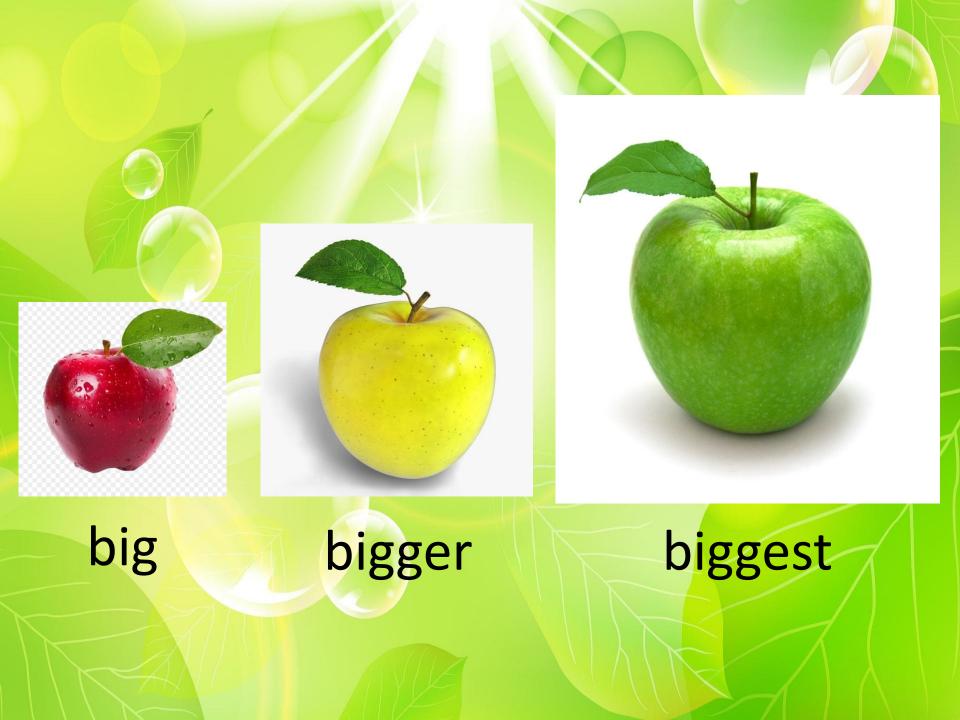


Sunshine water rest air exercise diet

- benefit выгода, польза;
- relax отдыхать, расслабляться;
- diet диета, питание;
- flexible гибкий;
- do push-ups отжиматься на руках;
- fit сильный, здоровый;
- fitness хорошее здоровье

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Laugh and smile! Get lots of sleep. Positive emotions Feel good about yourself! Do nothing... Drink water! Eat more fruit and vegetables. Do something you love. Run and jog Stretch! Get a little exercise every day.



- Big bigger- the biggest
- Nice nicer the nicest
- Happy happier the happiest
- Beautiful more beautiful the most beautiful
 - Good-better-the best; bad-worse-the worst; old-older, elder- the oldest, the eldest;

far-farther, further—the farthest, the furthest;
little-less-the least.

