

The religions of China and Japan

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China concerns

- practical down to earth
 - How can we achieve longevity?
 - How can we get along better in our relationships with others?
 - How should a good ruler lead the people?
- harmony,
- social relationships



Metaphysics

Metaphysics is a branch of philosophy concerned with explaining the fundamental nature of being and the world; basic questions:

"What *is there*?"

"What is it *like*?"

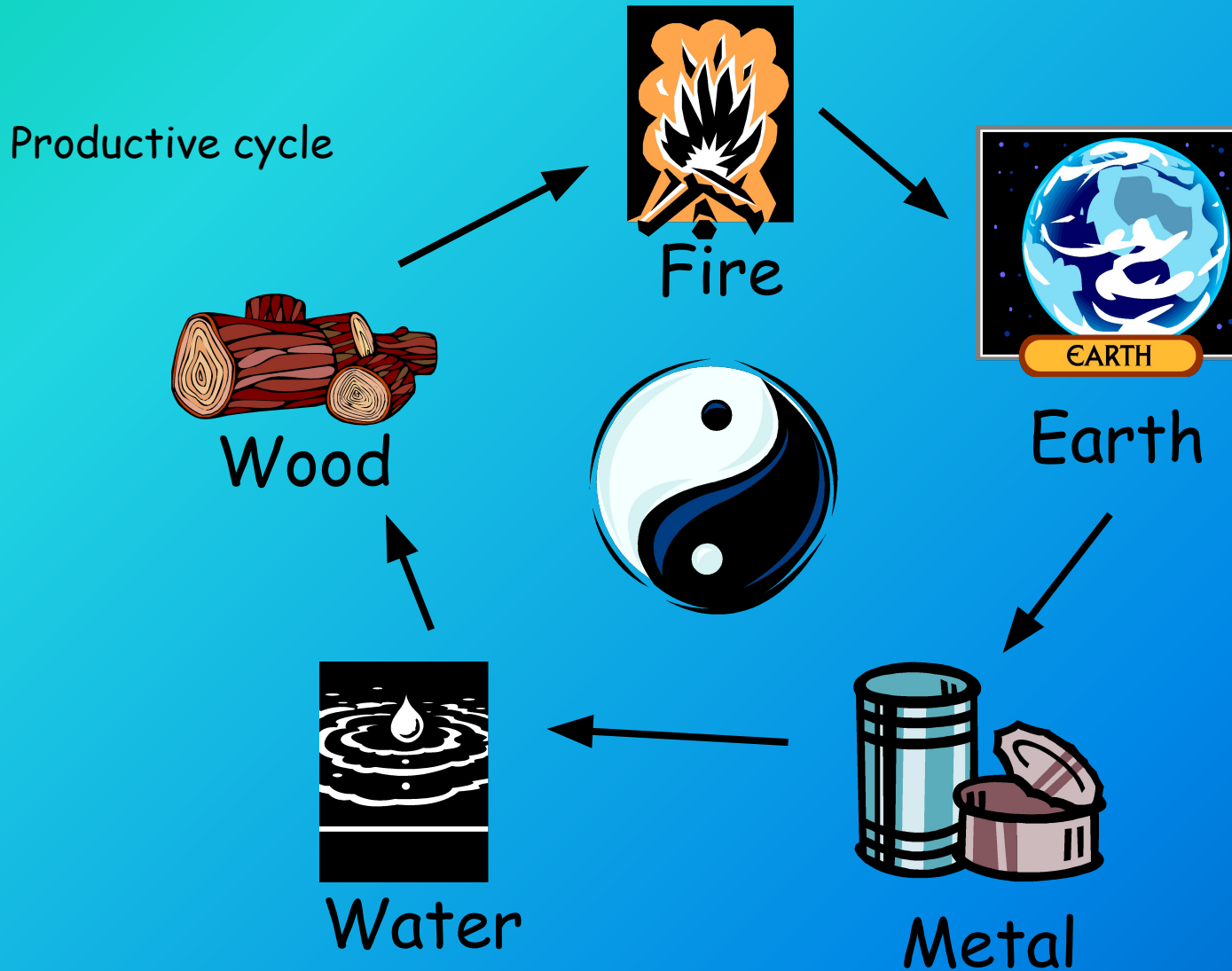


Metaphysics is about...

