Conjunctivitis (pink eye) causes, symptoms, & treatment



What causes conjunctivitis?

Bacteria (bacterial conjunctivitis)

Viruses (viral conjunctivitis)

- Allergies (allergic conjunctivitis)
- Irritants (may include: dirt, pool chlorine, smoke)

What are the typical symptoms of conjunctivitis?

- The symptoms of pinkeye differ based on the cause of the inflammation, but the most typical include:
- Yellow-green discharge
- red eyes
- burning eyes
- painful eyes (esp. bacterial form)
- Increased tear production
- Crusting of eyelids or lashes
- Blurred vision
- Increased sensitivity to light

How is conjunctivitis treated?

The treatment for pink eye usually depends on the cause.

- Bacterial conjunctivitis is treated with <u>antibiotics</u>(in the form of eye drops, ointments, or pills).
- Viral conjunctivitis <u>resolves on its own</u> and does not require any specific treatment. However, <u>strict code of hygiene should be followed</u>.
- Allergic conjunctivitis is treated by identifying the trigger of allergy. It may also require the use of cool compresses and anti-allergy eye drops.
- Irritant conjunctivitis is treated via <u>irrigation</u>.

Complication are rare, but may include inflammation in the cornea and secondary infections (meningitis).