




# ХЕЛИКОБАКТЕРИОЗЫ

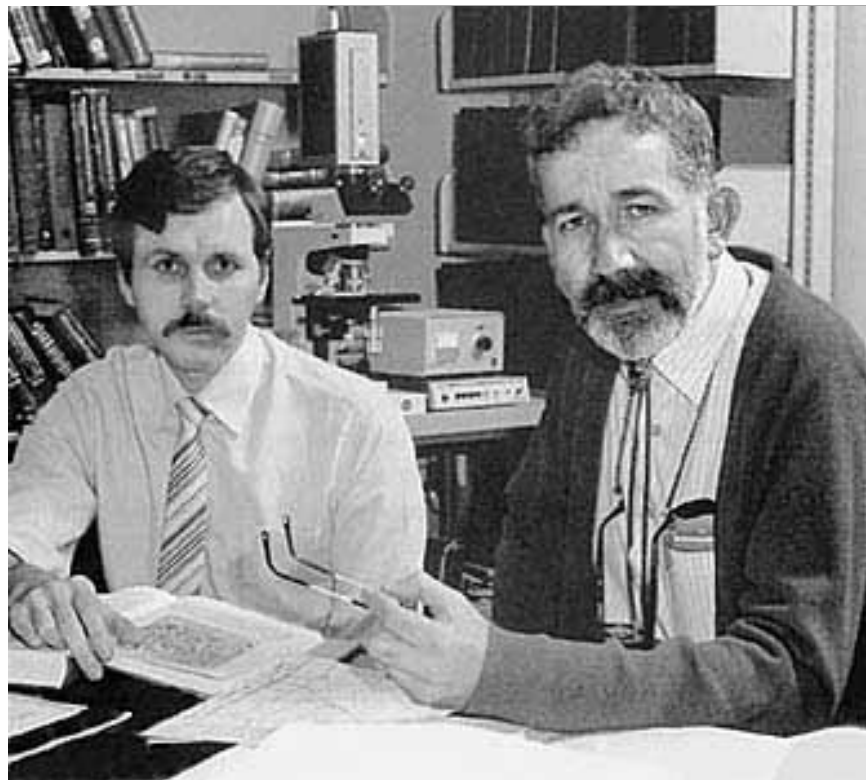
---

СПбГУ  
2015г.



**Хеликобактериоз –  
хроническая инфекция,  
вызываемая *Helicobacter  
pylori* и отличающаяся  
преимущественной  
локализацией возбудителя на  
слизистой ЖКТ и 12-перстной  
КИШКИ.**

## Б.Маршалл (слева) и Р.Уоррен (1984)



2005г. Нобелевская премия по медицине

*Helicobacter pylori* (*helix* - спираль, *bacter* – палочка, *pylorus* - привратник желудка, перекрывающий проход из желудка в двенадцатиперстную кишку).

Название заболевания	Частота выделения <i>Helicobacter pylori</i> , %
Гастрит А	20
Гастрит В	80
Язвенная болезнь желудка	70-100
Язвенная болезнь 12-перстной кишки	100
Неязвенная диспепсия желудка	45
Рак желудка	84

# *Helicobacter pylori* and cancer

---

**Figure 7.1: Stomach cancer age-standardised incidence per 100,000 population**



# Особенности строения и функционирования желудка

Отсутствие пищи



- Поступление пищевого комка в желудок
- Расслабление дна и тела желудка

Наполнение пищей



- Сокращение дна желудка (частота 0,31 сокращений в минуту)
- Продвижение содержимого в дистальную часть желудка

Эвакуация пищи



- Перемешивание, измельчение и эвакуация пищи
- Координация-синхронизация перистальтики желудка с открытием пилорического сфинктера

## Сем. *Helicobacteraceae*

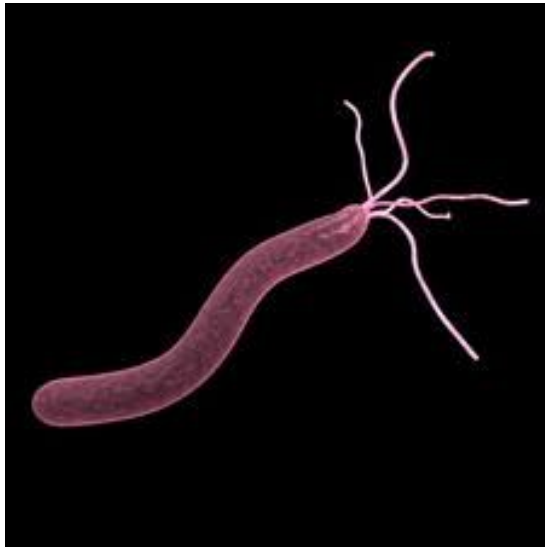
---

р. *Helicobacter* состоит из 24 видов,  
патогенны для человека :

- *Helicobacter heilmannii* – вызывает гастрит
- *Helicobacter pylori* – гастрит, язва
- *Helicobacter cinaedi* - энтерит, септицимия
- *Helicobacter fennelliae* - энтерит, септицимия
- *Helicobacter rappini* - энтерит, септицимия
- *Helicobacter bilis* – роль не ясна



