

МУНИЦИПАЛЬНОЕ БЮДЖЕТНОЕ ДОШКОЛЬНОЕ  
ОБРАЗОВАТЕЛЬНОЕ УЧРЕЖДЕНИЕ  
«ЦЕНТР РАЗВИТИЯ РЕБЕНКА – ДЕТСКИЙ САД №93»  
МБДОУ «ЦРР – детский сад №93»

# АРТИКУЛЯЦИОННАЯ ГИМНАСТИКА

Мастер-класс для родителей

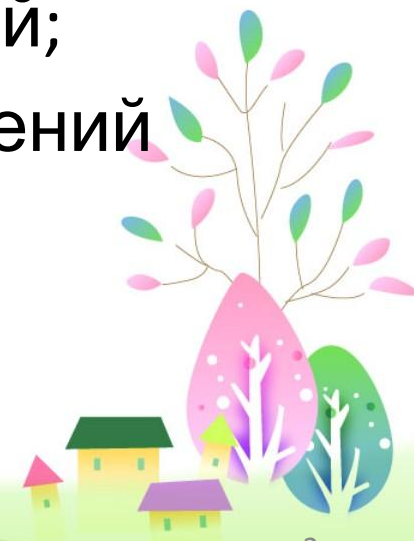


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# Артикуляционная гимнастика необходима для:

- ❑ подготовки артикуляционного аппарата к самостоятельному становлению звуков;
- ❑ преодоления речевых нарушений;
- ❑ выработки полноценных движений мышц щек, губ, языка, челюсти





# Артикуляционные упражнения

## СТАТИЧЕСКИЕ

направлены на то, чтобы ребенок научился удерживать артикуляционную позу в течение 6-10 секунд.

## ДИНАМИЧЕСКИЕ

(ритмичное повторение движений по 6-8 раз) вырабатывают подвижность языка и губ, их координированность и переключаемость.



A vibrant spring scene featuring a large tree branch with pink cherry blossoms and falling petals. A yellow butterfly is perched on a branch, and a pink butterfly is in flight. The background is a soft, blurred green and blue, suggesting a bright, sunny day.

# «БЕГЕМОТИК»





Рот широко открыт. Язык свободно лежит, кончик языка у нижних зубов. Удерживать несколько секунд. Повторить 3-4 раза.



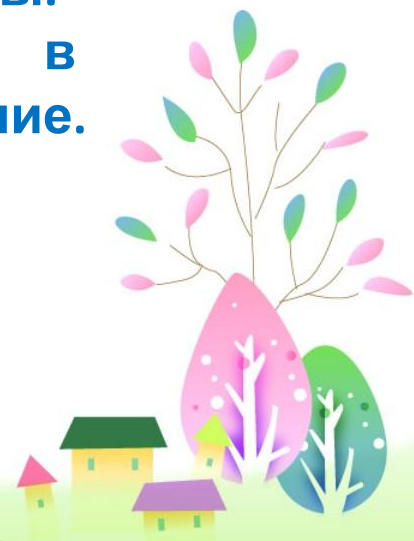


The image features a vibrant spring-themed illustration. At the top, a thick brown tree branch is laden with numerous light purple cherry blossoms and some white daisy-like flowers. A few pink petals are shown falling from the branch. In the upper right, a bright yellow sun is partially visible. In the lower right corner, there is a small, colorful village scene with three houses (one with a red roof, one with a green roof, and one with a purple roof) and several stylized trees in shades of pink, blue, and green. The background is a soft, light green gradient with a few more butterflies and flowers scattered throughout.

# «УЛЫБОЧКА»



**Широко разводим  
уголки губ, обнажив  
сомкнутые губы.  
Возвращаем губы в  
спокойное положение.  
Повторяем 4-5 раз.**



A vibrant spring scene featuring a large tree branch with pink cherry blossoms and falling petals. A yellow butterfly is perched on a branch, and a pink butterfly is in flight. The background is a soft, blurred green and blue, suggesting a sunny day.

