

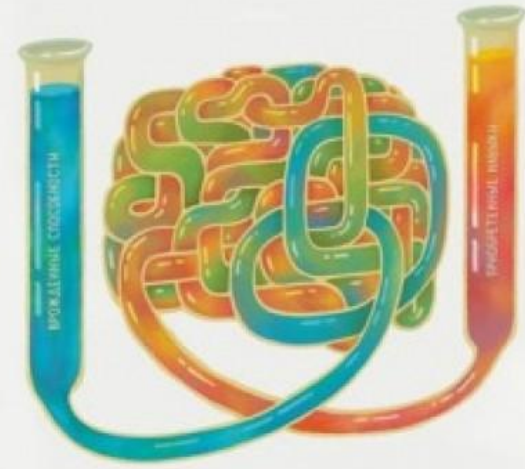
# Эффективное обучение

(применимые лайфхаки)

Кэрол Дуэк **Гибкое сознание**

Кэрол Дуэк  
**Гибкое сознание**

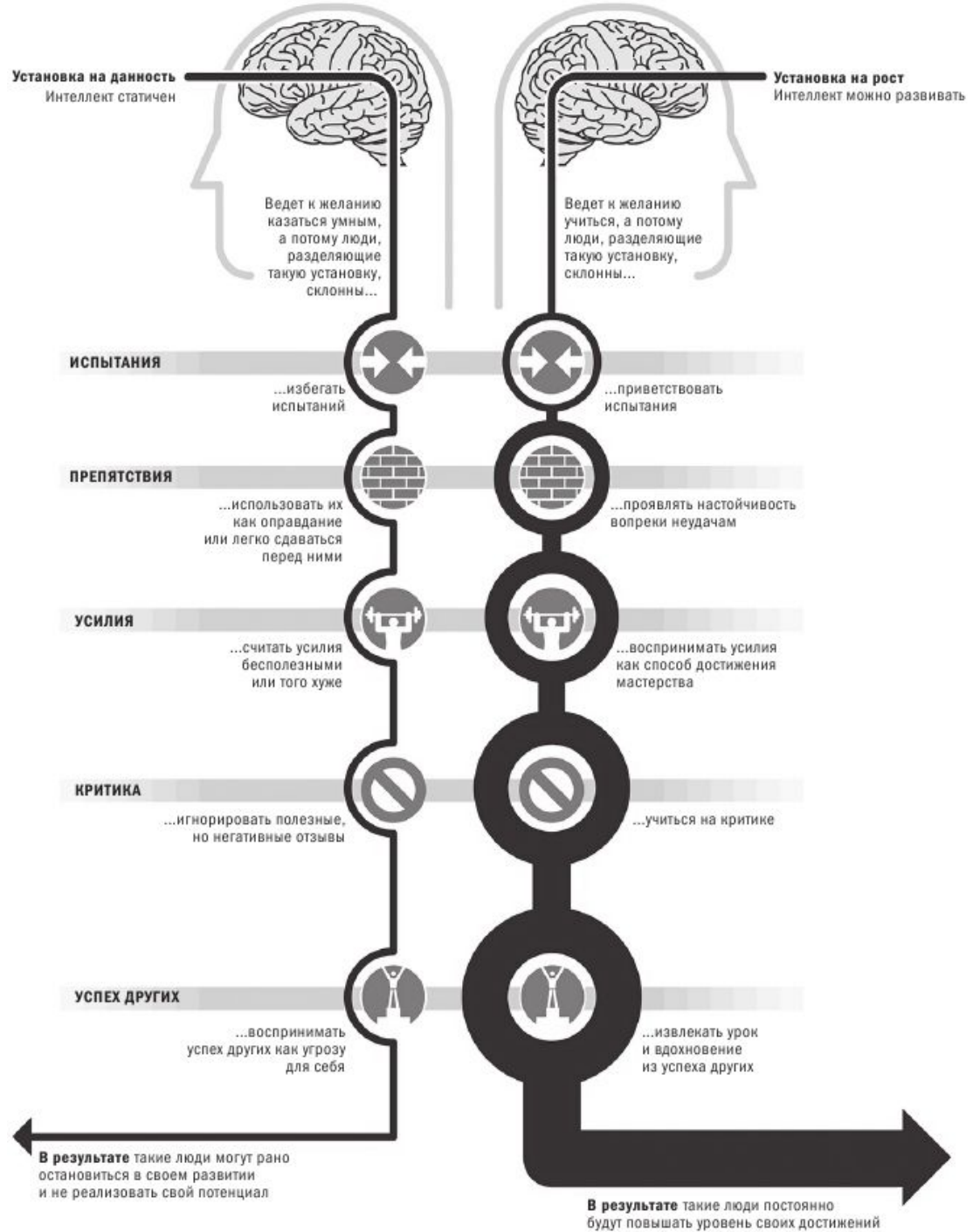
Новый взгляд на психологию  
развития взрослых и детей



III

Carol Dweck  
Mediat

[Хороший перевод!]



