

# EATING THE BRITISH WAY

Food & Drink



# FOR BREAKFAST



- Most people in the UK rush to work in the morning. This means they don't have time to make the traditional English breakfast of egg, bacon and sausages.
- They may have one at weekends though. During the week they choose a breakfast of cereal or toast with tea, coffee or fruit juice.



# FOR LUNCH



- Lunch is a simple meal. Many children at school and adults at work bring a packed lunch from home. This is a sandwich, a packet of crisps, a piece of fruit and a drink.



# FOR DINNER



- Dinner is a meal for the whole family. Spaghetti bolognese or shepherd's pie are all favourites.



# DINNER



- Many British order takeaways as well. Indian, Chinese food and pizzas are all very popular.



# SUNDAY ROAST



- On Sundays the British get together for a traditional Sunday roast. This is roast beef or lamb with potatoes, vegetables and gravy.

# **A YORKSHIRE PUDDING FILLED WITH MASHED POTATO, BEEF, GRAVY AND VEGETABLES**



# FISH AND CHIPS

Fish and chips is a popular lunch meal.



In the United Kingdom fish and chips are usually sold by independent restaurants and take-always known as fish and chips shops.



## FOR DESSERT



But is there anything for dessert?

Homemade puddings like bread and butter pudding, apple pie, trifle are all delicious British desserts.



# BREAD AND BUTTER PUDDING



- Bread and butter pudding is a traditional pudding popular in British cuisine. It is made by layering slices of buttered bread scattered with raisins in an oven dish, over with an egg, milk or cream mixture.



# TRIFLE

- Trifle is an English dessert dish made from thick custard, fruit, sponge cake (often soaked in sherry or other wine), fruit juice or jelly, and whipped cream. These ingredients are usually arranged in layers.
- custard - сладкий крем из яиц и молока
- sponge cake - бисквит
- whipped cream - взбитые сливки



1 For breakfast, British people eat **c**.... or a **t**....and they drink tea. The traditional English breakfast is very special At the weekends, they may have eggs, bacon and sausages.

2 For **l**.... they may eat a sandwich, a packet of crisps and a piece of fruit. For dinner they may eat spaghetti bolognese or shepherd's **p**....

3 Chinese food and pizzas are also **p**....

4 The Sunday **r**.....is a traditional meal in

Britain. 5 For dessert, they have homemade

**p**.....like bread and butter pudding, apple pie and trifle.

1 For breakfast, British people eat **cereal** or **toast** and they drink tea. The traditional English breakfast is very special. At the weekends, they may have eggs, bacon and sausages.

2 For **lunch** they may eat a sandwich, a packet of crisps and a piece of fruit. For dinner they may eat spaghetti bolognese or shepherd's **pie**.

3 Chinese food and pizzas are also **popular**.

4 The Sunday **roast** is a traditional meal in

Britain. 5 For dessert, they have homemade

**puddings** like bread and butter pudding, apple pie and trifle.

# EATING THE BRITISH WAY

Watch the video and complete the sentences.



1. This is the usual breakfast –.....
2. Mr Robinson prefers the traditional English breakfast-.....
3. Lunch is about .....o'clock .
4. Most people buy their food in .....
5. Most people have their main meal .....
6. London has restaurants from ..... countries.
7. British people eat three hundred million servings of .....a year.

# EATING THE BRITISH WAY

1. This is the usual breakfast – milk and cereal , toast with jam or marmalade, fruit juice, tea or coffee.
2. Mr Robinson prefers the traditional English breakfast-bacon, eggs, sausages, tomato and fried bread.
3. Lunch is about twelve or one o'clock .
4. Most people buy their food in supermarkets.
5. Most people have their main meal in the evening.
6. London has restaurants from 42 countries.
7. British people eat three hundred million servings of fish and chips a year.

# VOCABULARY-CONTAINERS

1 Use the words in the list to describe the pictures (1-8).

can bottle jar bag box carton packet loaf



1 cornflakes  
▶ a box of cornflakes



2 ketchup



3 sugar



4 spaghetti



5 bread



6 orange juice



7 coffee



8 Coke



# VOCABULARY-CONTAINERS

1 Use the words in the list to describe the pictures (1-8).

can bottle jar bag box carton packet loaf



1 cornflakes  
▶ a box of cornflakes



2 ketchup  
a bottle of ketchup



3 sugar  
a bag of sugar



4 spaghetti  
a packet of spaghetti



5 bread  
a loaf of bread



6 orange juice  
a carton of orange juice



7 coffee  
a jar of coffee



8 Coke  
a can of Coke

# Choose the correct word:

## a lot of / much / many / a few / a little

### Tasty Treats

- 1 There's **a little / a few** milk.
- 2 How **many / much** bread do we need?
- 3 There isn't **many / much** cheese left.
- 4 Are there **many / much** apples in the fridge?
- 5 How **many / much** tomatoes do you want?
- 6 There isn't **any / many** meat in the fridge.
- 7 There aren't **many / a lot of** pears.
- 8 There are **a few / little** oranges left.

Countable	Uncountable
<i>How <b>many</b> bananas are there?</i>	<i>How <b>much</b> milk is there?</i>
<i>There are <b>a lot of</b> bananas.</i>	<i>There is <b>a lot of</b> milk.</i>
<i>There aren't <b>many</b> bananas.</i>	<i>There isn't <b>much</b> milk.</i>
<i>There are only <b>a few</b>.</i>	<i>There's only <b>a little</b>.</i>
<i>There aren't <b>any</b> bananas.</i>	<i>There isn't <b>any</b> milk.</i>

Affirmative	<b>a lot of</b> + countable/uncountable noun <b>a few</b> + countable noun <b>a little</b> + uncountable noun
Negative	<b>too/many/not many/not any</b> + countable noun <b>too/much/not much/ not any</b> + uncountable noun
Questions	<b>how many</b> + countable noun <b>how much</b> + uncountable noun



# a lot of / much / many / a few / a little

- 1 There's a little / a few milk.
- 2 How **many** / much bread do we need?
- 3 There isn't **many** / much cheese left.
- 4 Are there many / **much** apples in the fridge?
- 5 How many / **much** tomatoes do you want?
- 6 There isn't any / **many** meat in the fridge.
- 7 There aren't many / a lot of pears.
- 8 There are a few / little oranges left.

Countable	Uncountable
<i>How <b>many</b> bananas are there?</i>	<i>How <b>much</b> milk is there?</i>
<i>There are <b>a lot of</b> bananas.</i>	<i>There is <b>a lot of</b> milk.</i>
<i>There aren't <b>many</b> bananas.</i>	<i>There isn't <b>much</b> milk.</i>
<i>There are only <b>a few</b>.</i>	<i>There's only <b>a little</b>.</i>
<i>There aren't <b>any</b> bananas.</i>	<i>There isn't <b>any</b> milk.</i>

Affirmative	a lot of + countable/uncountable noun a few + countable noun a little + uncountable noun
Negative	too/many/not many/not any + countable noun too/much/not much/ not any + uncountable noun
Questions	how many + countable noun how much + uncountable noun



<https://multimedia-english.com/videos/lesson/food-in-britain-this-is-britain-3685>

Диск для работы в классе (Class CD) к учебнику для 6 класса общеобразовательных учреждений серии «Английский в фокусе» (“Spotlight”). О. В. Афанасьева, И. В. Михеева и др.