



RHYTHMIC GYMNASTICS

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Rhythmic gymnastics — sport, performance to the sound of music various gymnastic and dancing exercises without subject, and also with a subject (a jump rope, a hoop, a ball, maces, a tape).



HISTORY

- Rhythmic gymnastics — relatively young sport; he is obliged by the emergence to masters of the ballet of the glorified Marinsky theater. For rather small term of the existence this sport has won world appreciation and has numerous admirers in all corners of the globe. In 1913 at the Leningrad institute of physical culture of P.F. Lesgafta the higher school of the art movement has been open. First teachers of her steel Roza Varshavskaya, Elena Gorlova, Anastasia Nevinskaya, Aleksandra Semenova-Naypak. All these teachers before arrival to VShHG had the experience in work on teaching: "esthetic gymnastics" — Francois Delsart, "rhythmic gymnastics" — Emil Jacque del-Croz, "dancing gymnastics" — Georges Demini and "free dance" — Isadora Duncan. Merge together of all these directions of gymnastics promoted emergence of this graceful sport.

THE OLYMPIC HISTORY

1980 — became for rhythmic gymnastics rotary, after the end of the Olympic Games in Moscow, on the congress of the IOC the decision on inclusion of this sport in the program of the Olympic Games has been made. The Olympic history of rhythmic gymnastics begins in 1984 when the first Olympic gold was won in Los Angeles by Laurie Fang's Canadian. Four years later the Olympic champion in Seoul there was Marina Lobach, Aleksandra Tymoshenko has won a victory in Barcelona, in Atlanta — Ekaterina Serebryanskaya, in Sydney — Yulia Barsukova, in Athens — Alina Kabayeva, in Beijing — Evgenia Kanayeva. Since the Olympic Games in Atlanta the rhythmic gymnastics has been presented completely by two sections: competitions in individual and group exercises.

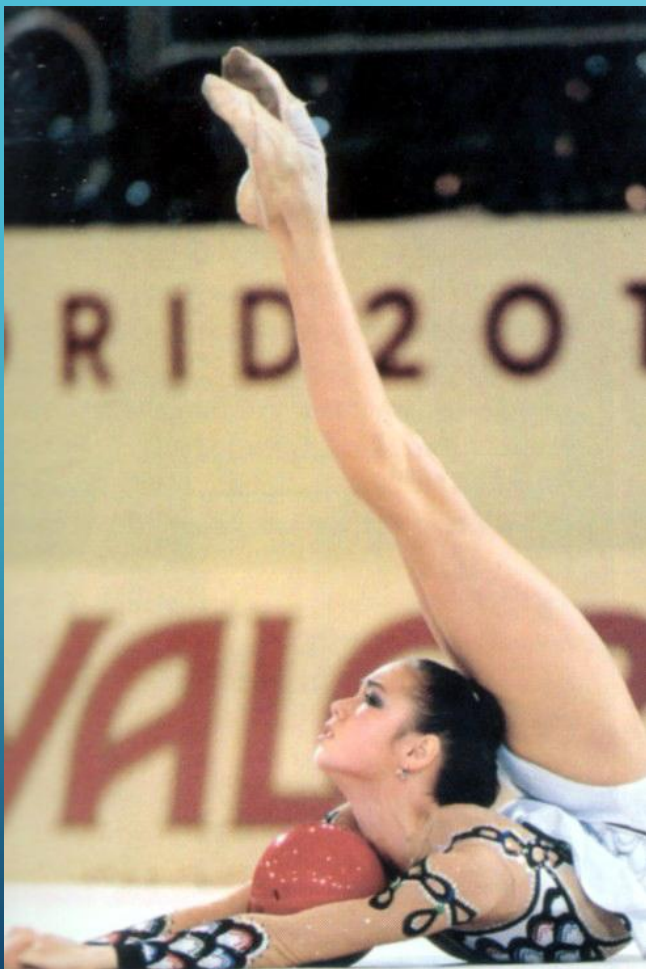
KABAYEVA ALINA MARATOVNA



KANAYEVA EVGENIA OLEGOVNA



UTYASHEVA LYAYSAN ALBERTOVNA



KONDAKOVA DARYA VLADIMIROVNA



DMITRIYEVA DARYA ANDREEVNA



RHYTHMIC GYMNASTICS IN YAKUTIA.

- "The director Nina Krasavina has made the strong-willed decision that it is necessary to open office of rhythmic gymnastics in sports school. In the fall of the 93rd there has arrived the rhythmic gymnastics coach from Ukraine. She the Master of Sports of the Soviet Union also began to work as the choreographer in office of artistic gymnastics. In half a year I come, too the Master of Sports and too have admitted the choreographer to the same office. Us already two. Here it has become clear that the trainer who worked as the choreographer in artistic gymnastics the last 15 years has graduated from the Kiev institute of physical culture, and she is majoring in a rhythmic gymnastics coach. And here us already three. Here with it standard it is possible to open office. The office was opened the 95th year. Have invited then still the trainer from Kyrgyzstan. She has worked year and has left on family circumstances". From Tatyana Shishigina's story.



Thank you for your
attention 😜