

Healthy brain, healthy body

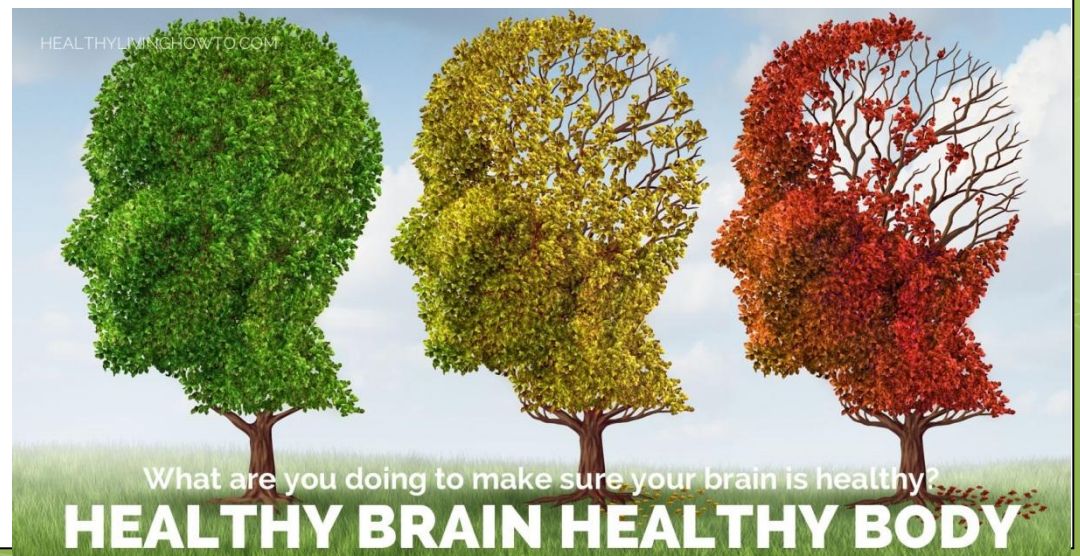
The plan of the lesson

1. **VOCABULARY:** Let's repeat the words you know about health.
 - Let's learn some new words.
2. **GRAMMAR:** How to give advice? MODAL VERBS
3. **VIDEO:** How to look after your brain?
4. **HOMETASK**



Goals for the lesson

- ❑ Explain new words in English
- ❑ Remember new words
- ❑ Understand the video



What words do you
already know about

HEALTH



To keep a diet



To stay positive

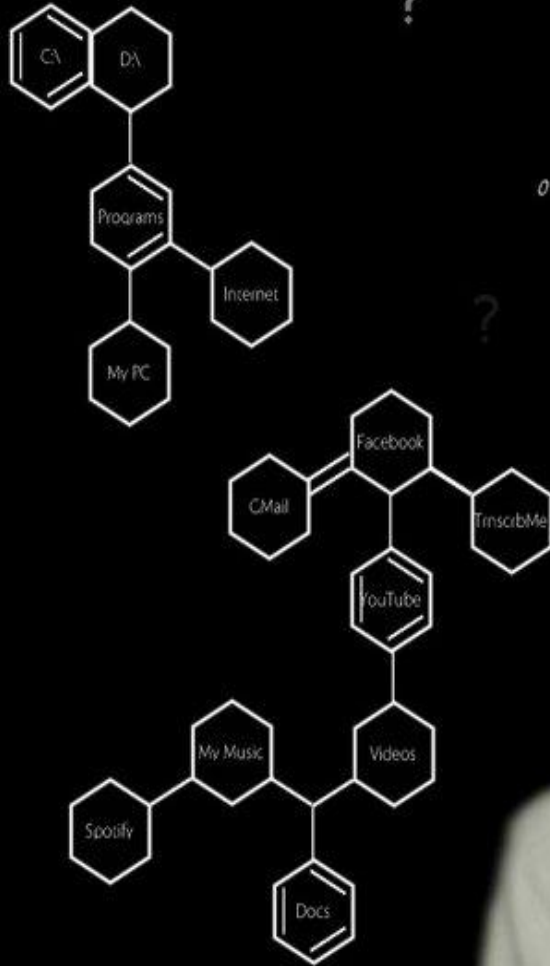


To keep moving

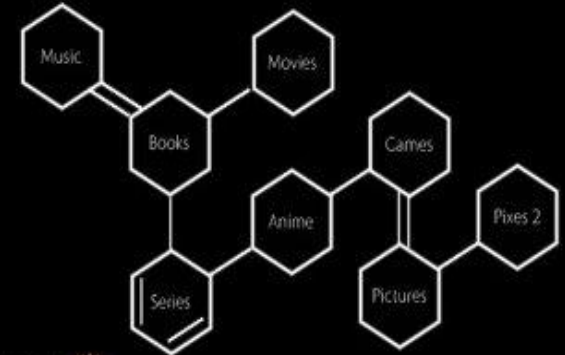


To solve riddles

02:14



SHEILA GRACE
0 Items 0.0 B



Today Mostly Cloudy 30°
Tuesday PM T-Storms 28°
Wednesday AM T-Storms 28°
Thursday Isolated T-Storms 28°