David Allen

✓ Getting Things  
Done

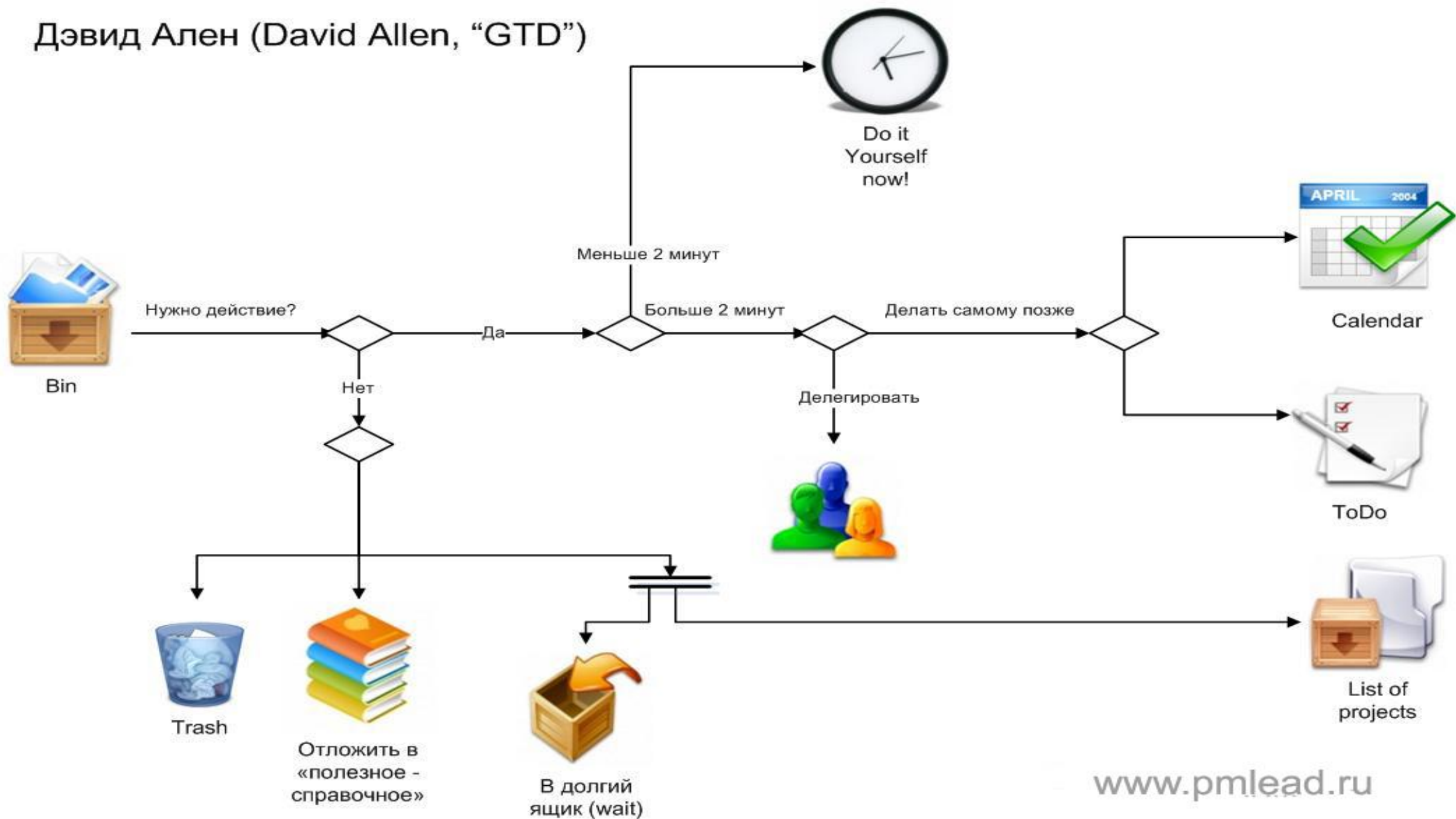
The Art of Stress-Free Productivity  
Read by the author