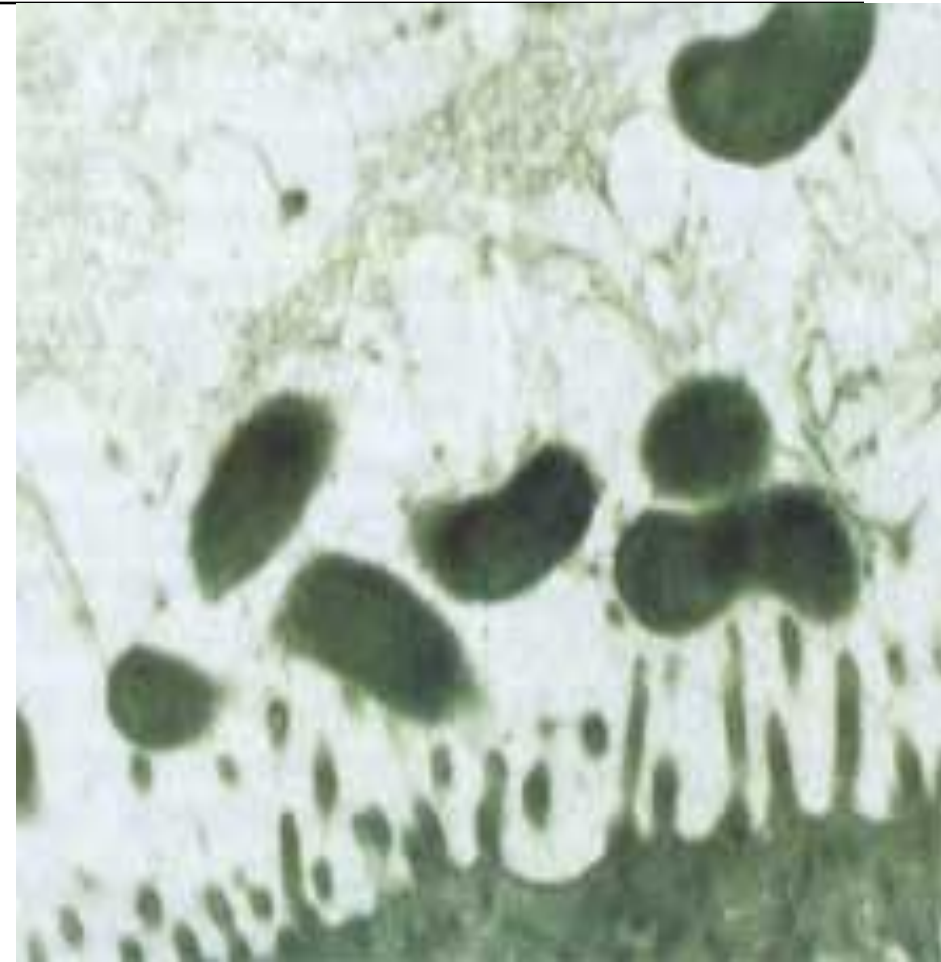
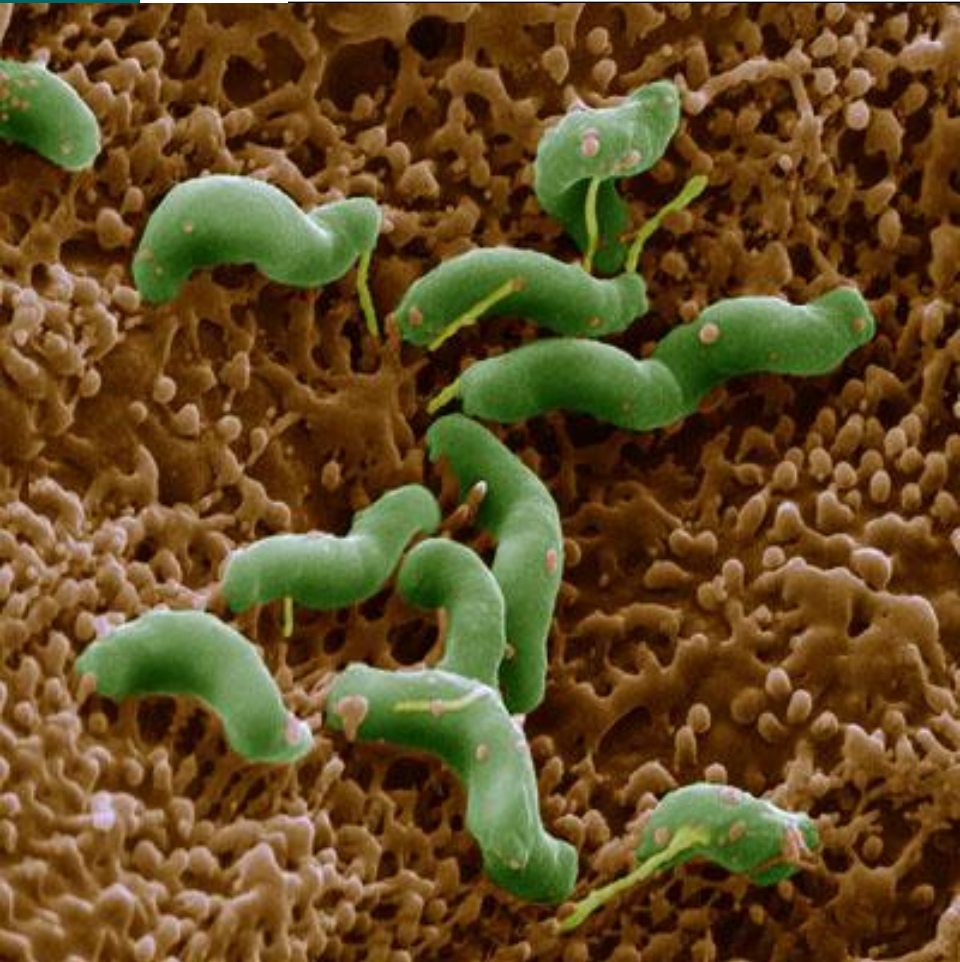
# Морфология *Helicobacter pylori*



Электронная микроскопия



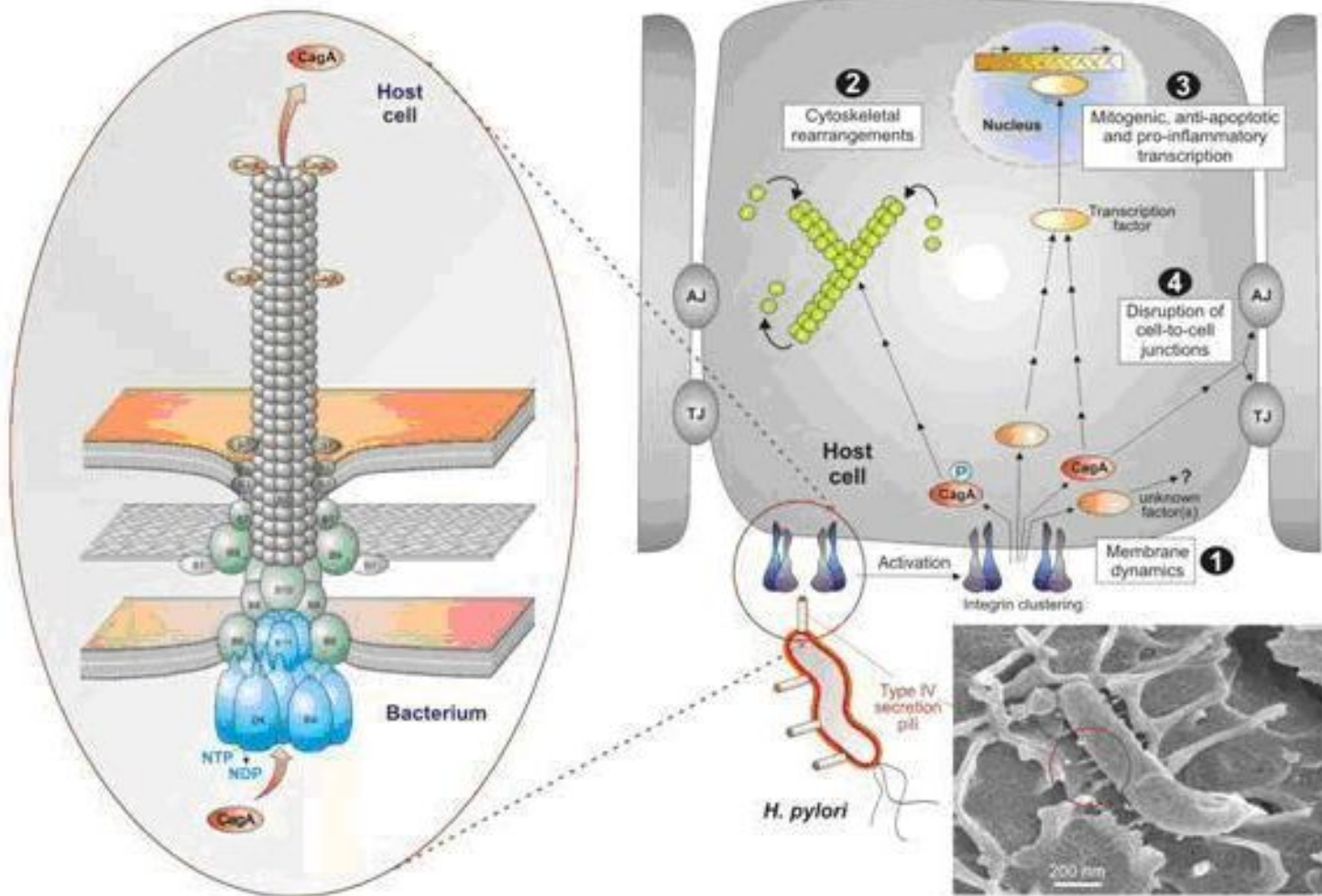
# Колонизация *Helicobacter pylori* на слизистой желудка



