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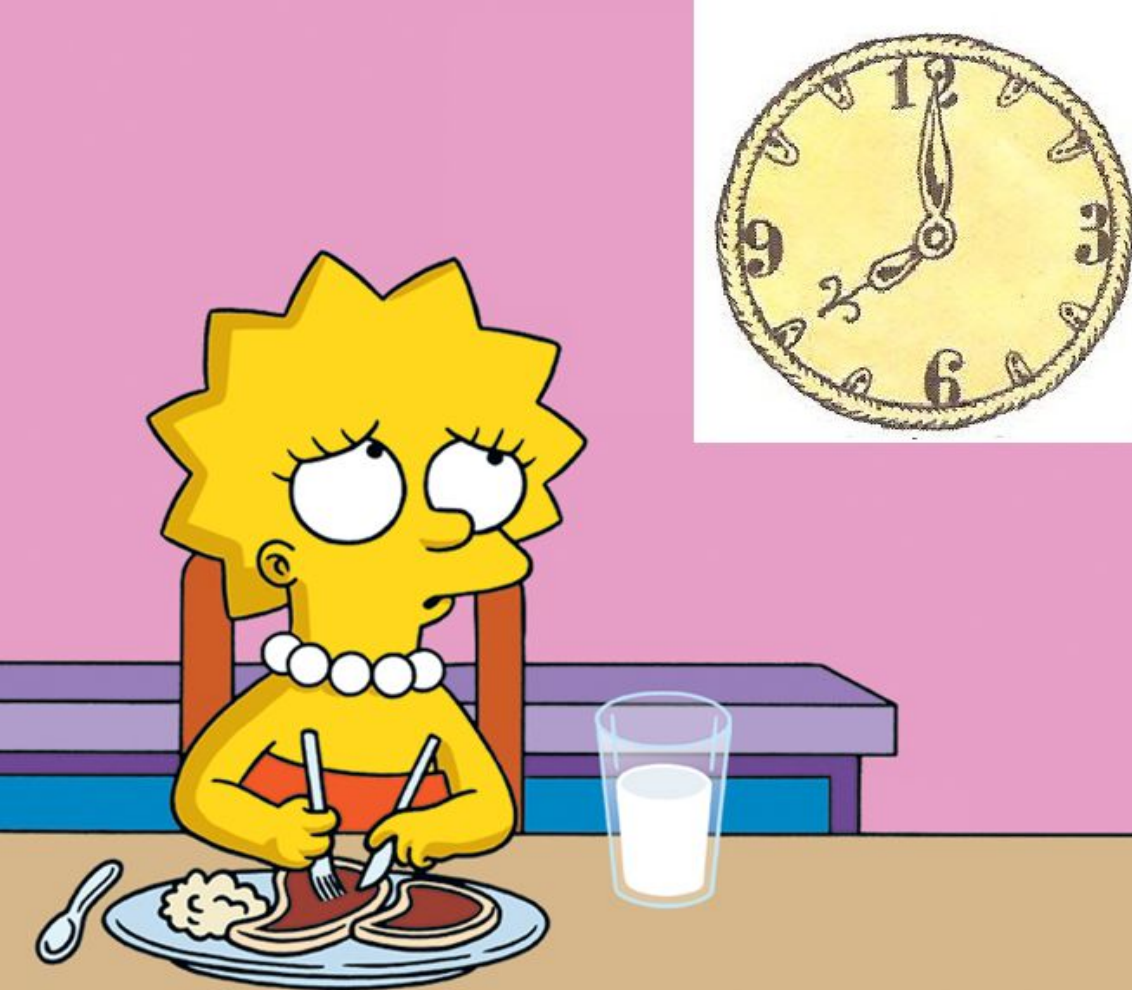


**She gets up  
at seven o'clock.**



**She does exercises  
at seven o'clock.**





**She has breakfast  
at eight o'clock.**

**She goes to school  
at eight o'clock.**





**She is dancing **now**.**





# The Present Progressive Tense

now

(+)



am

He

She

is  -ing

It



You

They are

We

(-)



am not

He

She

is not  -ing

It



You

They are not

We

I am playing now.

He is playing now.

They are playing now.

I am not playing now./

I'm not playing now.

He is not playing now./

He isn't playing now.

They are not playing

now./ They aren't play-

ing now