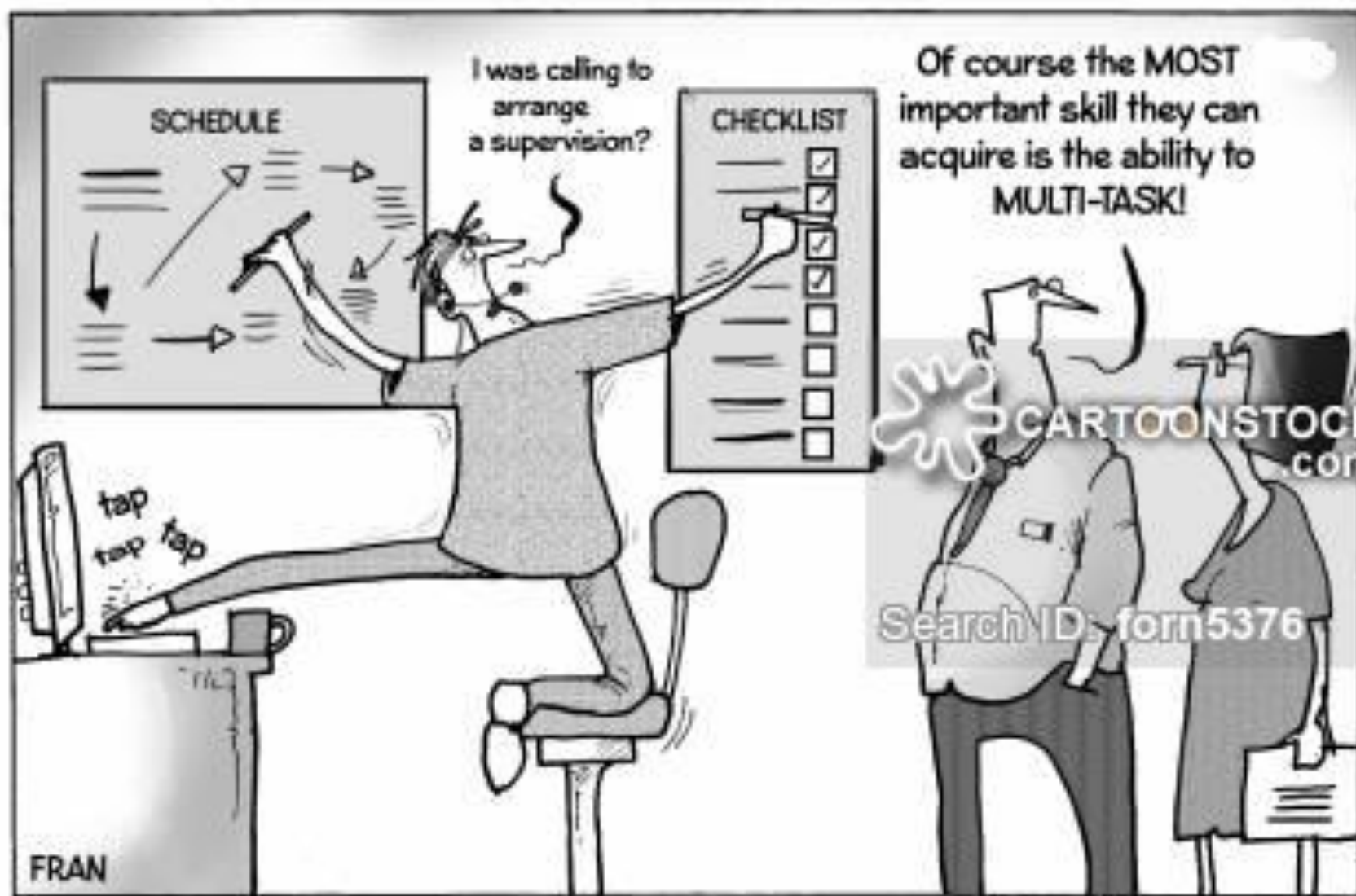
"The Personal Productivity Guru"  
- *Fast Company Magazine*

SCHENKEL  
**AUDIO**



# Дэвид Ален (David Allen, "GTD")







## Pomodoro Timer

Tatkov Lab

Пришло время  
повысить  
производительность и

★★★★☆



## Clockwork Tomato

phlam

Pomodoro сделан  
отлично.

