

# History of “*Hot Cross Buns*”



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**Good Friday is the day to bake and share Hot Cross Buns with family and friends.**



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**The bun was a symbol of the Moon and the cross divided it into the four quarters of the Moon's cycle.**

# History of "Hot Cross Buns"

Some say that the origin of Hot Cross Buns dates back to the 12th century, when an Anglican monk was said to have placed the sign of the cross on the buns, to honor Good Friday, a Christian holiday also known as the Day of the Cross.



# History of “*Hot Cross Buns*”

**Eaten warm from the oven dripping with butter, they are one of the highlights of Easter.**





# History of “*Hot Cross Buns*”

**The legend says that there was an English widow, whose son went off to sea. She vowed to bake him a bun every Good Friday.**



# History of "Hot Cross Buns"



**When he didn't return, she continued to bake a hot cross bun for him each year and hung it in the bakery window in good faith that he would some day return to her. The English people kept the tradition for her even after she passed away.**

# History of "Hot Cross Buns"

**"Hot Cross Buns"** is the familiar song which celebrates Easter. This Easter treat is a catchy and memorable tune that children find easy to pick up.



## HOT CROSS BUNS

TRAD

A musical score for the song 'Hot Cross Buns' in 4/4 time. It consists of three systems of music, each with a treble and bass clef staff. The lyrics are: 'Hot cross buns! Hot cross buns! One a pen-ny, two a pen-ny. Hot cross buns! If you have no daugh - ters, Give them to your sons. One a pen - ny, two a pen - ny, Hot cross buns!' The melody is simple and repetitive, suitable for children's music.

Hot cross buns! Hot cross buns! One a pen-ny, two a pen-ny.

Hot cross buns! If you have no daugh - ters, Give them to your sons.

One a pen - ny, two a pen - ny, Hot cross buns!

EDUCATIONAL BENEFITS & ACTIVITY IDEAS:  
[HTTP://WWW.LETSPLAYMUSIC.COM/EASTER-SONGS-HOT-CROSS-BUNS-SONG](http://www.letsplaymusic.com/easter-songs-hot-cross-buns-song)

LET'S PLAY MUSIC



The background features a white background with several colorful balloons (green, blue, purple) and yellow streamers or confetti scattered around. The text is centered and uses a mix of bold, italicized, and underlined fonts.

# History of "*Hot Cross Buns*"

**"Hot Cross Buns" is an English street cry referring to the spiced English bun associated with Good Friday known as a Hot Cross Bun. The earliest record of the rhyme is in *Christmas Box*, published in London in 1798.**



# **History of “*Hot Cross Buns*”**

**Hot Cross Buns!**

**Hot cross buns!**

**One a penny two a penny –**

**Hot cross buns!**

**If you have no daughters, give  
them to your sons.**

**One a penny two a penny –**

**Hot cross buns!**

# History of "Hot Cross Buns"



# That's the history of *"Hot Cross Buns"*

