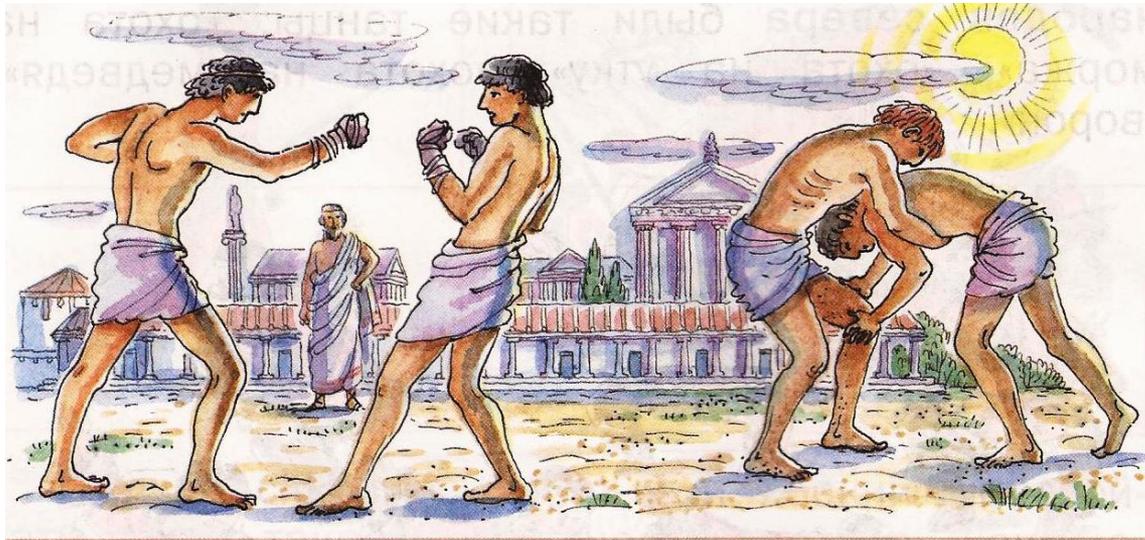
A female gymnast in a white and red leotard is performing a floor exercise. She is lying on her back with her legs raised and bent at the knees, holding a red ball between her feet. Her right arm is extended upwards, and her left arm is bent with the hand near her head. The background is a dark blue wall with a red horizontal band.

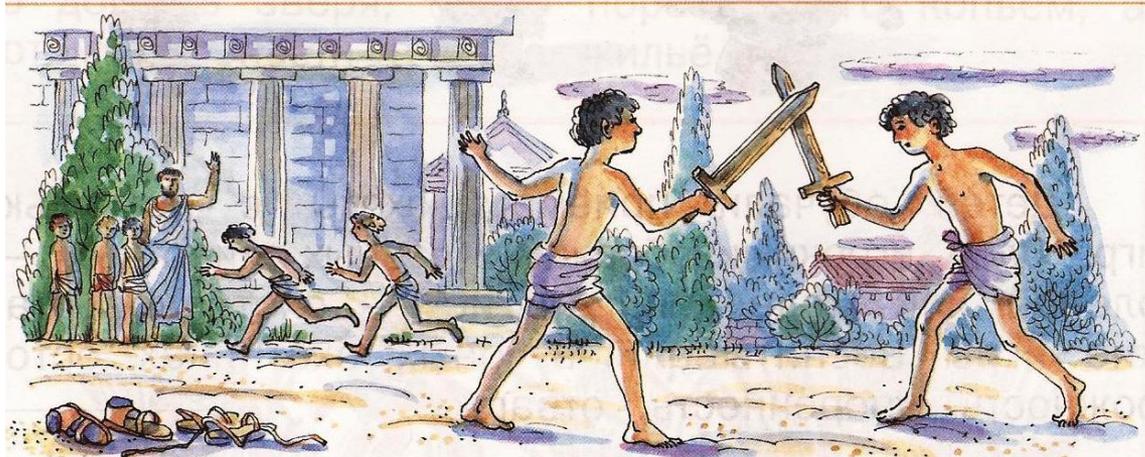
# Урок по физической культуре 2 класс ГИМНАСТИКА