★★★★☆ **БЕСПЛАТНО**

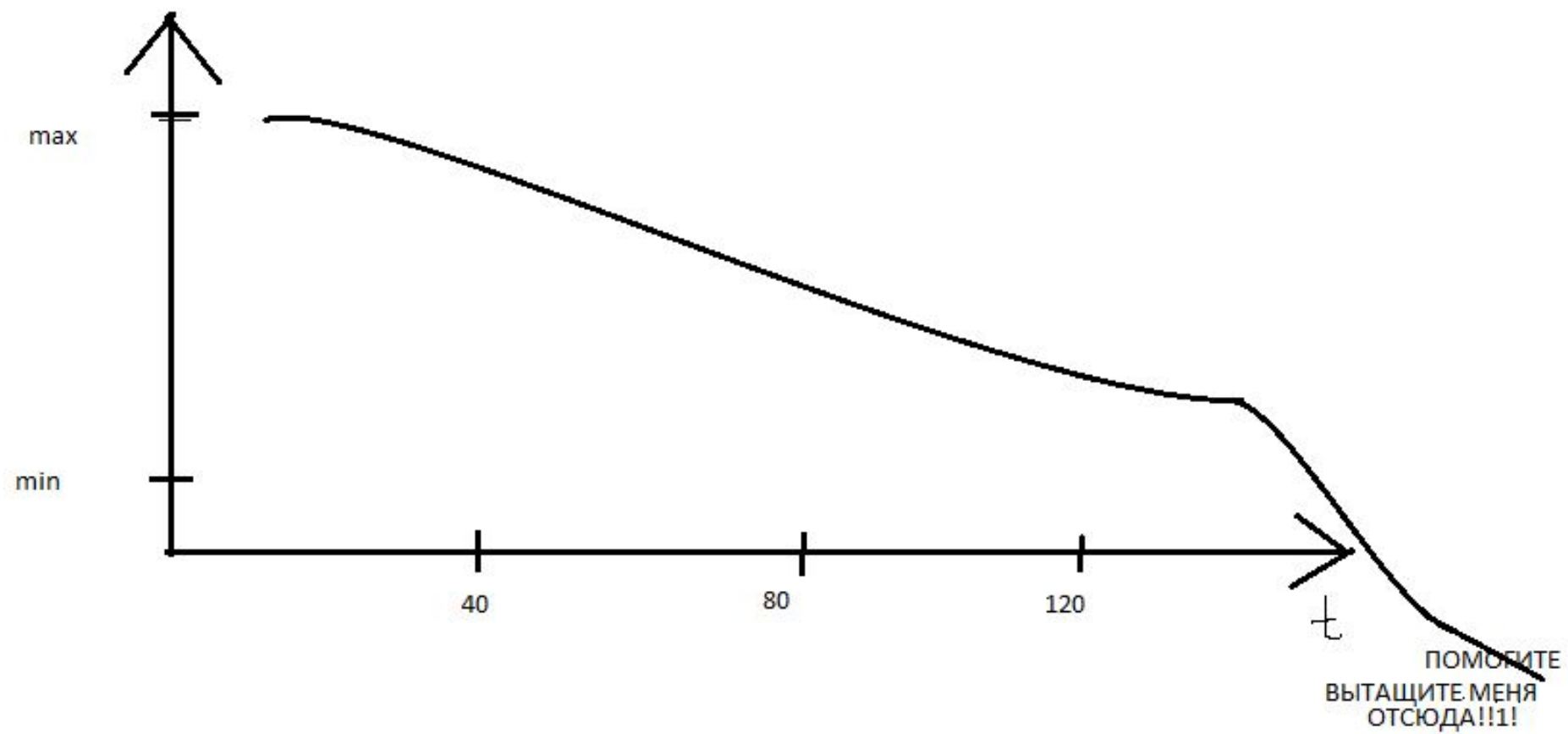


## Goodtime productivity

Adrian Cotfas

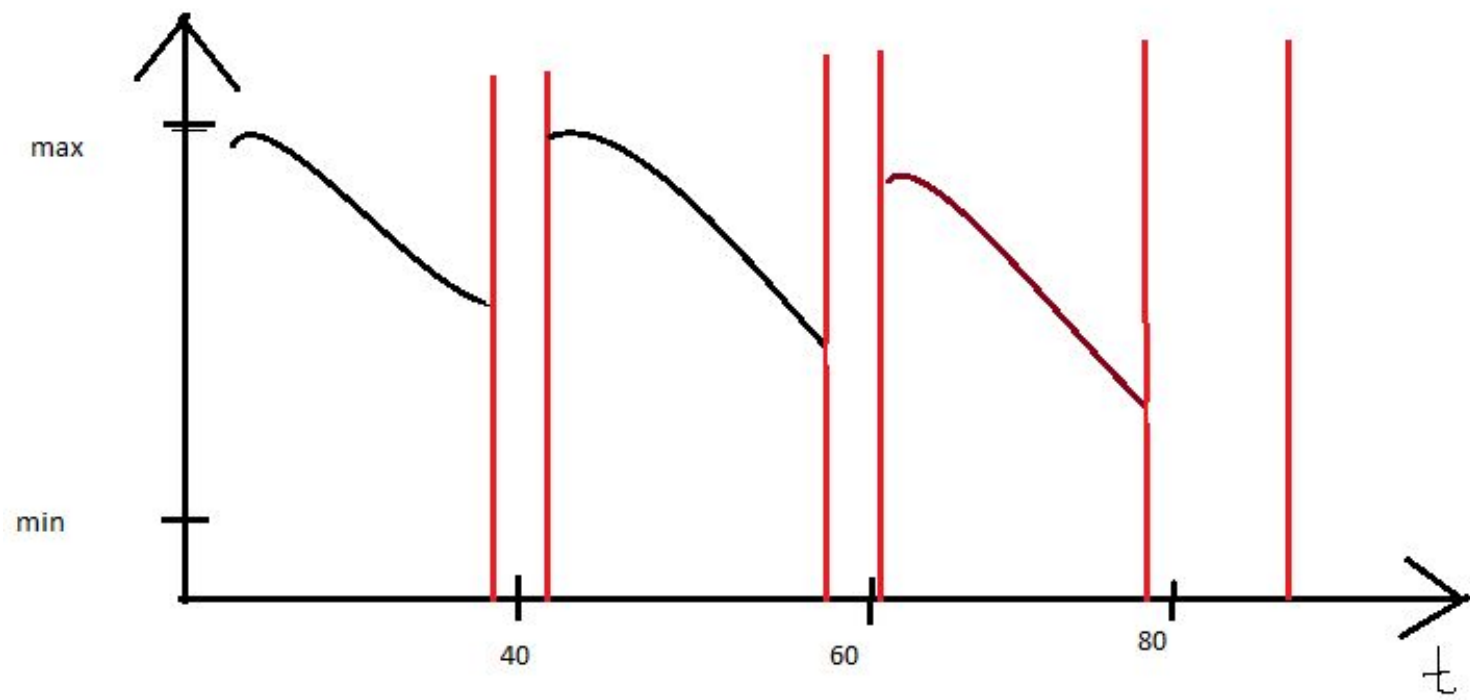
Избавьтесь от  
прокрастинации и  
выполняйте

