

Муниципальное образовательное учреждение средняя образовательная школа №1



SPORT

О. Л Гроза, О. Б. Дворецкая, Н. Ю. Казырбаева
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Reading

1. FIND THE PAIRS OF SYNONYMS BELOW.

professional athlete

ex-pro

PRO

dose

former professional

cyclist

run out of gas

rider

top

get tired

charge

one of the best



VOCABULARY

2. Match the pictures to the names of sports.

- a) sky diving
- b) bungee jumping
- c) pot holing
- d) rock climbing
- e) white-water rafting
- f) scuba diving



3. In the sentences below find English equivalents to the Russian phrases on the right.

- | | |
|--|--|
| 1. He has done a lot of dangerous sports because he likes to go to extremes . | a) рисковать |
| 2. I do sky diving for the thrill and excitement of this sport. | b) волнение, возбуждение |
| 3. Ann's desire to travel around the world becomes stronger and stronger. | c) удовлетворять свое любопытство |
| 4. He was addicted to heroin. | d) желание, стремление |
| 5. I think moderation in everything is the key and I never take things to the edge . | e) доходить/ дойти до грани возможного (2) |
| 6. I just had to satisfy my curiosity , so I opened the box. | f) пристраститься к ... |
| 7. Being an actor or an actress can be rather dangerous, sometimes they have to do different risky things . | |

4. Make up lists of:

- Five sports that don't need a ball
- Two sports that need a track
- Two sports that need a table
- Five things you can do with a ball
- Two sports that need a racket.



5. What do you call a person who ...

- a) Swims
- b) Rides horses in races
- c) Plays football
- d) Does gymnastics
- e) Plays hockey
- f) Does the high jump
- g) Plays darts
- h) Goes cycling
- i) Runs long distances
- j) Does sports.



Example: plays tennis – a tennis player

6. Which of the factors from the chart below are proved by the facts the gymnasts give about professional sport?

PROFESSIONAL SPORT

Positive factors

1. professional sport educations a strong will, discipline, ability to overcome difficulties
2. it gives a chance to acquire a lot of friends
3. helps to increase self – esteem and self confidence
4. professional sport is a possibility to become famous
5. sport is always fun and excitement
6. it gives a chance to see the whole world
7. helps athletes earn a lot of money
8. professional sport develops the feeling of patriotism

Negative factors

1. professional sport often makes athletes selfish and too ambitious
2. athletes are forced to keep a diet
3. athletes have no possibility to make a decision of their own
4. professional sport is associated with hard work
5. athletes are forced to sacrifice a lot of things (like doing other sports, for example)
6. professional sport is associated with injuries and tiredness
7. often athletes don't have a professional and are forced to retire young
8. professional sport is often unfair

Conditionals

I. Условия реальные

Действие относится к настоящему или будущему:

1. I will go for a walk, if the weather is fine.
2. If he buys tickets, we will go to the theatre.

II. Условия маловероятны

Относится к настоящему времени:


1. I would go for a walk if the weather was fine. (But it is bad now)
2. If he bought tickets, we would go to the theatre.

III. Условия нереальные

Относится к прошлому:

1. I would have gone for a walk if the weather had been fine yesterday. (But it was bad)
2. If he had bought tickets, we would have gone to the theatre.

My opinion on sports



Sport is important to me. Sport gives me real pleasure. I like to run. In summer I go cycling. I also swim. I have an increased sense of individuality now. Sport help me to overcome difficulties. I like physical education class. Sport decreases my weight. I have acquired self-confidence. Sport has allowed me to make a lot of friends. For me sport is a healthy lifestyle.



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Sport as a lifestyle



МОУСОШ №1 г. Павлово



For me sport is...

SPORT DECREASES YOUR WEIGHT?

1. Swimming
2. Weight lifting
3. Running
4. Aerobics
5. Cycling
6. Rope jumping
7. Badminton



INTERESTING FACTS ABOUT SPORTS

1. The sport of choice for the urban poor is Basketball.
2. Before 1850, Golf balls were made of leather and were stuffed with feathers.
3. No high jumper has ever been able to stay off the ground for more than one second.
4. All major league baseball umpires must wear black underwear while on the job!
5. Kite flying is a professional sport in Thailand.
6. Tug of War was an Olympic event between 1900 and 1920.

THE MOST DANGEROUS SPORTS

8. Rugby (cuts, lips and chin)



7. Skiing, snowboarding (cuts the legs and face, sprains knee, sprains knee, shoulder joints displacements)



6. Swimming (head injury when struck on the bottom)



5. Football (Injuries to the elbow, knees, palms)



4. Fitness (fall from the treadmill at very fast race)



3. Baseball



2. Motorcycling (various fractures)



1. Basketball (affected knees, face, forehead, chin)





THE END