

# The Portuguese cuisine



PORTUGAL



The Portuguese cuisine is

Based on simple dishes from

The fish, meat and cabbage,

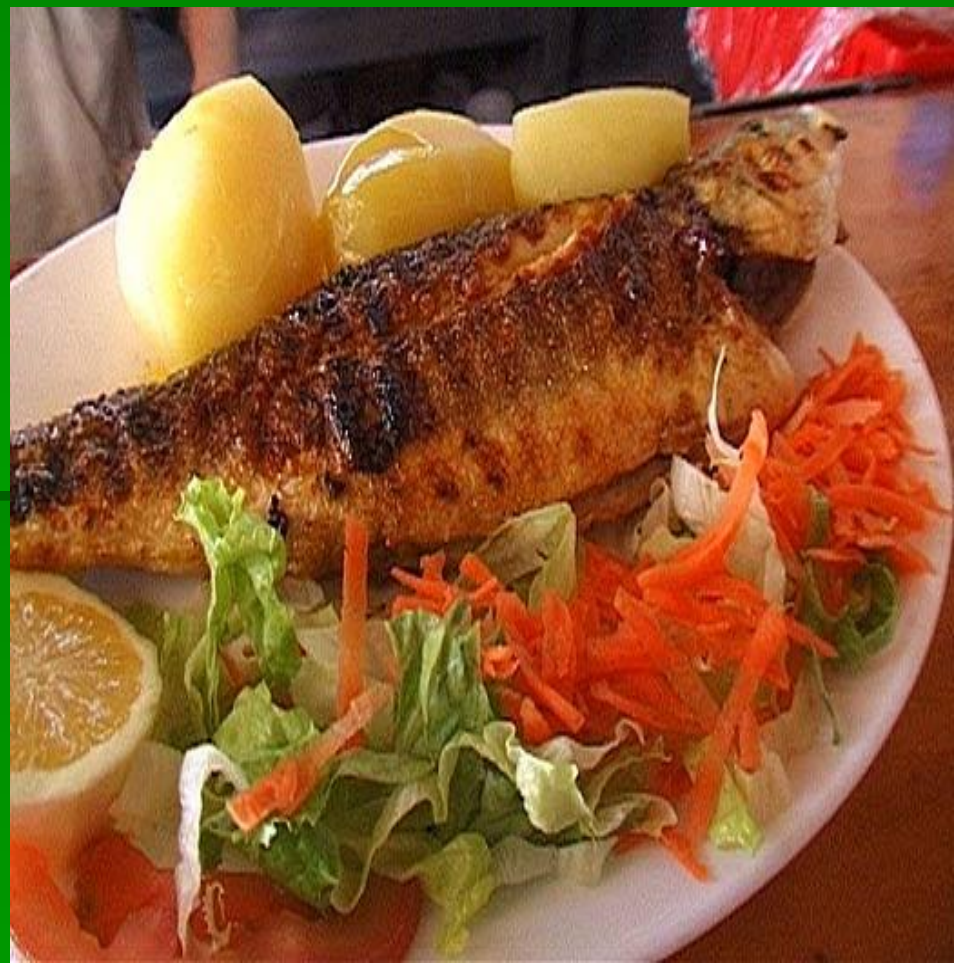
The fresh greens practically

Are not used.

The considerable part of Ethnic cuisine is made by

Fish squids and other

**THE MOST POPULAR DISH IS A COD, BROILED ON COAL.** Meat dishes – a marinated lamb or a kid. It is very popular a dense soup from the fish which prepares in special ware from copper.



Portugal is a native land of port, - red or white sweet wine with 20 % of alcohol.

The Portuguese wines are not too



The Portuguese adore the sweet.  
All of them are prepared from a  
considerable quantity of sugar

with a coco,  
and cinnamon. It is  
a



**The Portuguese cuisine is very original and stands out for other European cuisines**