# Культуральные свойства

---

- Микроаэрофилы (менее 5% O<sub>2</sub>)
- pH 4-7
- Каталаза –
- Оксидаза +
- Не окисляет и не ферментирует сахара
- Окисляет органические кислоты



**Model for the assembled type IV secretion machinery and its role in *Helicobacter pylori*-induced cell signalling**

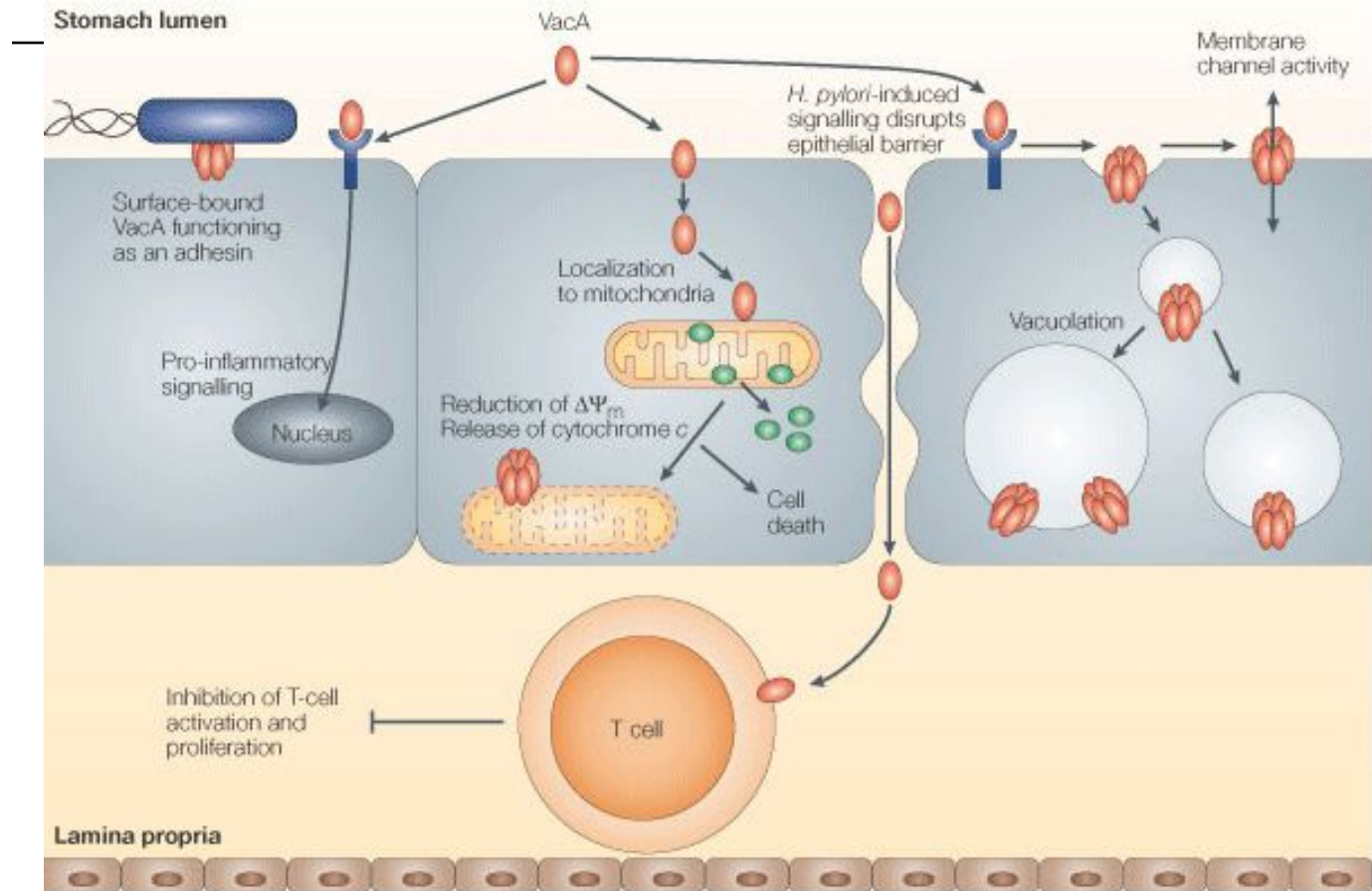
*(image courtesy of Prof. Steffen Backert, SBBS)*



