

# Вредные привычки

A black and white photograph of a glass filled with a clear liquid, likely alcohol. The glass is positioned on the left side of the frame, and the liquid level is visible. The background is dark, and there is a soft light source from the left, creating a highlight on the surface of the glass and the liquid.

**Алкоголь ежегодно убивает 700000 россиян**



**Риск развития бронхитов и эмфиземы лёгких у курильщиков повышается в 10 раз**

A close-up photograph of a cannabis plant, showing several bright green, serrated leaves radiating from a central point. The leaves are in sharp focus, with some showing fine details of their structure. The background is a soft, out-of-focus green, suggesting a dense field of similar plants.

**Вред наркомании состоит в истощении организма и психики**

**Переедание может привести к гастриту и язве желудка**



A vibrant, circular arrangement of numerous sharpened colored pencils pointing towards the center. The colors include blue, purple, brown, red, orange, yellow, green, and cyan. The text 'Береги себя!' is overlaid in the center in a bold, yellow-to-orange gradient font with a black outline.

**Береги себя!**