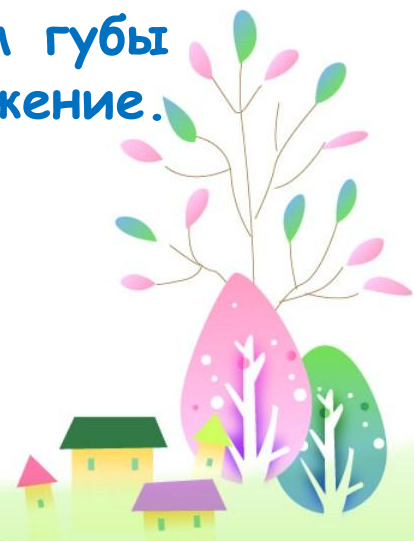
# «ТРУБОЧКА»







С напряжением вытянуть губы вперед, удерживать в таком положении 3-4 секунды. Возвращаем губы в исходное положение. Повторить 4-5 раз.





# «УЛЫБОЧКА - ТРУБОЧКА»







Чередуем упражнения  
«Улыбочка-трубочка».  
Повторить 4-5 раз.

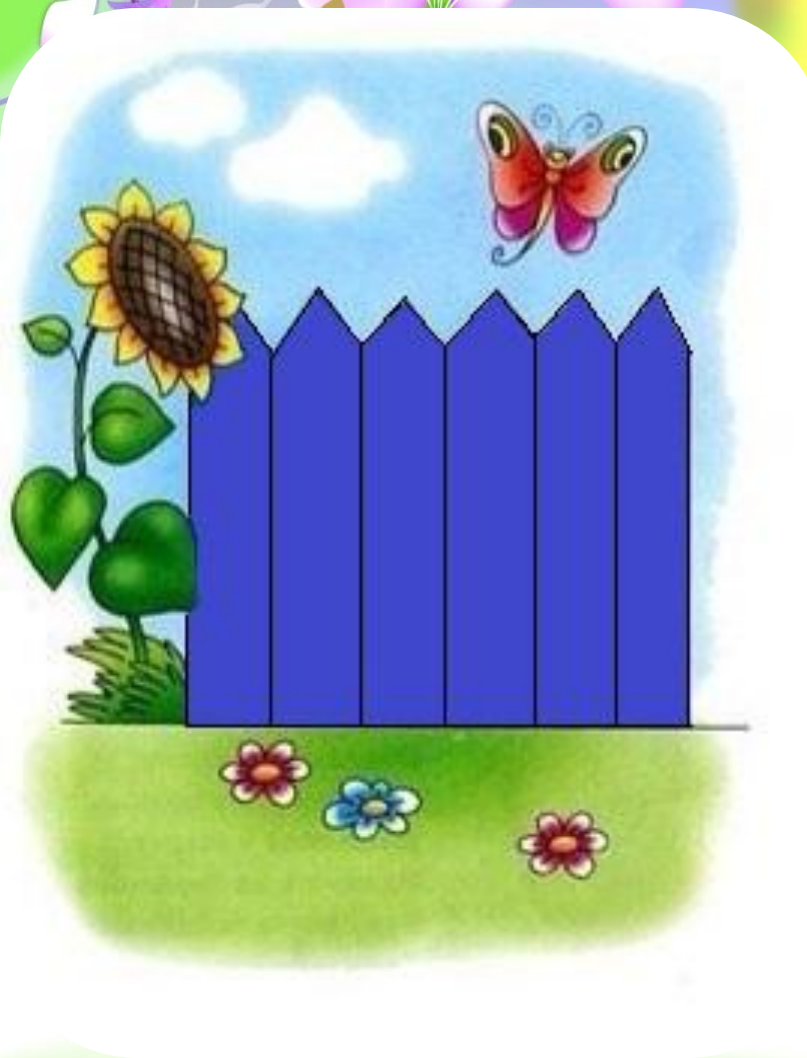


A vibrant spring scene featuring a large tree branch with pink cherry blossoms and falling petals. A yellow butterfly is perched on a branch, and a red butterfly is flying nearby. The background is a soft, colorful gradient of green and blue.

# «ЗАБОРЧИК»







Широко улыбнуться,  
чтобы были видны  
передние верхние и  
нижние зубы.  
Возвращаем губы в  
спокойное положение.  
Повторяем 4-5 раз.



