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# **Theme of the lesson**

## **“Time off”**

### **Aims:**

- 1) To provide students with an opportunity for free speaking practice;**
- 2) To develop students' reading, listening abilities;**
- 3) To communicate about the topic.**



**Free time**  
**Leisure activities**  
**Spare time**  
**Recreation**



ACTIVITIES THAT YOU DO TO RELAX OR ENJOY YOURSELF

**Leisure activities**

THE TIME WHEN YOU ARE NOT WORKING OR ARE NOT BUSY

**entertainment**

**pleasure**

**relaxation**

**joy**

**Leisure**

**fun**

**new experience**

**enjoyment**

**excitement**





**listening to music**



**reading books**

**listening to the radio**

# **Leisure Time Activities**

**reading newspapers**

**watching TV**

**playing computer games**



# Teenagers' Preferred Leisure Activities

watching TV - 76%

playing computer games - 71%

listening to music - 60%

reading books - 51%

listening to the radio - 48%

reading newspapers - 37%



# Task 1

## Find someone who...

Questions	Names
... goes to the cinema	
... meets your friends	
... goes to the concerts	
... hangs around street corners because they have nothing to do	
...does a lot of sport	
... stays at home and watch TV	



# Task 2



## Questions

**Where do you go in your free time?**

**Who do you go with?**

**What do you usually wear?**

**When did you last go there?**

**What do you remember most about it?**

**Do you sometimes prefer to stay at home rather than go out?**

## **Task 3**

**Interviewer: Excuse me, I'm doing a survey on how people spend their time. Can I ask you a few questions? Do you ever ...?**

## **Task 4**

**Discuss the leisure activities with your partner.**

**football**

**shopping**

**entertaining**

**watching**

**running**

**do-it-yourself**

**tennis**

**fishing**

**painting**

**reading**

**walking**

**cricket**

**gardening**

**going to nightclubs**

**swimming**

**playing cards**

**I think football is boring.**

## Task 5

Centuries ago, people didn't have much free time, because everybody was working too hard. In Britain in the nineteenth century, people had more spare time, but because the Victorians hated relaxing and doing nothing, they invented football. Rugby and cricket. People took up more gentle activities too, like gardening, bird-watching and train spotting, and it was even possible simply to watch a sport and give the impression that you were actually doing something. Gradually, leisure activities have become less and less energetic interests and hobbies. But now there is a new type of person who thinks that lying on the sofa watching television on Sunday afternoon or reading the newspaper from cover to cover is the most exciting activity they can manage. This the twentieth century couch potato. For them, every activity is too much trouble, and laziness is an art form! So how do you spend your free time? Are you a couch potato?





**Someone who takes little or no exercise,  
and who spends their free time doing  
very little.**





**Rhyme by Carolyn Graham “A coach potato”**

**Do you like to swim?**

**Do you like to ski?**

**I am a coach potato I like TV.**

**Does he like to swim?**

**Does he like to ski?**

**He’s a coach potato**

**He likes TV.**

**He doesn’t like to ski**

**He’s a coach potato**

**He likes TV**



## **Task 7**

**Create a poster for the new club or leisure facility. Decide on:**

**The size, shape and design on the poster**

**The name of the club**

**The location**

**The type of music**

**The opening hours**

**Any age restrictions**

**The cost of entry**