

# You are what you eat.

Project 1

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Now I will  
submit the  
list of junk  
food.

- First place win - chips



the second  
place at fast  
food.



dobisko.com



On the third  
place  
mayonnaise  
and ketchup  
settled  
down.



THE  
FOURTH  
PLACE AT  
ENERGY  
DRINKS



And the fifth  
place at  
chocolate.



Now we will  
talk about  
healthy food





On the first  
place fruit  
settles  
down.



second place  
berry



the third  
place at  
garlic with  
onions



on the  
fourth place  
milk





and the fifth  
place at fish



I consider if people avoid junk food. And is useful,  
then they will be more healthy, and strong.





The  
End