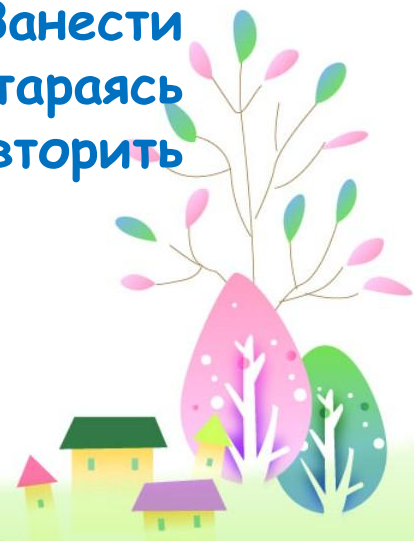
The image features a vibrant spring scene. At the top, a thick brown tree branch is covered in numerous light purple cherry blossoms with yellow centers. Some petals are shown falling through the air. Interspersed among the blossoms are small white daisy-like flowers and a few purple buds. Two butterflies are visible: a yellow one on the right and a pink one on the left. The background is a soft, out-of-focus green, suggesting a lush landscape. In the bottom right corner, there is a small, stylized illustration of a village with three houses (one with a red roof, one with a green roof, and one with a purple roof) and several trees with colorful, rounded foliage in shades of pink, blue, and green. The overall style is bright and cheerful, typical of children's educational materials.

# «БЛИНЧИК»





Улыбнуться, приоткрыть рот. Положить широкий язык на нижнюю губу и удерживать его 5 секунд. Занести «блинчик» в рот, стараясь не напрягать язык. Повторить 4-5 раз.



A vibrant spring-themed illustration. The top half features a large, thick brown tree branch extending from the right, heavily laden with bright pink cherry blossoms. Some petals are shown falling through the air. Interspersed among the blossoms are several small white daisies and a few butterflies, including a prominent yellow one and a smaller pink one. The background is a soft, out-of-focus green and blue, suggesting a sunny day. In the bottom right corner, there is a small, stylized village scene with three houses in shades of yellow, orange, and purple, nestled among various trees, including a large pink one and a blue one. The overall style is bright, cheerful, and illustrative.

# «ВКУСНОЕ ВАРЕНЬЕ»





Рот приоткрыть. Широким  
языком облизывать  
верхнюю губу. Нижняя  
челюсть неподвижна!  
Повторить 4-5 раз.





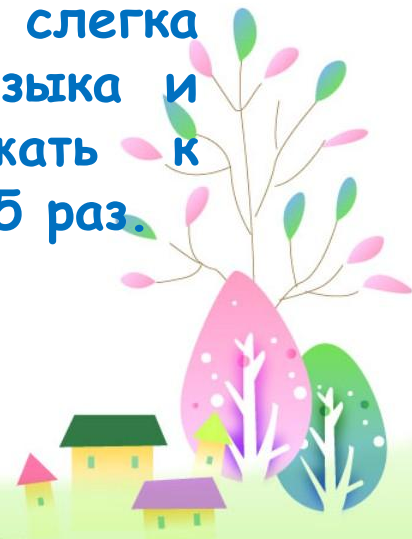
A vibrant illustration of a spring scene. The top half features a large, thick brown tree branch extending from the right side, heavily laden with bright pink cherry blossoms. Some petals are shown falling through the air. Interspersed among the pink flowers are several small white daisies. Two butterflies are visible: a yellow one with black markings and a pink one. The background is a soft, out-of-focus green and blue, suggesting a bright, sunny day. The overall style is colorful and whimsical.

# «ЧАШЕЧКА»





Улыбнуться, широко открыть рот. Высунуть широкий язык и придать ему форму «чашечки» (т.е. слегка приподнять кончик языка и боковые края прижать к зубам). Повторить 4-5 раз.



A vibrant spring-themed illustration. The top half features a large, detailed branch of a cherry blossom tree with numerous pink flowers and green leaves. Several small white daisies and a few pink petals are scattered around the branch. A yellow butterfly is perched on a thin branch to the right, and a red butterfly is on the left. The background is a soft, blurred green and blue, suggesting a bright, sunny day. In the bottom right corner, there is a small, stylized village with three houses (one with a red roof, one with a green roof, and one with a purple roof) and a tree with pink and blue leaves. The overall style is bright, cheerful, and illustrative.

