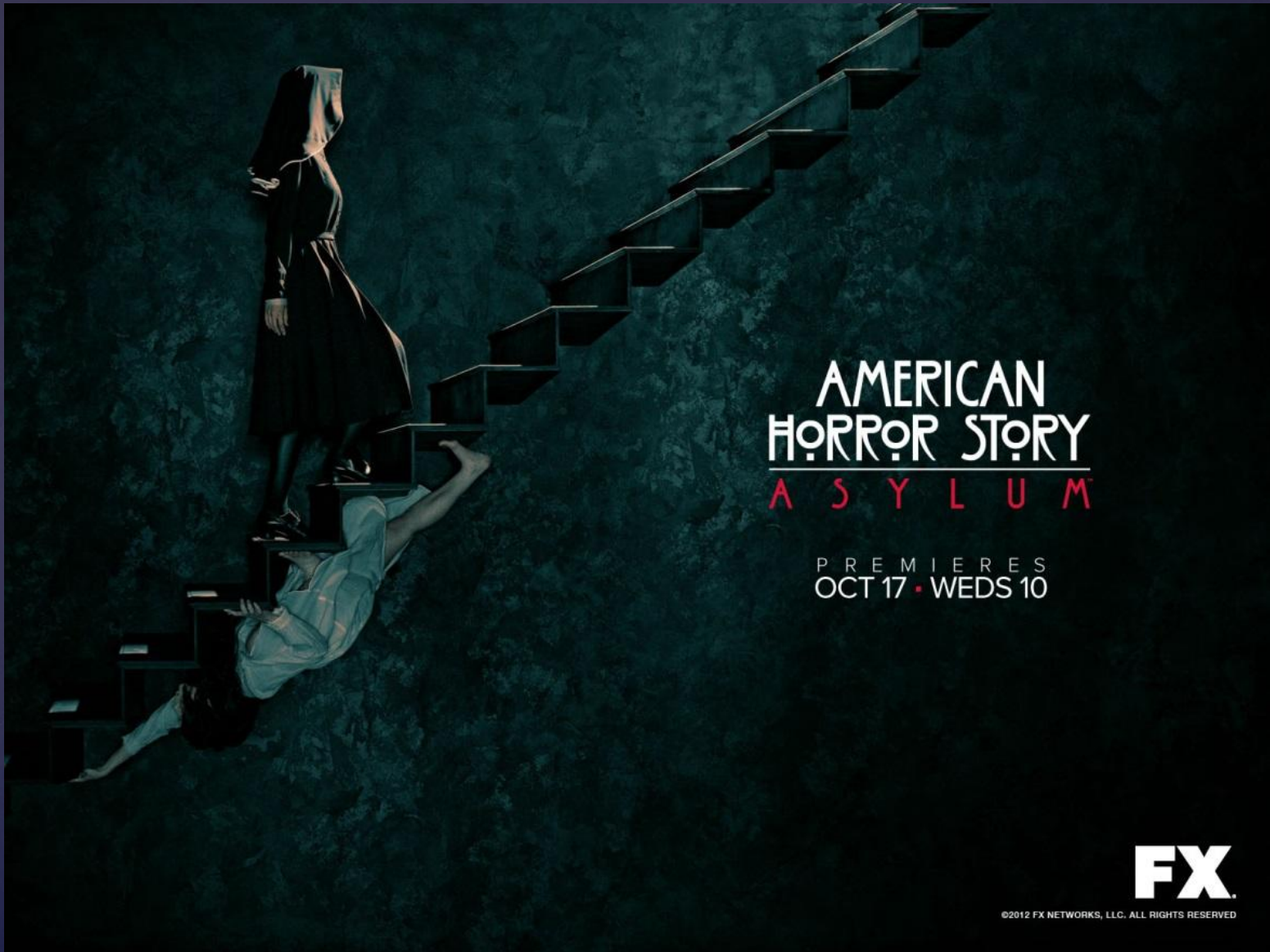
F.R.I.E.N.D.S





SinempSenemp

the Vampire Diaries



AMERICAN
HORROR STORY
ASYLUM

PREMIERES
OCT 17 • WEDS 10

FX

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SCREAM QUEENS

Are you strong enough to carry your secrets?



Pretty Little Liars

RETURNS JANUARY 12
TUESDAYS 8/7c

FREEFORM
THE NEW NAME FOR
abc family

GOSSIP GIRL





**TEEN
WOLF**
season 4



When I have free time I do not forget about sports







30
TIJERAS
LATERALES

30
SENTADILLAS
DE SUMO

30
LEVANTAMIENTOS
LATERALES

40
CRUCE HORIZONTAL
DE PIERNAS

30
LEVANTAMIENTOS
DE PIERNAS

20
CODO CON
RODILLA CRUZADA

20
PESO MUERTO CON
UNA PIERNA

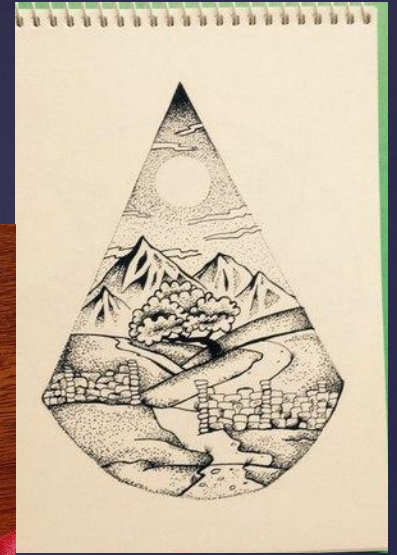
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PASOS ESCALONADOS
CON RODILLAS