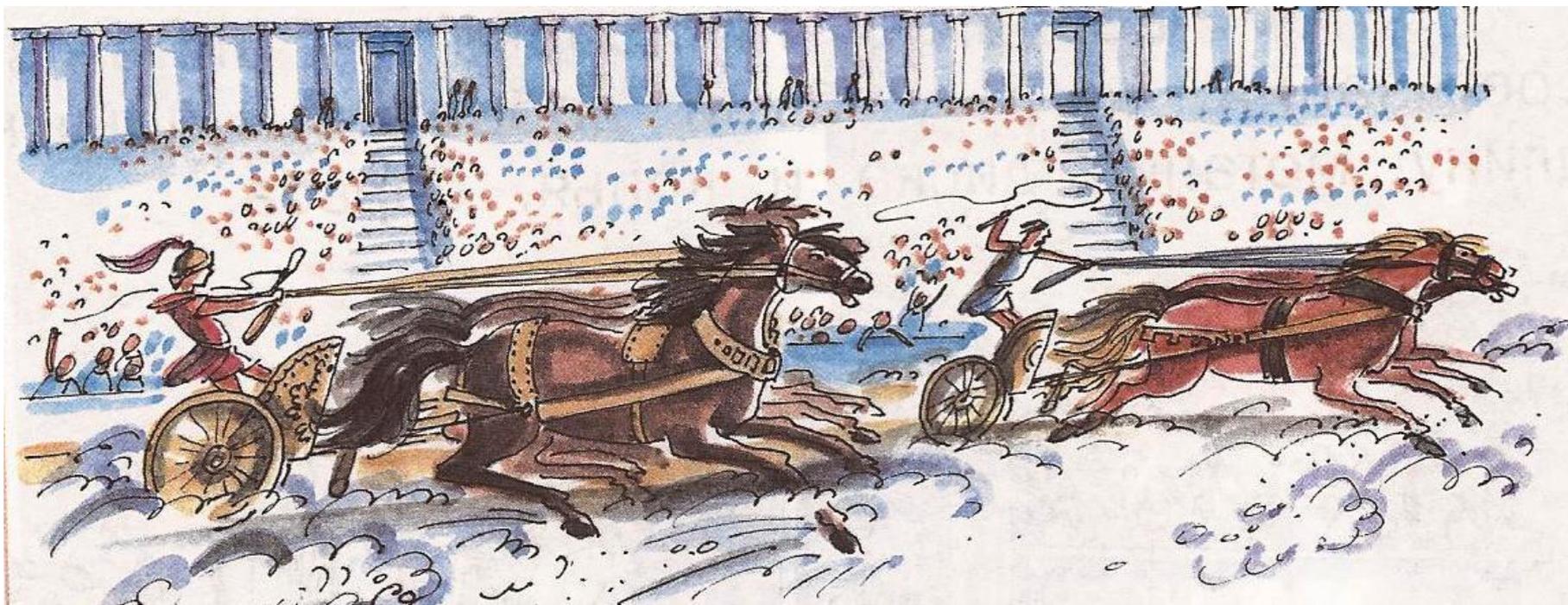
Учитель: Архипкина Т.  
И.