# Факторы патогенности *Helicobacter pylori*



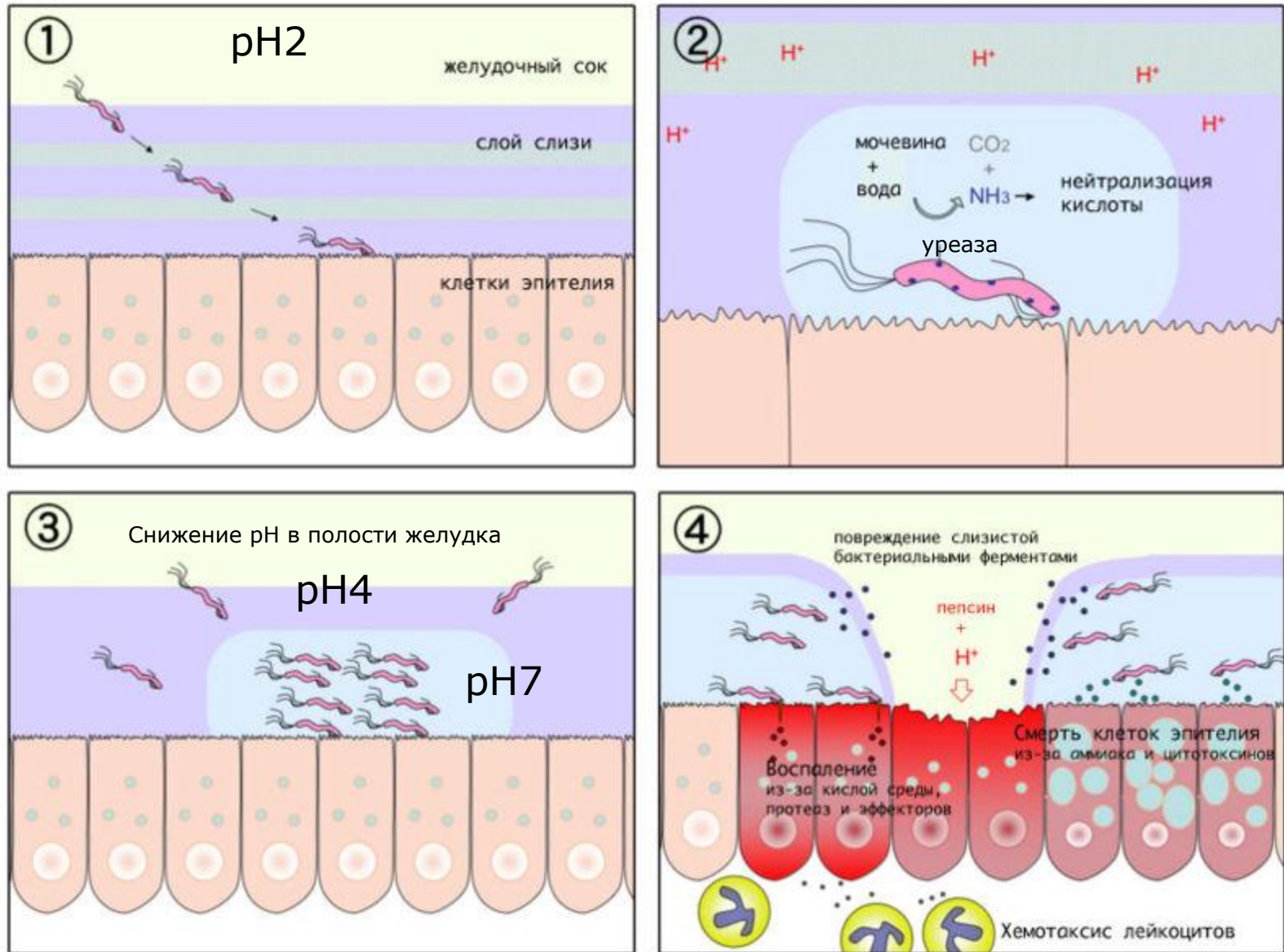
# Механизм действия экзотоксина VacA



Nature Reviews | Microbiology

Effects of VacA on gastric epithelial cells include alterations in mitochondrial membrane permeability and apoptosis, stimulation of pro-inflammatory signalling, increased permeability of the plasma membrane and alterations in endocytic compartments. Multiple *H. pylori* factors, including CagA, disrupt the gastric epithelial barrier and might thereby facilitate passage of VacA through the epithelial layer<sup>148, 149</sup>. Within the lamina propria, VacA interferes with the activation and proliferation of T lymphocytes. Many of these effects of VacA are attributable to the formation of VacA membrane channels.  $\Delta\Psi_m$  indicates mitochondrial transmembrane potential.