# «ЧАСИКИ»





Открыть рот, растянуть губы  
в улыбке. Кончик языка  
(как часовую стрелку)  
переводить из одного  
уголка рта в другой.  
Повторить 4-5 раз.



A vibrant illustration of a spring scene. The top half features a thick brown tree branch laden with numerous light purple cherry blossoms. Some petals are shown falling through the air. Interspersed among the blossoms are several small white daisy-like flowers and a few purple buds. Two butterflies are visible: one is orange and black, and the other is pink and white. The background is a soft, out-of-focus green and yellow, suggesting a bright, sunny day. The overall style is bright and cheerful.

# «КАЧЕЛИ»







Открываем рот, кладем на нижнюю губу расслабленный широкий язык, затем переводим его за верхнюю губу. Выполняем 6-8 раз.





A vibrant spring-themed illustration. The top half features a large, detailed branch of a cherry blossom tree with numerous pink flowers and green leaves. A yellow butterfly is perched on a branch, and a pink butterfly is flying nearby. The background is a soft, blurred green and blue, suggesting a bright, sunny day. In the bottom right corner, there is a small, stylized village with colorful houses and trees. The text «МАЛЯР» is centered in a bold, blue, sans-serif font.

# «МАЛЯР»



Улыбнуться, открыть рот.  
Кончиком языка «погладить»  
«покрасить») небо (потолок),  
делая движения языком  
перед-назад. Повторить 4-5  
раз.





A vibrant spring-themed illustration. The top half features a large, detailed branch of a cherry blossom tree with numerous pink flowers and green leaves. Several small white daisies and pink petals are scattered around. Two butterflies, one orange and one pink, are shown in flight. The background is a soft, blurred green and yellow, suggesting a sunny day. In the bottom right corner, there is a small, stylized village with several houses in various colors (red, yellow, purple) and a few trees with colorful, abstract foliage. The overall style is bright and cheerful.

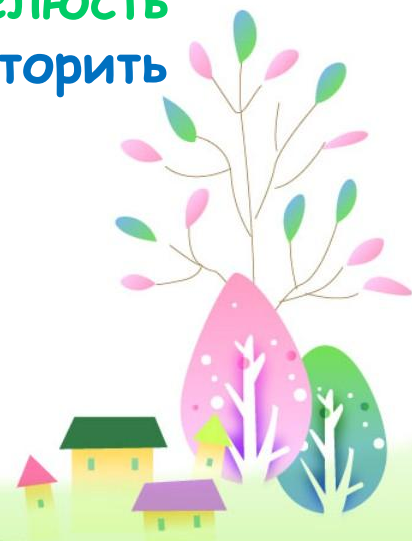
# «ЛОШАДКА»





Челкать  
рисасывая  
едленно  
ижняя  
гподвижна!  
-8 раз.

языком,  
его к небу,  
и сильно.  
челюсть  
Повторить





# «ГРИБОК»







Улыбнуться (зубы видны).  
Широко открыть рот.  
Присосав широкий язык  
всей плоскость к нёбу.



A vibrant illustration of a spring scene. The top half features a thick brown tree branch from the right side, heavily laden with bright pink cherry blossoms. Some petals are shown falling through the air. Interspersed among the pink flowers are several small white daisy-like flowers. Two butterflies are visible: a yellow one with black markings and a pink one. The background is a soft, out-of-focus green, suggesting a lush landscape. The bottom half of the image shows a rolling green hill. In the bottom right corner, there is a small, stylized village with three houses (one with a red roof, one with a green roof, and one with a purple roof) and a tree with large, colorful leaves in shades of pink, purple, and green.

# «БАРАБАНЩИК»





Улыбнуться ,открыть рот.  
Кончик языка за верхними  
зубами. Быстро стучать по  
альвеолам (бугоркам) и  
произносить: [д-д-д]



# Книги, на которые следует обратить внимание





# Уважаемые родители!

Только целенаправленная систематичная работа по развитию артикуляционного аппарата поможет вашему ребенку научиться произносить правильно звуки русского языка



ЖЕЛАЮ УСПЕХОВ!

СПАСИБО ЗА  
ВНИМАНИЕ!

