

# pamoja

## EDSA Tanzania Volunteer Work Programme



European Dental Students' Association



MINISTRY FOR FOREIGN  
AFFAIRS OF FINLAND



Muhimbili University of Health and  
Allied Sciences

# East Africa



# Serengeti National Park



# Mount Kilimanjaro



# Tanzania, 2014

- A population of 46 million
- 22 % live in cities
- 36% below poverty line
- 45% under 15 years old



# MUHAS

- Muhimbili University of Health and Allied Sciences (MUHAS)
  - School of Dentistry in Dar es Salaam
  - Only dental school in Tanzania
  - 30 dental students graduate each year



# Project History

- Collaboration between **EDSA**, the Tanzanian Dental Students' Association (**TDSA**) and Muhimbili University of Health and Allied Sciences (**MUHAS**)
- Supported by Dr Juha Ruotoistenmaki and the Ministry of Foreign Affairs in Finland
- Idea discussed at ADEE Birmingham **August 2013**
- 2 years planning, including 2 visits to Tanzania
- **August 2015**: Hugely successful project distributing over 2800 toothbrushes and toothpaste. Over 650 children provided with treatment.

# Project Aims

## Set up dental outreach camps:

- **Educate** school children in Dar es Salaam and Morogoro about oral health
- **Reinforce** the WHO's Fit for School's initiative set up by the Finnish dental team in the Morogoro schools
- **Provide** children with a supply of toothbrushes and toothpaste
- **Screen** school children for oral diseases and provide treatment if required



# Project Location

## Dar es Salaam

- Largest city in Tanzania
- Located on the south east coast



## Morogoro

- 200km west of Dar es Salaam
- Located in the southern highlands



# Project Schedule

## 2 busy working weeks (Monday-Friday)

- First week in a school in Dar es Salaam
- Second week in a school in Morogoro

|                             |  |
|-----------------------------|--|
| Monday and Tuesday          | Screen all children in a school and generate treatment plans. Provide all children with oral hygiene education, free toothbrush and toothpaste |
| Wednesday, Thursday, Friday | Provide treatment to the whole school as indicated.  |

# August 2015



# Cultural and Societal Awareness

- Basic living conditions
- Mosquitos
- Dress modestly – it is predominantly a Muslim country (Muslims 35 %, Christians 30 %, Other 35 %)
- Basic food
- Long days - 8 hour working days
- Hard work

# Finances

Fundraising target = 20,000 EUR

- Participants fund their own vaccinations, visa and flights to and from Dar es Salaam
  - Transport, food and accommodation will be provided by the project whilst in Tanzania.
- Achieving 20,000 EUR fundraising target:
  - Each delegate must make an effort to fundraise - we need your help to make the project possible
  - The school which fundraises the most money before applications close will have a guaranteed position on the project!

# When

- The project will take place over 2 weeks in early August 2016
- 30+ volunteers in total:
  - 15 EDSA students
  - 15 TDSA students
  - 4 supervising dental clinicians

# Application Requirements

Only students with at least 2 years of clinical experience at the time of the project (August 2016) are eligible.

Documents required:-

- \*Letter of Recommendation from faculty
- \* Curriculum Vitae
- \*One page statement of intent

Closing date: Monday 7th December 2015

Asante sana/Thank you for listening!



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