★★★★☆ **БЕСПЛАТНО**





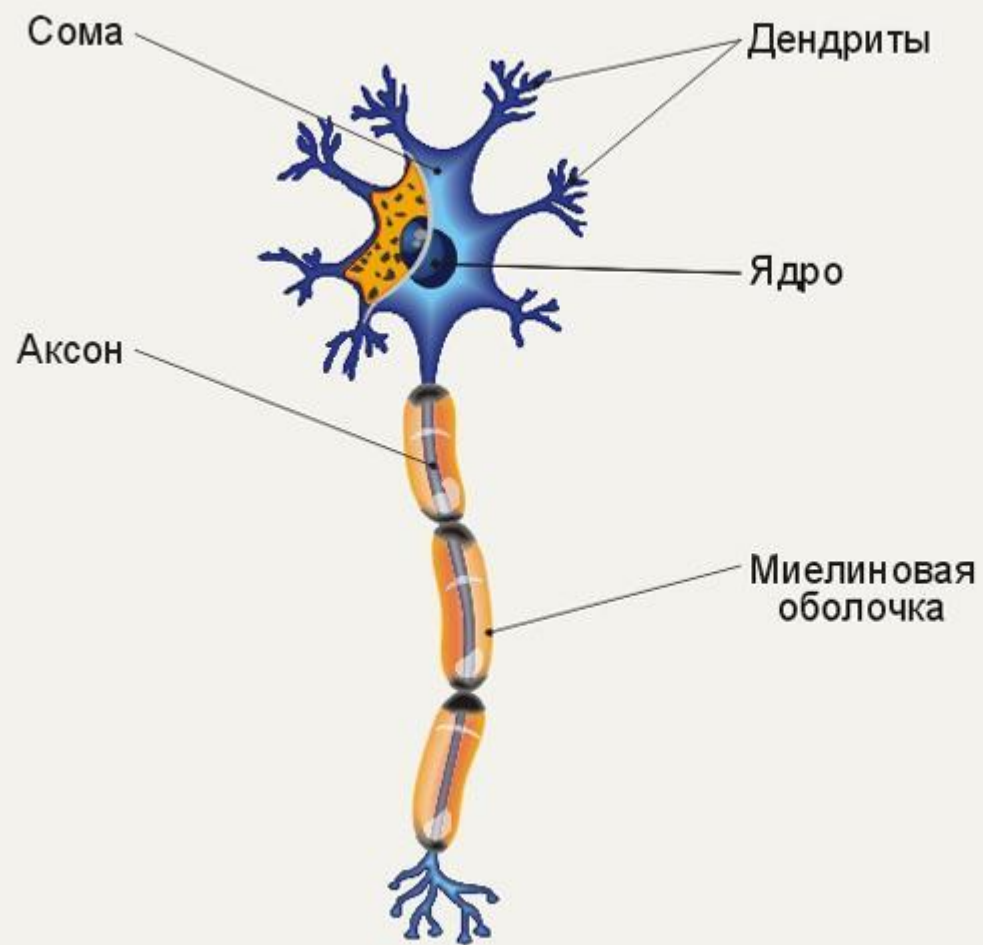




I'm still alive and I will survive!!1!1



Чтобы чего – то добиться в жизни,  
нужны хорошие связи.  
Хорошие нейронные связи.



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### Remember Anything

From images to scientific markup,  
Anki has got you covered.

### Remember Anywhere

Review on Windows, Mac, Linux,  
iOS, Android, and any device with  
a web browser.

### Remember Efficiently

Only practice the material that  
you're about to forget.

# Tenses

## Present Perfect

- Form**
  - (+): S + have/has + V(ed/3)
  - (-): S + have/has + not + V(ed/3)
  - (?): Have/Has + S + V(ed/3) + ...?
- Uses: to indicate**
  - An action that happened and it is still occurring in the present
  - An action that happened more than once in the past
  - An action that happened at an indefinite time
- Signal Words**
  - Already, ever, never, just, yet
  - So far, up to now, recently
  - Since, for

## Present Continuous

- Form**
  - (+): S + am/is/are + V-ing + ...
  - (-): S + am/is/are + not + V-ing + ...
  - (?): Am/is/are + S + V-ing + ...?
- Uses**
  - To talk about actions that are happening now
- Signal Words**
  - Now, At the moment, at present, right now, ...
  - Look, Listen, ...

## Be Going To

- Form**
  - (+): S + am/is/are + going to + V + ...
  - (-): S + am/is/are + not + going to + V + ...
  - (?): Am/Is/Are + S + going to + V...?
- Uses**
  - To talk about plans for the future
- Signal Words**
  - Tomorrow
  - Next (Monday, year, ...)