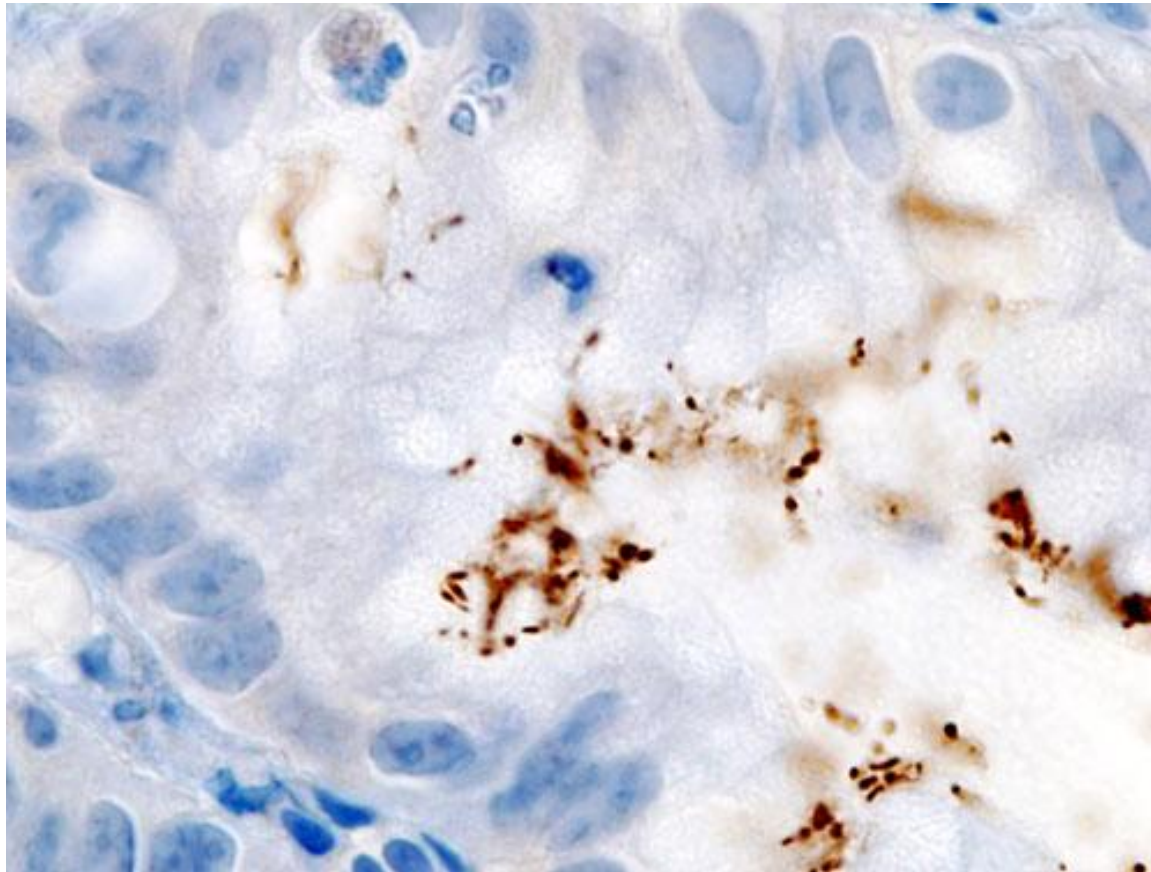
# Патогенез *Helicobacter pylori*





# Иммуногистохимическая окраска *H. pylori* в биоптате слизистой желудка

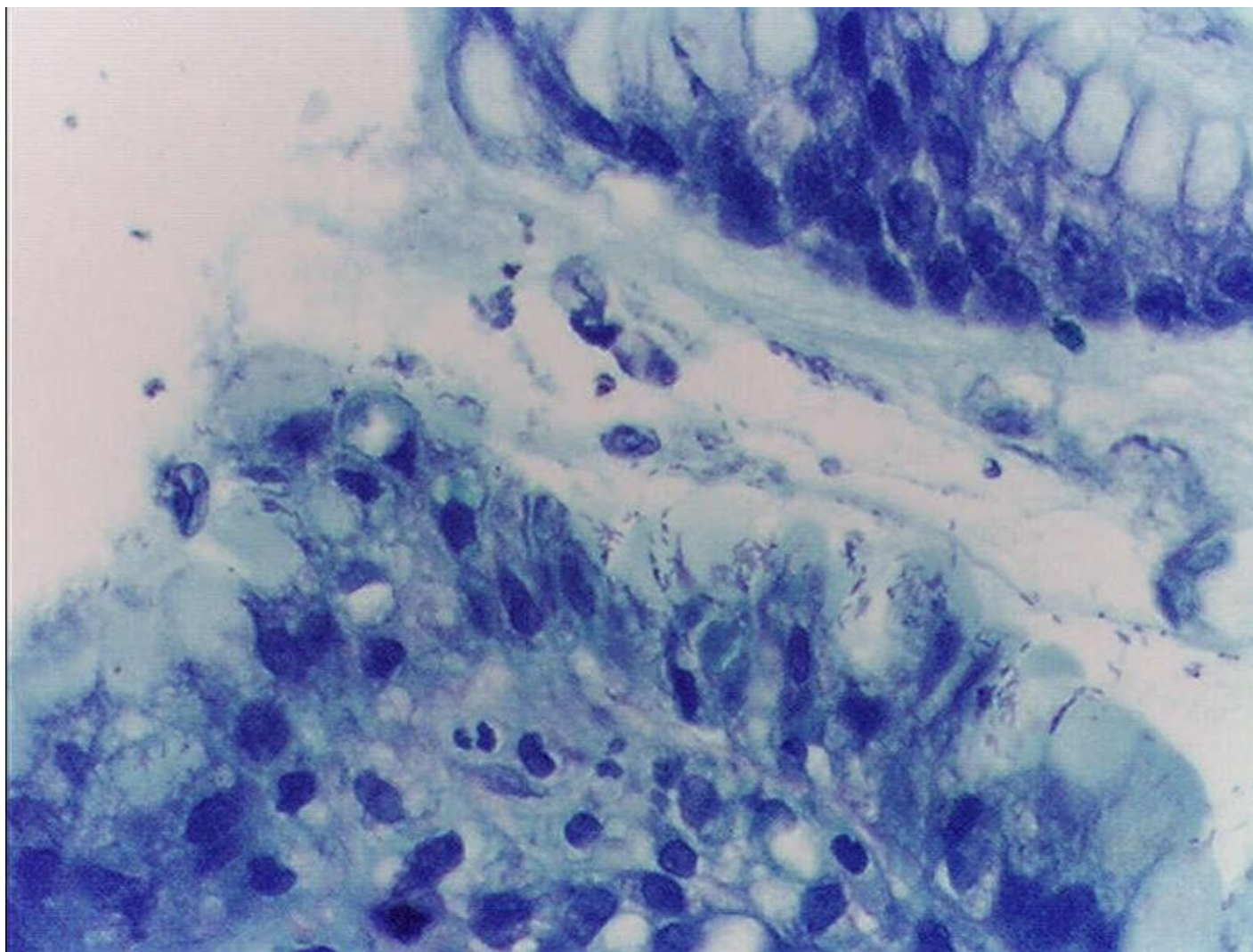
---





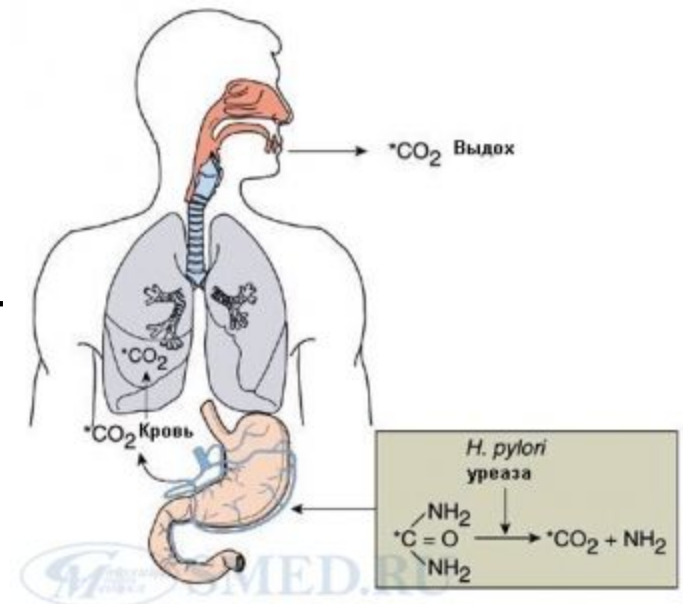
*H. pylori* в слизистой желудка.  
Окраска по Романовскому-Гимзе.