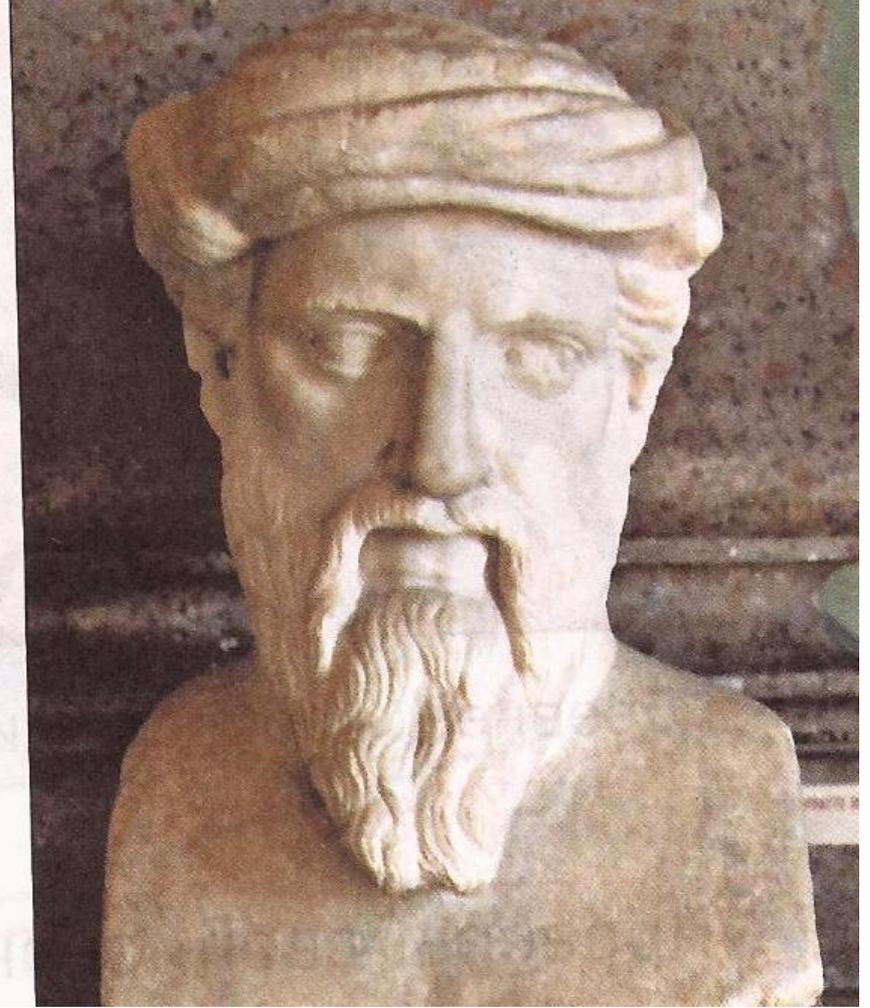
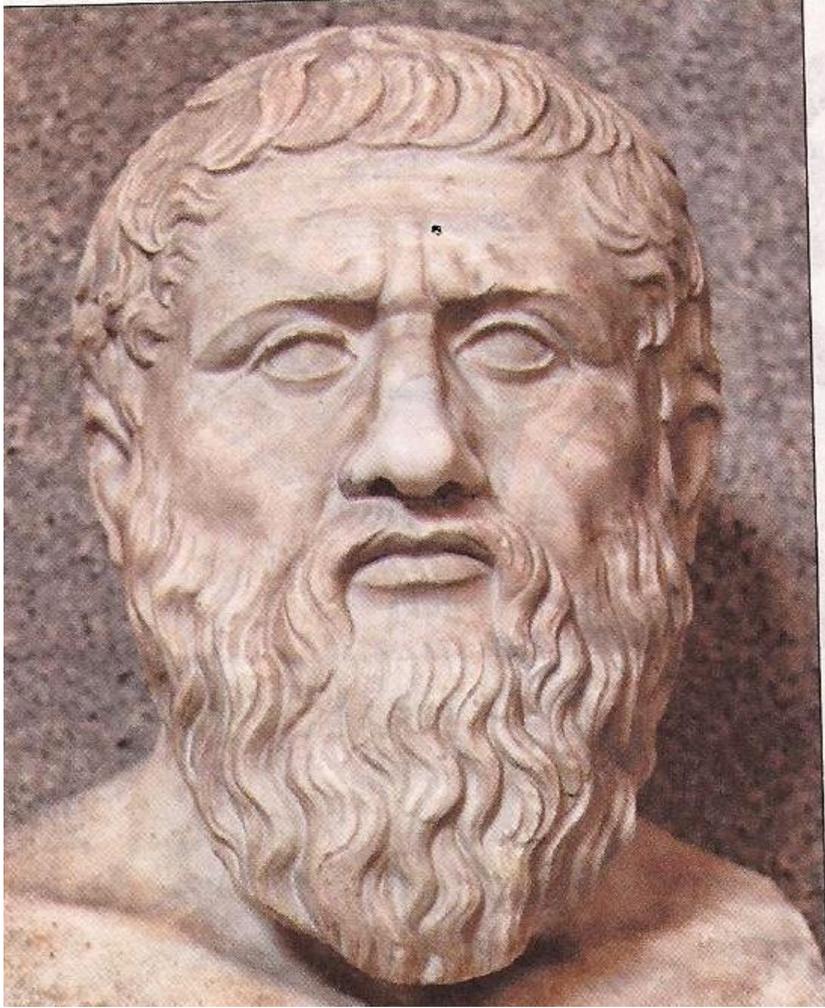