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PATADAS DE CABALLO
CON CADA PIERNA

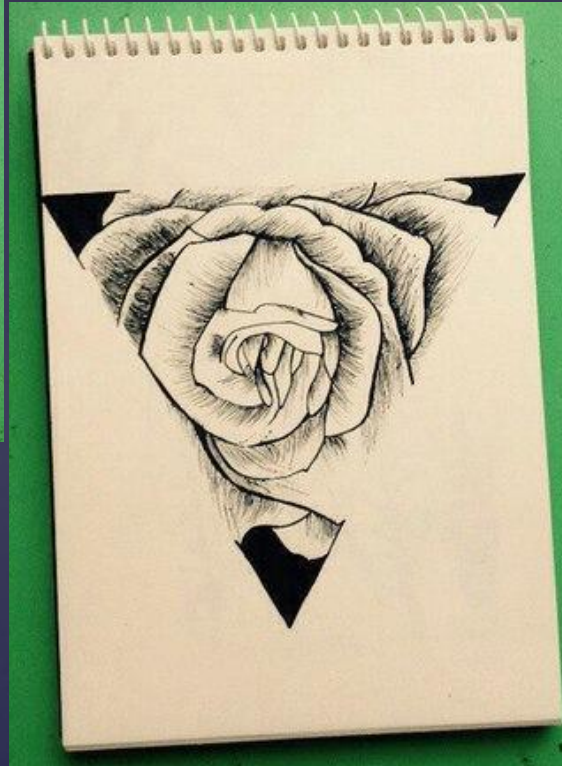
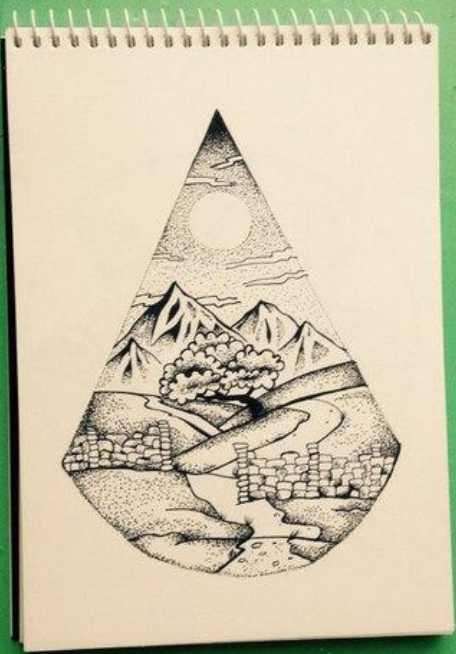
10
SENTADILLAS

20
PATADAS
ALTERNADAS

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DESPLANTES
CON CADA
PIERNA

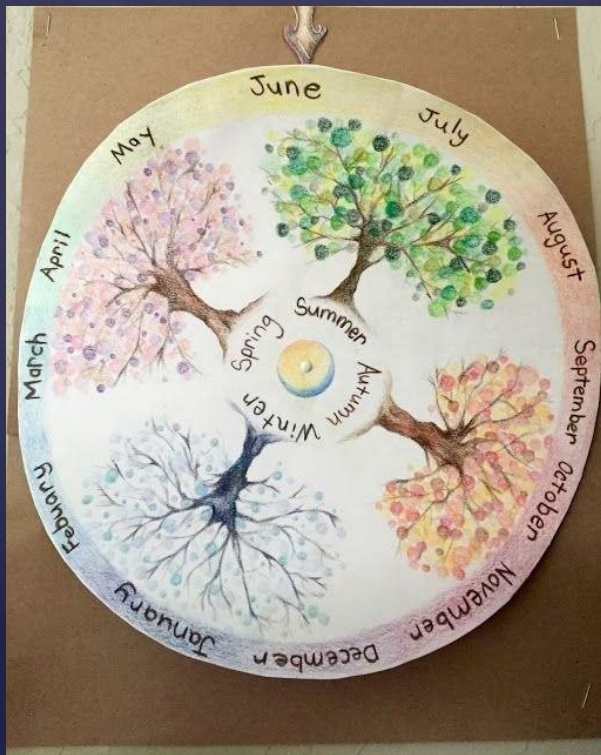
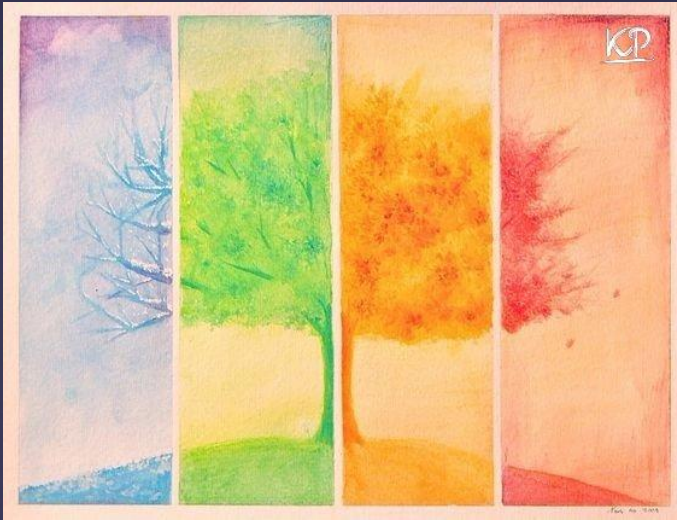


I am a creative person and love doing little things



drawing pen





Paint colors



Quilling work



and much more ...

And I spend my free time)