## Past Simple

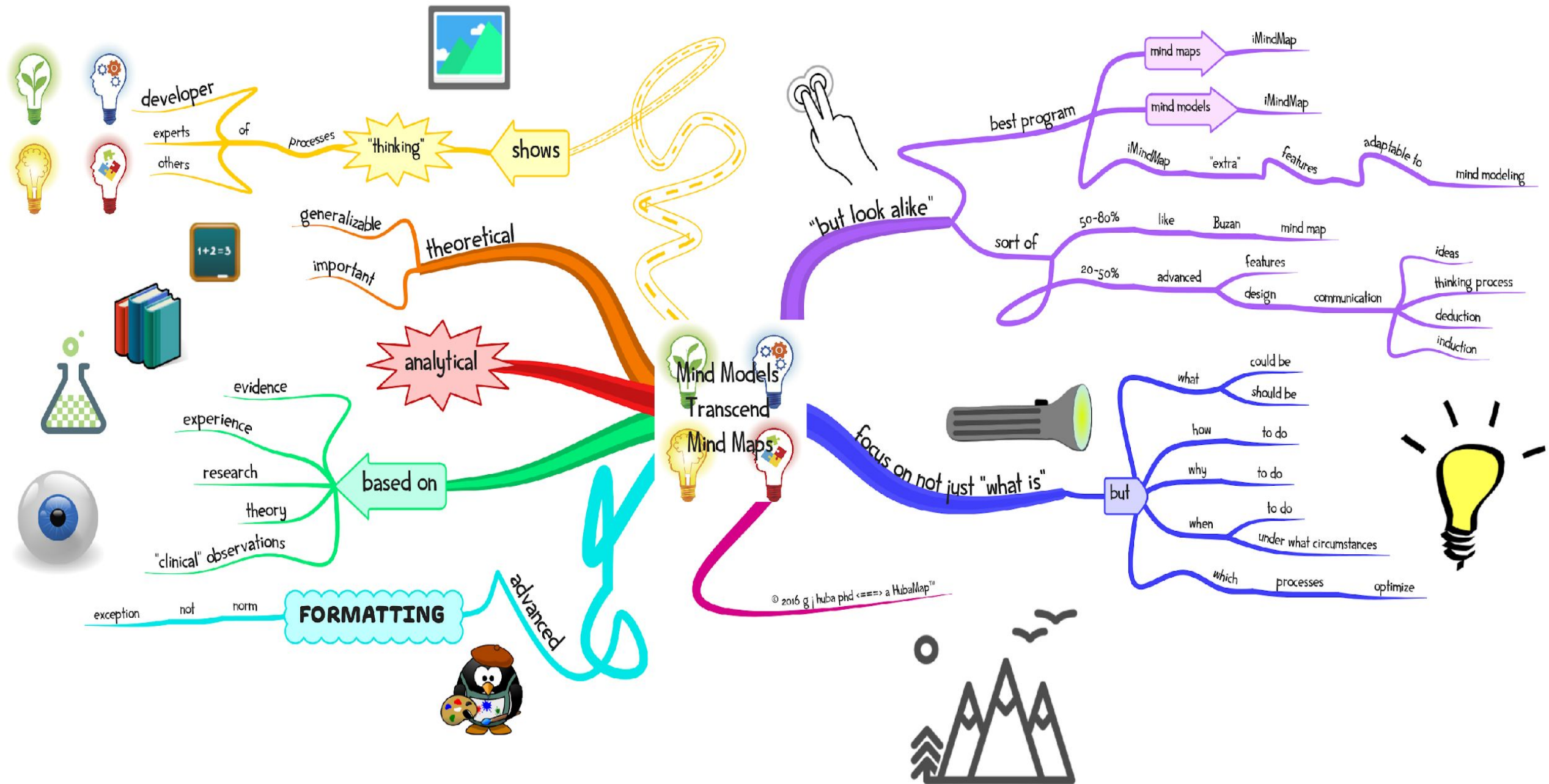
- Form**
  - (+): S + V(ed/2) + ...
  - (-): S + didn't + V + ...
  - (?): Did + S + V + ...?
- Uses**
  - For a completed action at a definite time in the past
  - For actions that happened one after another
- Signal Words**
  - Yesterday
  - Last (week, month, year, ...)
  - (1 day, 2 years, ...) ago
  - In + time

