

Вредные привычки

A close-up, slightly blurred photograph of a clear glass filled with a light-colored liquid, likely alcohol. The glass is positioned on the left side of the frame, with a soft light source from the left creating a highlight on the surface of the liquid and the rim of the glass. The background is dark and out of focus.

Алкоголь ежегодно убивает 700000 россиян



Риск развития бронхитов и эмфиземы лёгких у курильщиков повышается в 10 раз

A close-up photograph of a cannabis plant, showing several bright green, serrated leaves radiating from a central point. The leaves are in sharp focus, with some showing fine details of their veins and serrations. The background is a soft, out-of-focus green, suggesting a dense field of similar plants.

Вред наркомании состоит в истощении организма и психики

Переедание может привести к гастриту и язве желудка



A vibrant, circular arrangement of numerous colored pencils pointing towards the center. The colors include blue, purple, brown, red, orange, yellow, green, and cyan. The pencils are arranged in a fan-like pattern, creating a sense of unity and diversity. Overlaid on this background is the Russian phrase "Береги себя!" in a bold, yellow-to-orange gradient font with a black outline.

Береги себя!

