

Belarusian national cuisine



Belarusian national cuisine has along history. Many dishes came to our time the remote past. The most popular product and ingredient of the Belarusian cuisine is potato, which is called «The second bread» in Belarus. Potato is at the Belarusian table every season and in any state-fried, baked, stuffed. Potato is an ingredient for soups, and salads, and patties.



The second place in Belarusian national cuisine belongs to meat and meat products, especially to pork and salted pork fat. Belarusians eat a lot of vegetables such as carrots, cabbage, black radish, peas, etc. Belarusian national cuisine also offers fresh, dried, salted and pickled mushrooms and various berries.

