

You are what you eat.

Project 1

Zykov Alexandr



Now I will
submit the
list of junk
food.

- First place win - chips



the second
place at fast
food.



dobisko.com

On the third
place
mayonnaise
and ketchup
settled
down.



THE
FOURTH
PLACE AT
ENERGY
DRINKS



And the fifth
place at
chocolate.



Now we will
talk about
healthy food



On the first
place fruit
settles
down.



second place
berry



the third
place at
garlic with
onions



on the
fourth place
milk



and the fifth
place at fish



I consider if people avoid junk food. And is useful,
then they will be more healthy, and strong.





The
End