Игротека

Подготовил:
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Name game (cards with names)



Name game (with a ball): a) your own name b) name the person you are going to pass the ball



Energy pass



Clap, clap (your hands, your neighbour's hands)



Group massage (back's massage, neck's massage)



Barn yard (cow: mu-mu, dog: bow-wow, cat: mew-mew, pig:oink-oink, frog: ribbit-ribbit, cock: duddle-du, hen: cluck-cluck)



Group hug ("Happy birthday!", "Horray", "I love you")



Knots



Be healthy, do eexercises!