## Present Simple

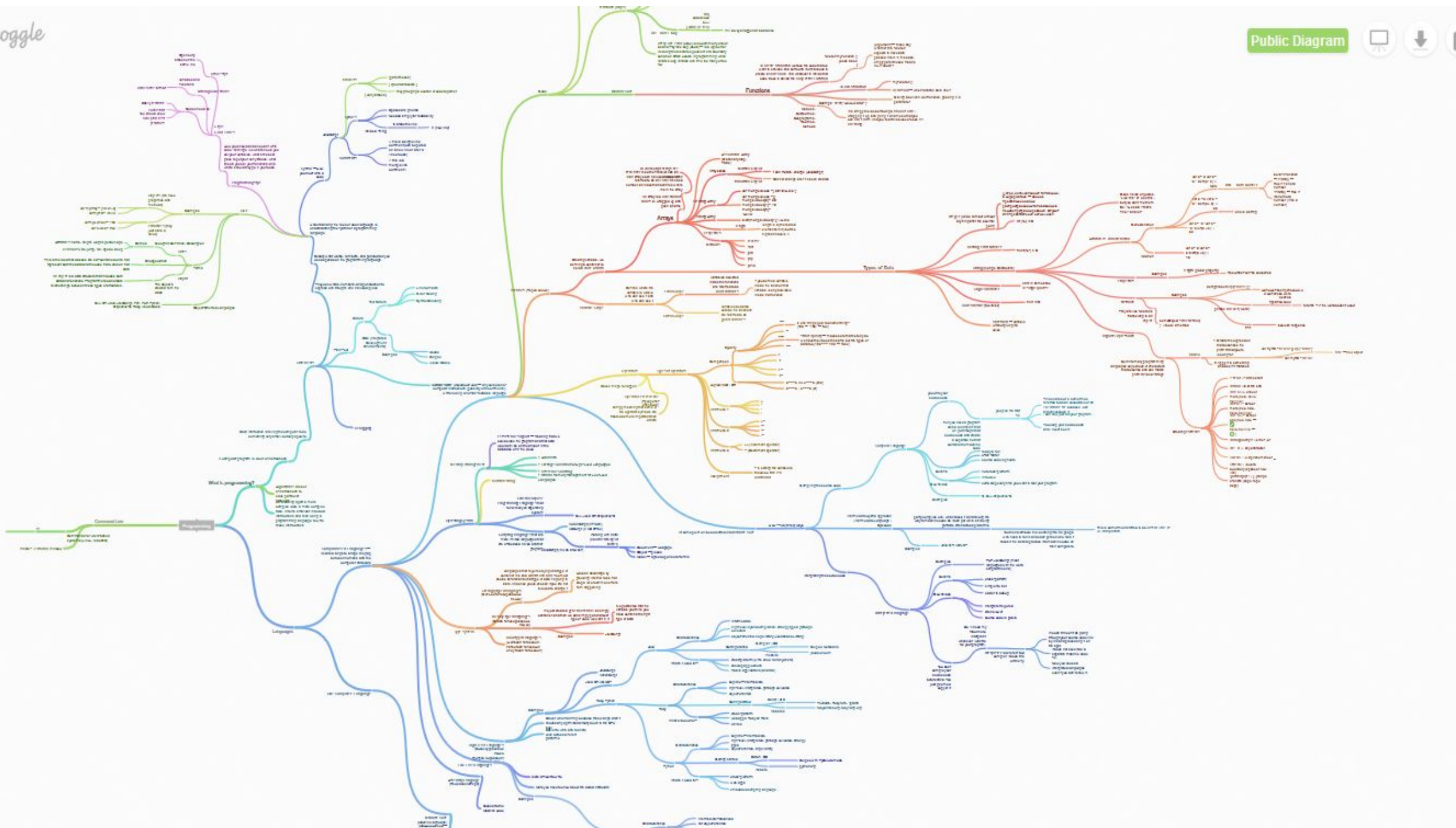
- Form**
  - (+): S + V (s/es) + ...
  - (-): S + don't/doesn't + V + ...
  - (?): Do/Does + S + V + ...
- Uses: to talk about**
  - Sth that happens always or regularly
  - A fact that is always true
- Signal Words**
  - Always, usually, sometimes, normally, often, seldom, never, ...
  - Every (day, week, month, ...)

