

## EDSA Tanzania Volunteer Work Programme



European Dental Students' Association

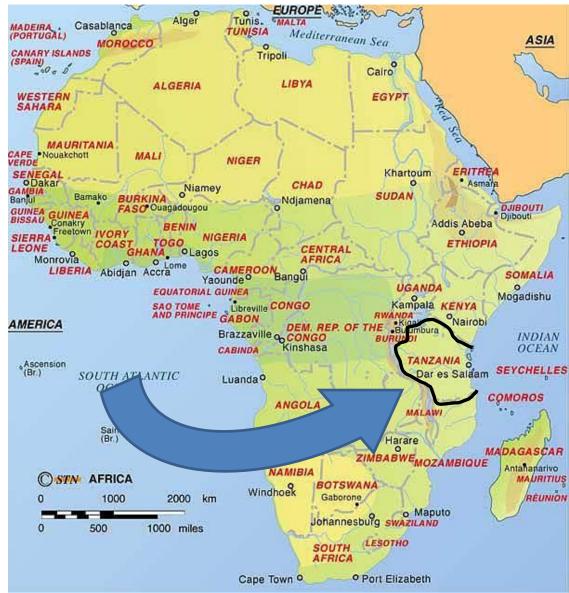


MINISTRY FOR FOREIGN AFFAIRS OF FINLAND



Muhimbili University of Health and Allied Sciences

### East Africa



### Serengeti National Park



### Mount Kilimanjaro

### Tanzania, 2014

- A population of 46 million
- 22 % live in cities
- 36% below poverty line
- 45% under 15 years old



### MUHAS

- Muhimbili University of Health and Allied Sciences (MUHAS)
  - School of Dentistry in
    Dar es Salaam
  - Only dental school in Tanzania
  - 30 dental students graduate each year





### **Project History**

- Collaboration between EDSA, the Tanzanian Dental Students' Association (TDSA) and Muhimbili University of Health and Allied Sciences (MUHAS)
- Supported by Dr Juha Ruotoistenmaki and the Ministry of Foreign Affairs in Finland
- Idea discussed at ADEE Birmingham August 2013
- 2 years planning, including 2 visits to Tanzania
- August 2015: Hugely successful project distributing over 2800 toothbrushes and toothpaste. Over 650 children provided with treatment.

### Project Aims

### Set up dental outreach camps:

- •Educate school children in Dar es Salaam and Morogoro about oral health
- •Reinforce the WHO's Fit for School's initiative set up by the Finnish dental team in the Morogoro schools
- •**Provide** children with a supply of toothbrushes and toothpaste
- •Screen school children for oral diseases and provide treatment if required

### **Project Location**

#### Dar es Salaam

- Largest city in Tanzania
- Located on the south east coast



#### Morogoro

- 200km west of Dar es Salaam
- Located in the southern highlands



### **Project Schedule**

- 2 busy working weeks (Monday-Friday)
  - First week in a school in Dar es Salaam
  - Second week in a school in Morogoro

Monday and Tuesday	Screen all children in a school and generate treatment plans. Provide all children with oral hygiene education, free toothbrush and toothpaste
Wednesday, Thursday, Friday	Provide treatment to the whole school as indicated.

# August 2015

mtgotrijwa = 1



### **Cultural and Societal Awareness**

- Basic living conditions
- Mosquitos
- Dress modestly it is predominantly a Muslim country (Muslims 35 %, Christians 30 %, Other 35 %)
- Basic food
- Long days 8 hour working days
- Hard work

### Finances

Fundraising target = 20,000 EUR

- Participants fund their own vaccinations, visa and flights to and from Dar es Salaam
  - Transport, food and accommodation will be provided by the project whilst in Tanzania.
- Achieving 20,000 EUR fundraising target:
  - Each delegate must make an effort to fundraise we need your help to make the project possible
  - The school which fundraises the most money before applications close will have a guaranteed position on the project!

## When

- The project will take place over 2 weeks in early August 2016
- 30+ volunteers in total:
  - □ 15 EDSA students
  - □ 15 TDSA students
  - □ 4 supervising dental clinicians

### **Application Requirements**

Only students with at least 2 years of clinical experience at the time of the project (August 2016) are eligible.

Documents required:-

\*Letter of Recommendation from faculty

- \* Curriculum Vitae
- \*One page statement of intent

Closing date: Monday 7th December 2015

### Asante sana/Thank you for listening!



<u>www.facebook.com/pamojaprogramme</u> <u>volunteer\_work\_officer@edsaweb.org</u>