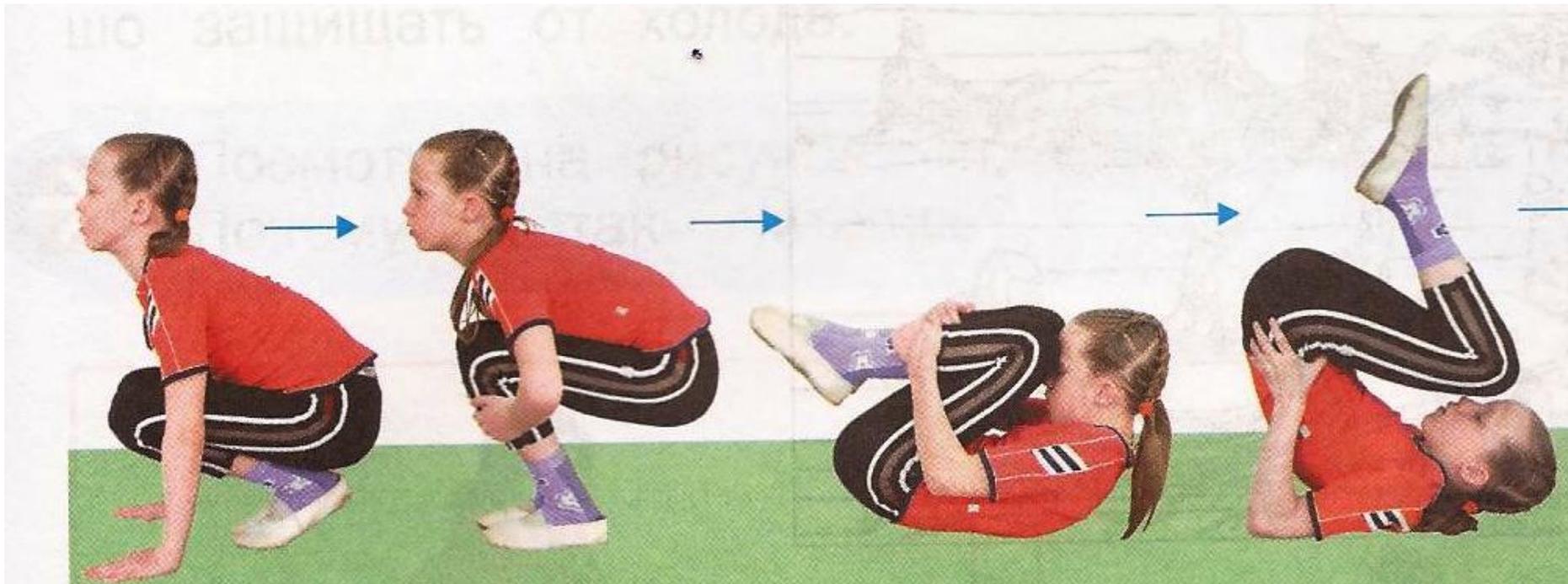
Мальчики сражались на деревянных мечах (фехтовали) и упражнялись в беге и прыжках.







# Стойка на лопатках согнув НОГИ

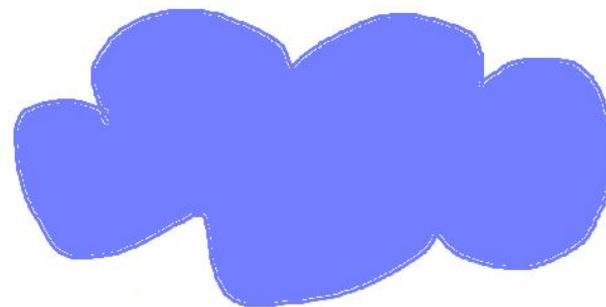
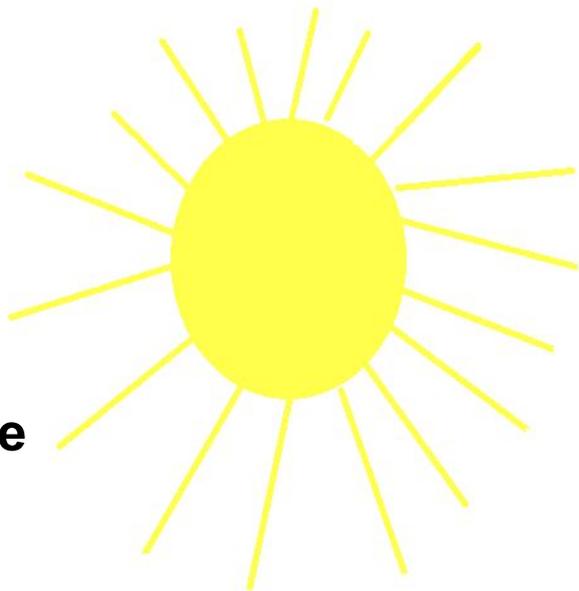




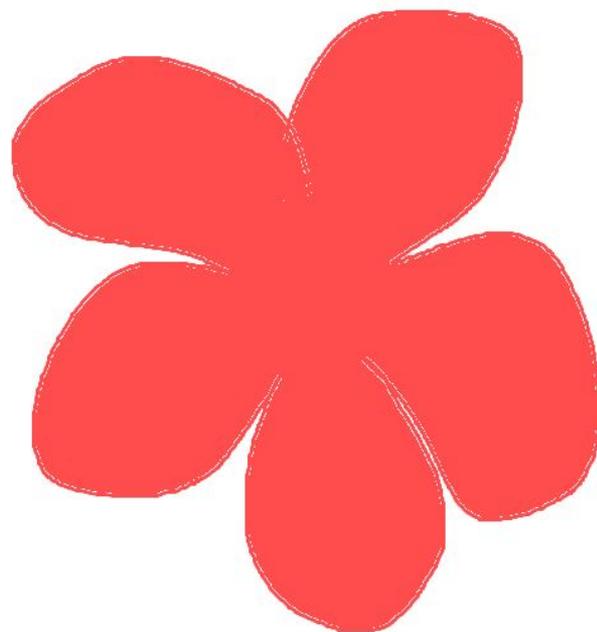




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