- Energy
- Change
- Balance
- Harmony
- Inter-relationships

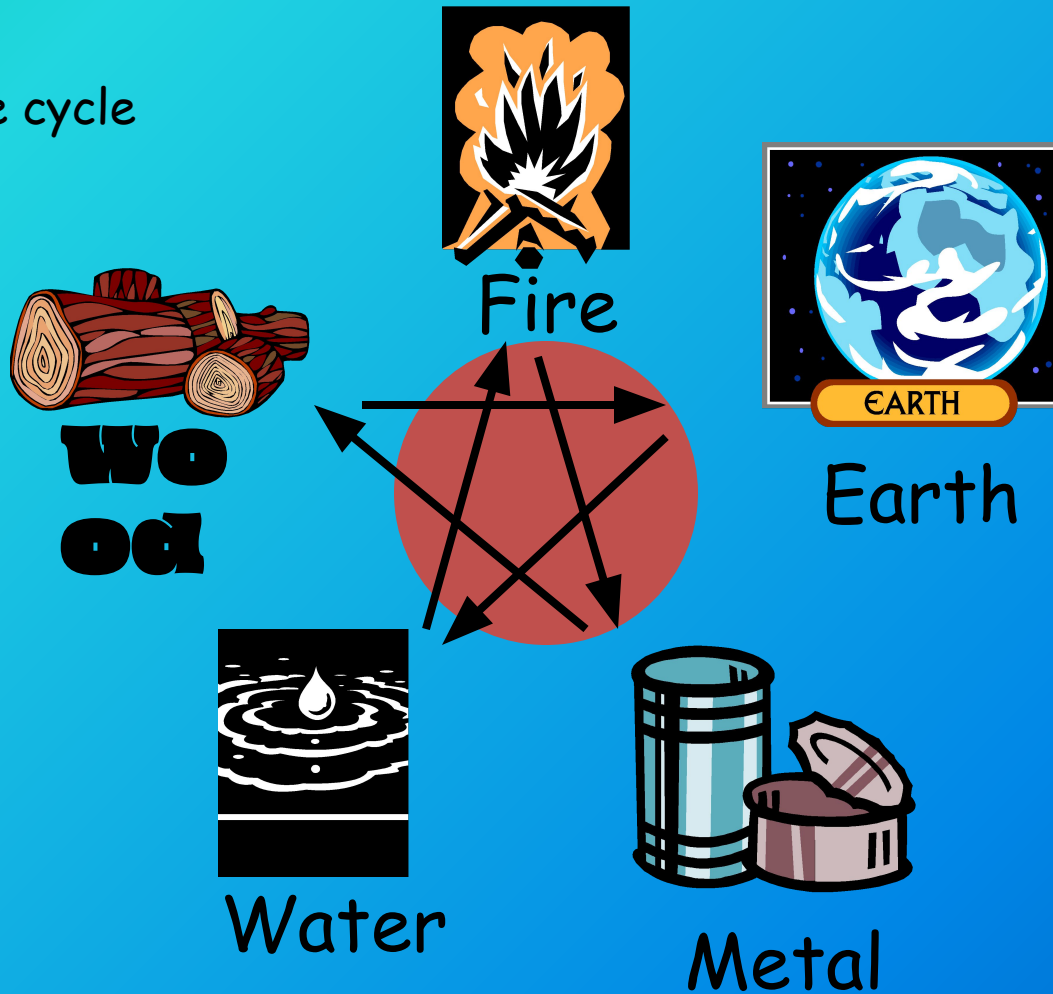


The "Five Elements"



The "Five Elements"

Destructive cycle



Yin and Yang



YIN

- Negative force in nature
- Dark, cool
- Femaleness
- Earth, moon, shadows

YANG

- Positive force
- Light, bright, warmth, dryness
- Maleness
- Sun, Heaven

Keiro no hi holiday

- Respect of Elders day
- Shows the respect that Japanese have for their elders
- Believes that with age comes wisdom
- Ties in with many religious beliefs