---

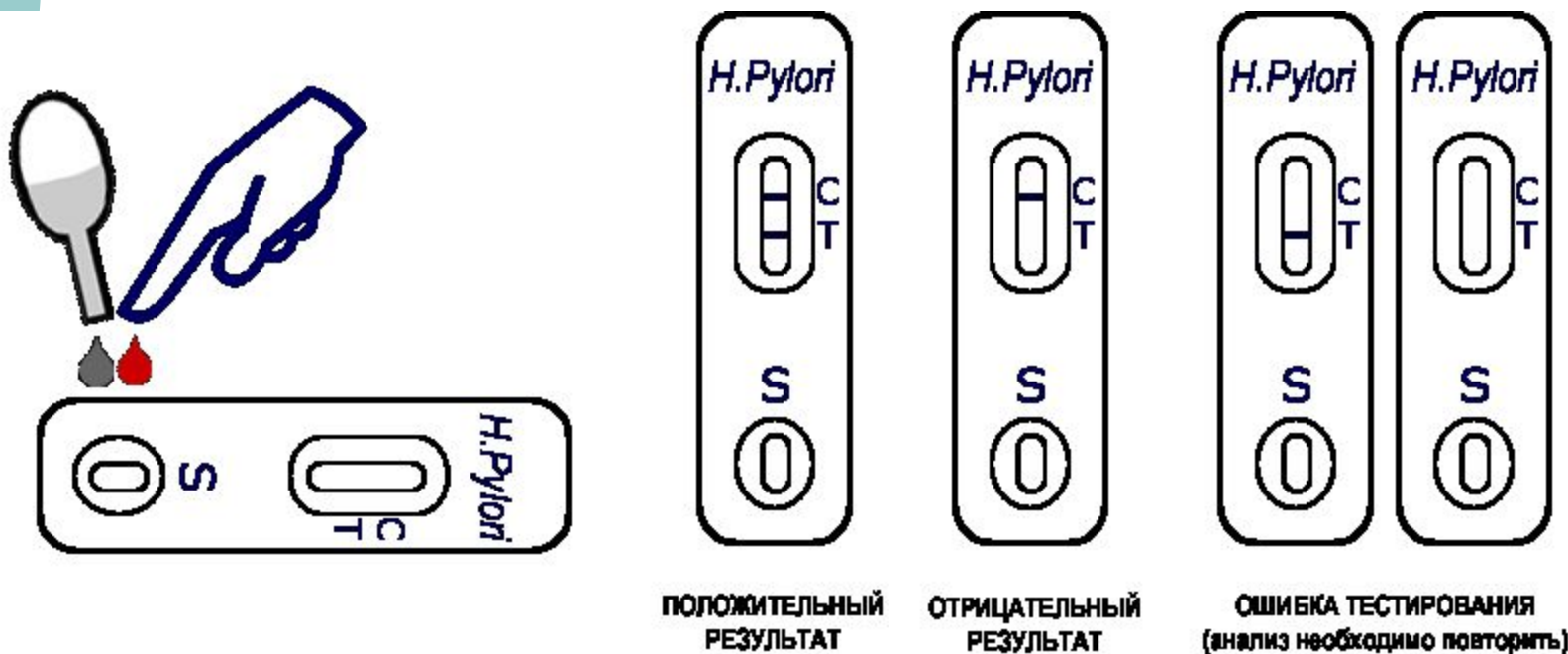


# Лабораторная диагностика

- Инвазивные методы:
  - Микроскопия нативного материала
  - Бактериологический метод
  - ИФА
  - ПЦР
  - Гистология
  - Уреазный тест
- Неинвазивные методы:
  - Уреазный дыхательный тест



## Набора реагентов «КреативМП – H.Pylori» для выявления антител к Helicobacter Pylori иммунохроматографическим экспресс-методом



Набор реагентов «КреативМП-H.Pylori» для выявления Helicobacter Pylori иммунохроматографическим экспресс-методом ТУ 9398-002-83178876-2010 предназначен для качественного одноэтапного быстрого выявления всех изоформ (IgG, IgM, IgA) антител к Helicobacter Pylori в сыворотке, плазме или цельной крови человека. Набор предназначен для использования в клинической практике, а также для самостоятельного использования потребителем

***Прибор BreathMAT PLUS***  
***для определения инфицированности***  
***организма человека бактериями***  
***Helicobacter pylori***



# Лечение хеликобактериозов

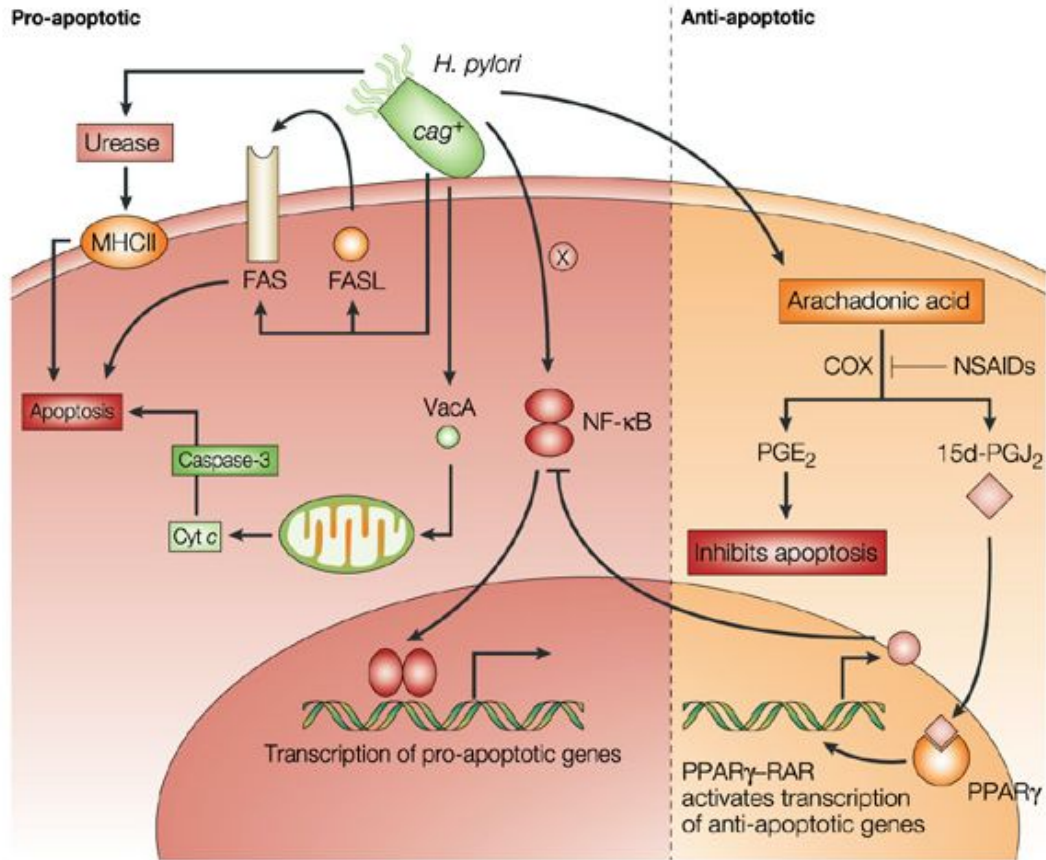
---

- **Антибиотики:** амоксициллин, кларитромицин, азитромицин, метронидазол, тинидазол, тетрациклин, фуразолидон.
- **Препараты висмута** – лечение язвы и гастрита

