

# Sports



***Sport is as old  
as the  
humanity  
itself. To my  
mind we can  
hardly  
overestimate  
the meaning of  
sport in our life  
and  
day-to-day  
activities.***



*Its main purpose is to bring up the harmoniously developed generation - the generation of strong and healthy people.*



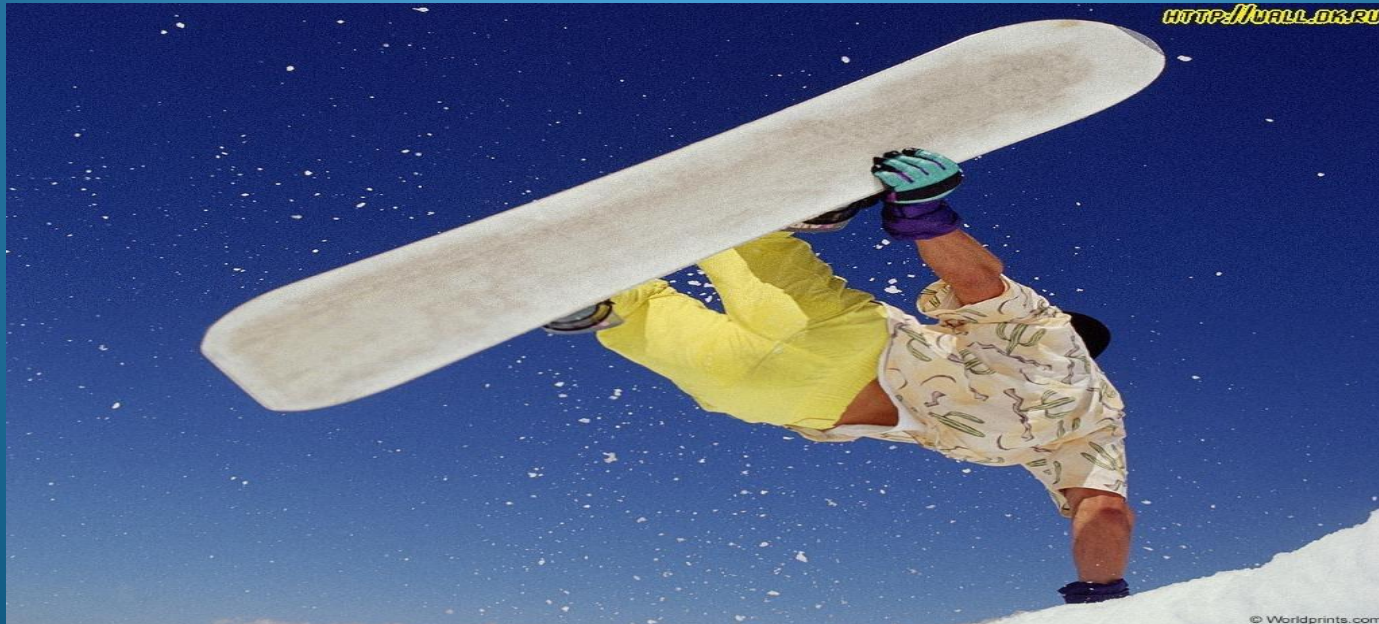
*Sport makes our bodies strong, quickens our reaction and shapes the wits.*



*It also prevents us from getting to fat.*



*Sport makes  
us more  
organized and  
better  
disciplined.*





*If you like team games ,try hockey,  
football,volleyball or basketball.*

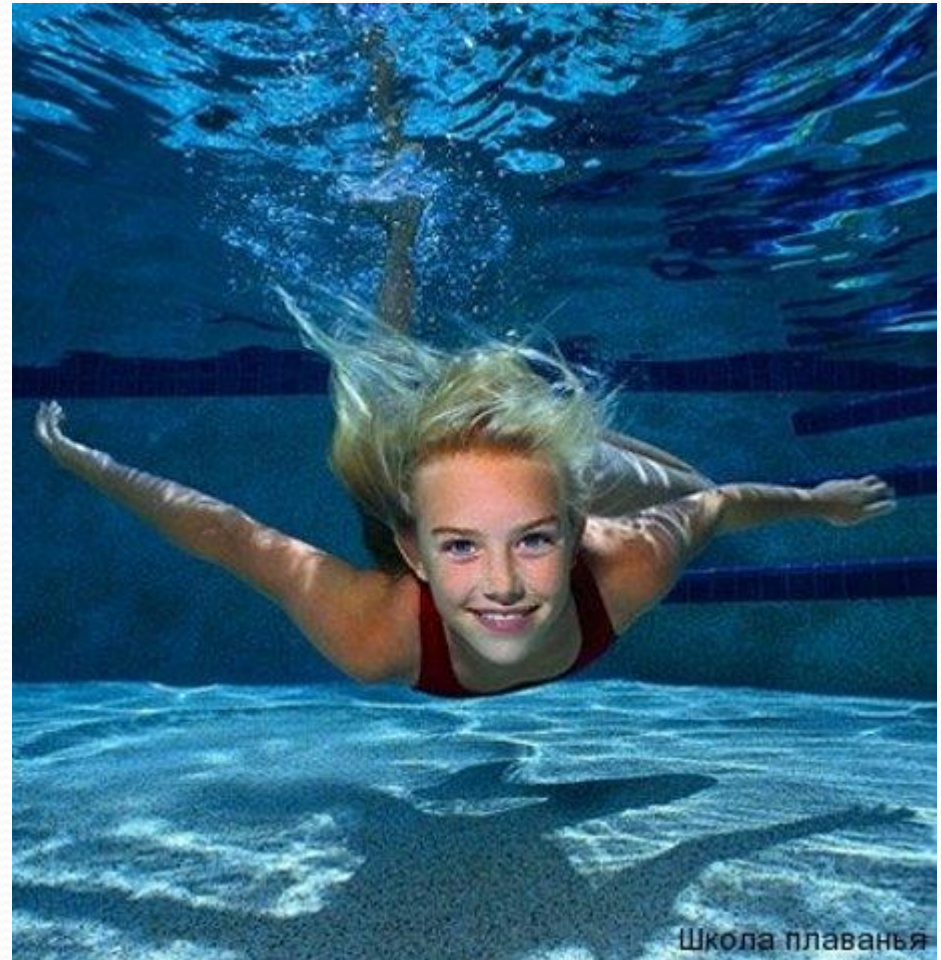




*Games for you to play with a friend include badminton, tennis and table tennis.*



*If you enjoy doing things on your own, you may take up swimming, riding, golf or athletics.*



*I`m sure you kow an axiom:  
"Sport makes people healthy".*



*Sport is very popular in our country. There are many stadiums, sport grounds and swimming pools in every town.*



*We have out P.T. lessons  
twice a week.*



*We jump, run and  
play team games.*

*In winter we like skiing, skating, sledging and play hockey.*







*Boys  
are fond  
of  
wrestlin  
g and  
boxing.*



*Girls are  
fond of  
gymnastics  
and  
aerobics.*



*We like to take part in different sport competitions.*