## Will

- Form**
  - (+): S + will + V + ...
  - (-): S + won't + V + ...
  - (?): Will + S + V + ...?
- Uses**
  - Talk about future
  - Make a prediction
  - Give a promise
  - Talk about a fact
  - Offer someone
- Signal Words**
  - Tomorrow
  - Soon
  - Next (Saturday, ...)







generic variable, an empty variable you think you have contains the right type of data  
we can simply put whatever type of value we want in it

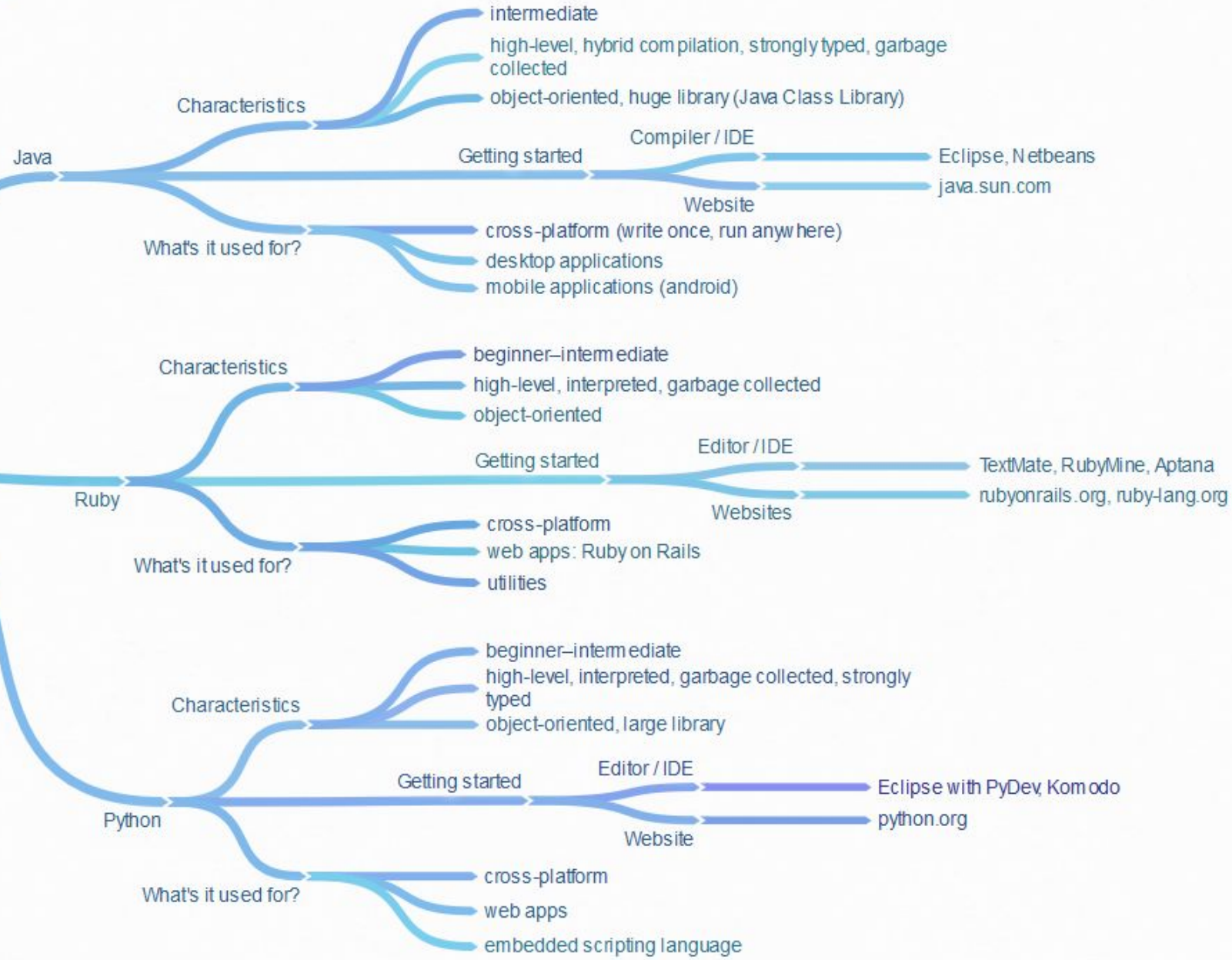
JavaScript

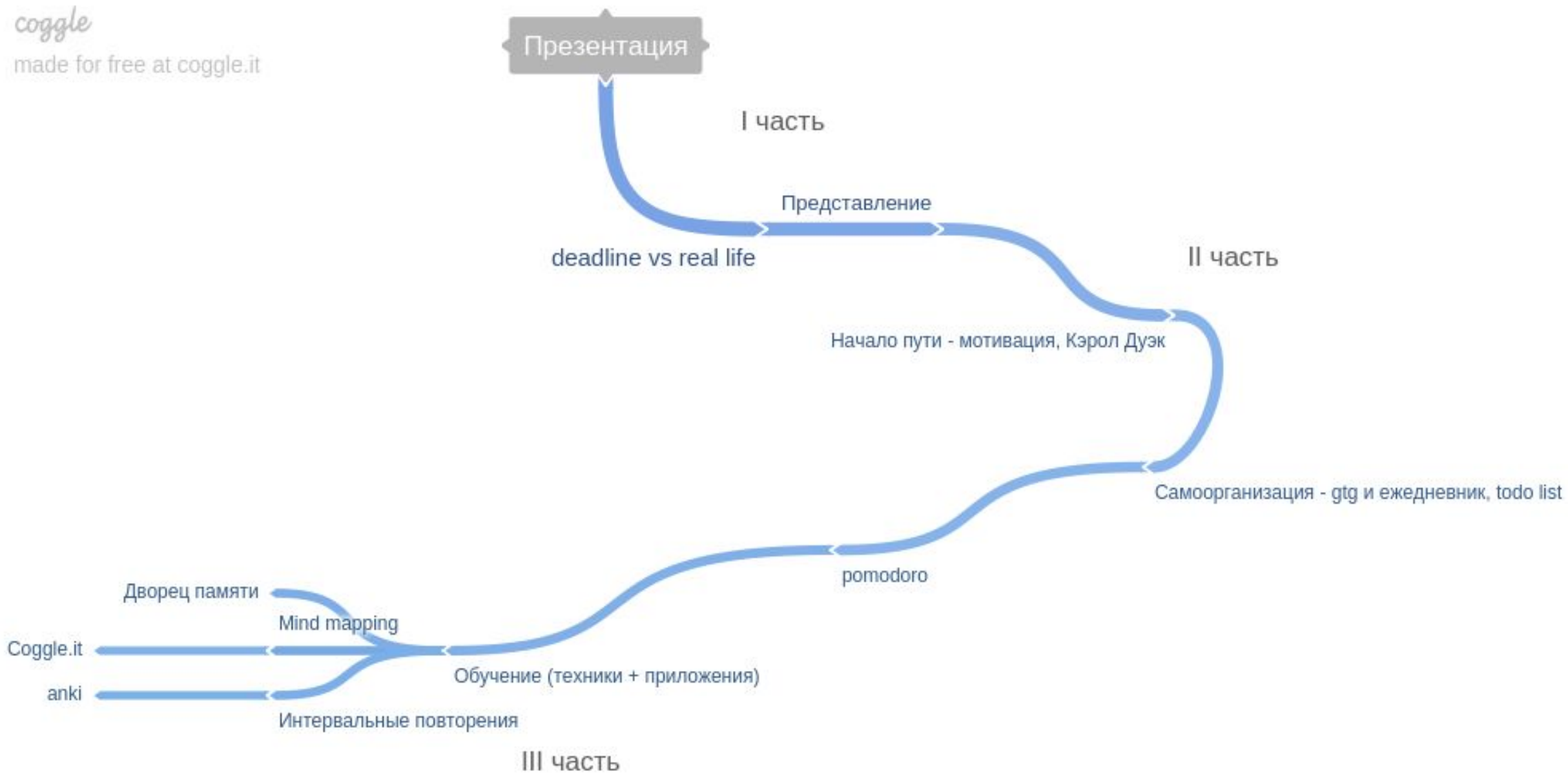
JavaScript, ActionScript  
Java, C#, VB.NET

Ruby, Python

running, because these langs aren't optimized directly down to the CPU  
and to share different

about the actual hardware





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C