# Доказана связь развития заболеваний из-за отсутствия в организме *Helicobacter pylori*

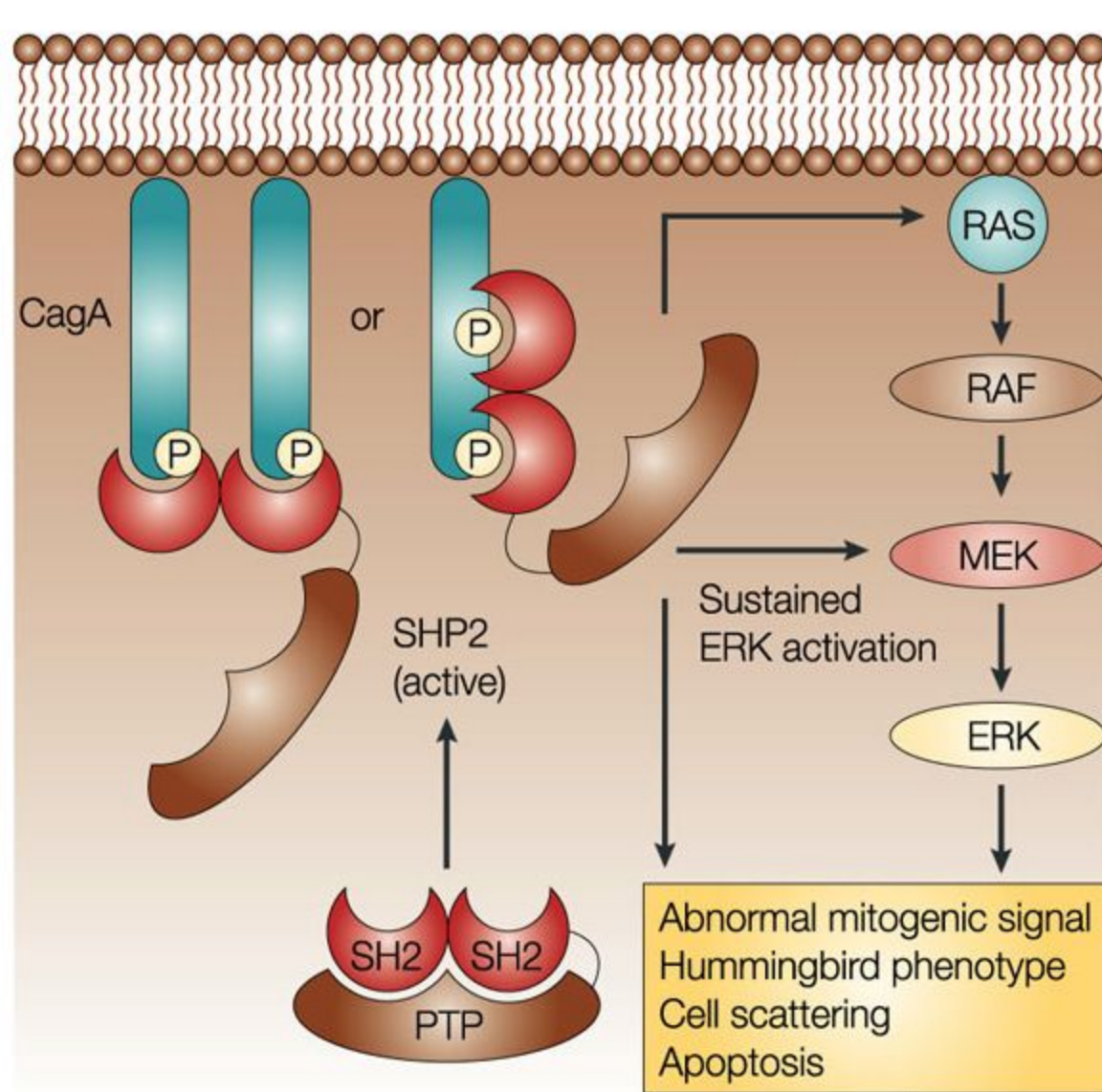
- нарушения энергетического гомеостаза (ожирение)
- бронхиальная астма
- аллергический ринит
- атопический дерматит
- сахарный диабет
- -системная иммуномодулирующую активность *H.pylori*



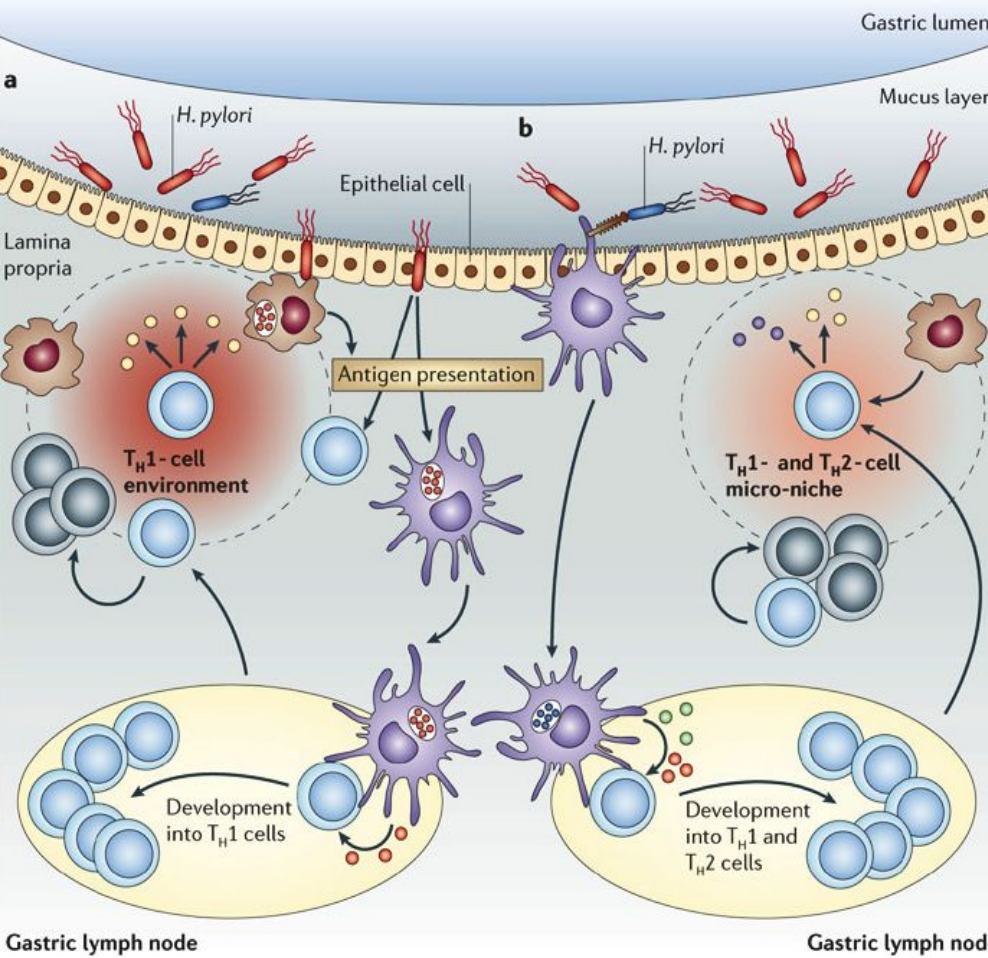


*H. pylori* can regulate gastric epithelial apoptosis through several mechanisms. Following adherence, signalling by the *cag* secretion system (but not CagA per se) leads to activation of an unknown factor(s) X that leads to activation of nuclear factor-κB (NF-κB). NF-κB translocates to the nucleus to activate transcription of pro-apoptotic genes. *H. pylori* can also induce apoptosis by stimulating expression of FAS and its ligand (FASL). The *H. pylori* vacA gene product causes mitochondrial release of cytochrome c (cyt c), which leads to activation of caspase-3 and apoptosis. *H. pylori* also activates pathways that downregulate apoptosis. *H. pylori* binding to the epithelial-cell surface generates arachadonic acid, which is metabolized to prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) and prostaglandin 15-deoxy12,14-J<sub>2</sub> (15d-PGJ<sub>2</sub>) by cyclooxygenase (COX) enzymes. These enzymes are inhibited by non-steroidal anti-inflammatory drugs (NSAIDs). 15d-PGJ<sub>2</sub> is an endogenous ligand of peroxisome proliferator-activated receptor-γ (PPAR<sub>γ</sub>), a nuclear hormone receptor that heterodimerizes with the retinoid (RAR) family of nuclear receptors to activate transcription of target genes. These gene products inhibit NF-κB activation, however, preventing apoptosis. The COX-generated metabolite PGE<sub>2</sub> also attenuates apoptosis. So, *H. pylori* has the capacity to stimulate and inhibit gastric epithelial-cell apoptosis, which might influence the risk of gastric carcinogenesis.





Cytotoxin-associated antigen A (CagA) is phosphorylated by SRC, which allows it to specifically interact with the SRC-homology 2 (SH2) domains of the protein tyrosine phosphatase (PTP) SHP2. This interaction induces SHP2 to undergo a conformational change, which stimulates its phosphatase activity. Activated SHP2 can induce extracellular signal-regulated kinase (ERK) signalling through RAS-dependent and -independent mechanisms. Sustained deregulation of this pathway eventually leads to apoptosis in gastric epithelial cells. MEK, mitogen-activated protein kinase/ERK kinase.



a | In susceptible hosts, *Helicobacter pylori* colonizes the stomach and induces upregulation of expression of MHC class II molecules and co-stimulatory molecules by epithelial cells, facilitating the presentation of *H. pylori* antigens by epithelial cells to gastric mucosal T cells<sup>84, 85</sup>, which are mainly of the T helper 1 ( $T_H1$ )-cell type (for further details, see main text). In addition, *H. pylori* antigens are presented by professional antigen-presenting cells such as macrophages and dendritic cells (DCs), which might acquire antigens as a result of epithelial-cell turnover.

Development of *H. pylori*-associated peptic-ulcer disease is associated with the chronic predominance of effector  $T_H1$  cells in the gastric mucosa<sup>35</sup>. b | In infected patients with asymptomatic chronic gastritis, *H. pylori*-specific T cells are mainly of the  $T_H0$ -cell type, which secrete both interferon- ( $IFN$ -) and interleukin-4 (IL-4). This indicates that most infected people switch from an acute gastric *H. pylori*-specific response that is mediated by  $T_H1$  cells to a response that is mediated by  $T_H1$  and  $T_H2$  cells<sup>36</sup>. The mechanisms that are involved in the switch from a  $T_H1$ -cell response to a  $T_H1$ - and  $T_H2$ -cell response are unknown at present, but *H. pylori* phase variants that bind DC-SIGN to suppress the development of  $T_H$  cells into  $T_H1$  cells, through IL-10 (Ref. 39), might facilitate this switch and be selected for by the host. DC-SIGN-binding variants of *H. pylori* (blue) are selectively bound by DC-SIGN-expressing DCs that protrude from the gastric epithelium<sup>54</sup>, and these cells subsequently migrate to gastric lymph nodes, where they suppress the development of  $T_H$  cells into  $T_H1$  cells. DC-SIGN-mediated uptake of *H. pylori* is a rapid process, leaving non-DC-SIGN-binding bacteria (red) behind in the mucus layer. Even when, after a certain time, all DC-SIGN-binding *H. pylori* would have been removed from the gastric mucosa, new DC-SIGN-binding variants, which continually arise during bacterial replication, might maintain a certain level of suppression of development into  $T_H1$  cells. *H. pylori*-specific  $T_H1$  and  $T_H2$  cells home to the gastric mucosa, where they establish  $T_H1$ - and  $T_H2$ -cell micro-niches. In asymptomatic chronic gastritis,  $T_H1$ -cell microenvironments might coexist with  $T_H1$ - and  $T_H2$ -cell microenvironments (see also the T-cell clones depicted in Fig. 1). In  $T_H1$ -cell microenvironments, the *H. pylori* population might be partially killed by T cells, through IL-12- and possibly  $IFN$ --dependent mechanisms<sup>29, 86, 87</sup>. However, the  $T_H1$ -cell response also increases gastritis<sup>87</sup> and might free nutritious compounds for *H. pylori*. In  $T_H1$ - and  $T_H2$ -cell micro-niches, gastric damage is less severe, and *H. pylori* might thrive and persist in the absence of a strong  $T_H1$ -cell response.