S	M	T	W	R	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

1. BBC Sherlock Soundtrack -13- Crates Of Books
3:03 | 0:0-0

- TO-DO LIST:
- Annoy Mycroft
 - Tell Jahn to buy milk
 - Solve Baskerville case
 - Study riding crop wounds
 - Get rid of Anderson
 - Follow-up on "Jim Moriarty"

To manage the stress





02:14

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0 items 0.0 B

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TO-DO LIST:
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Search, Anime, Paves 2, Series, Pictures

Program, Internet, My PC, Facebook, CMail, YouTube, TinscibleMe, My Music, Video, Spotify, Docs



Is his brain healthy?



NO!
He needs some advice!

How to give advice?



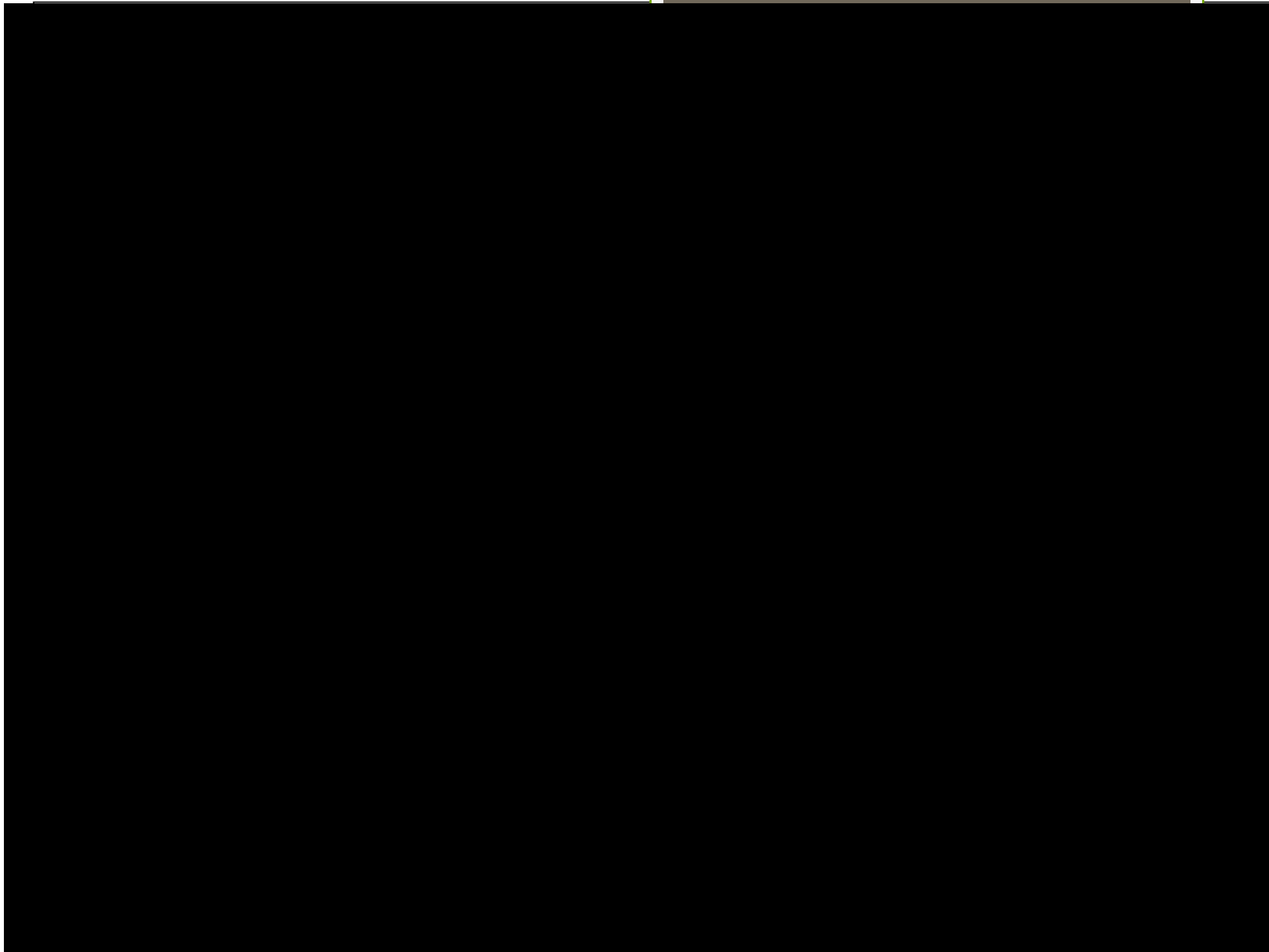
**MUST/
MUSTN'T**

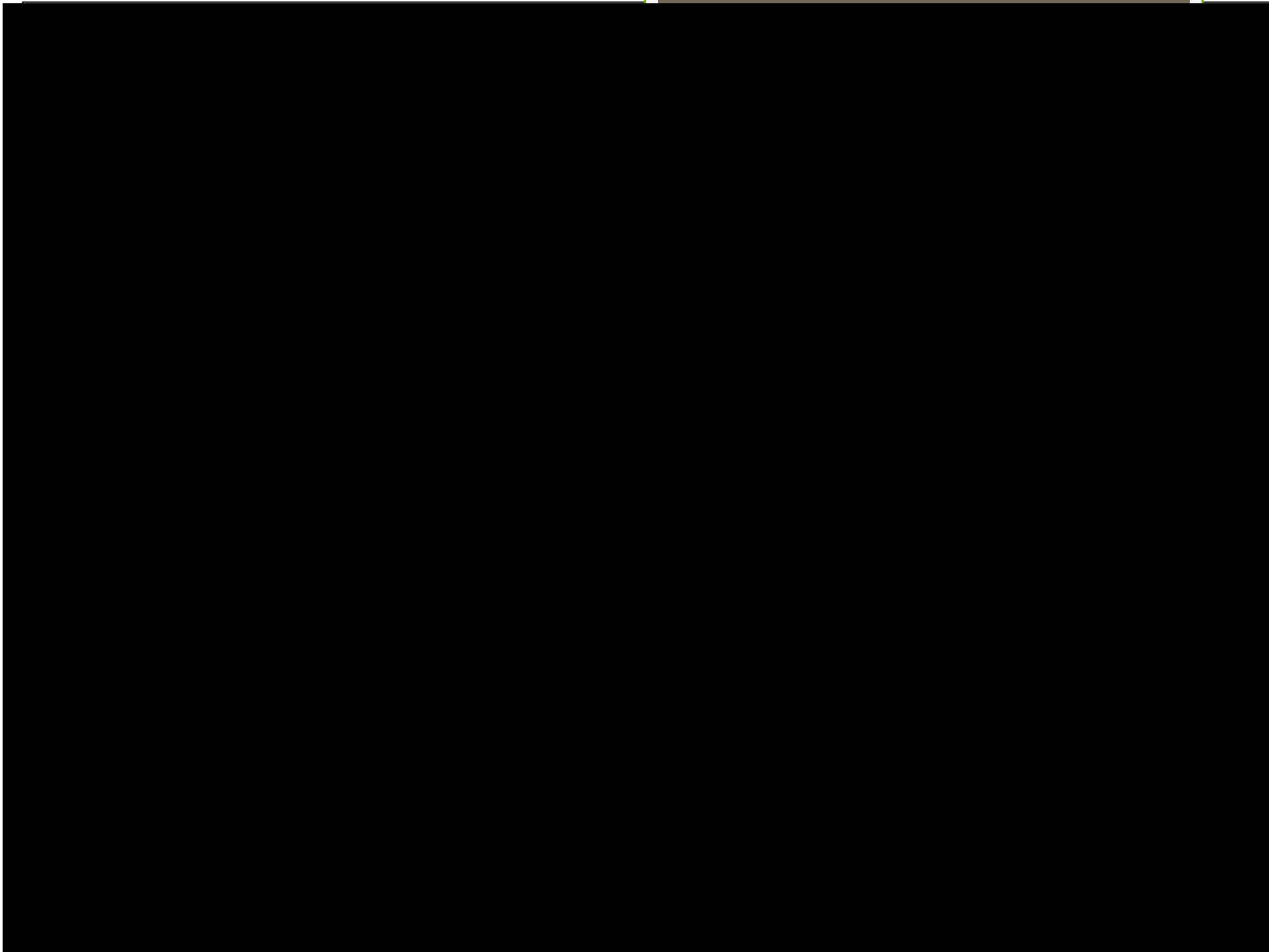
**SHOULD/
SHOULDN'T**



Let's practise!

- 1) You should look after your health.
 - 2) You shouldn't play video games too much time.
 - 3) You mustn't use mobile phones at the lessons.
 - 4) If you want to feel good you should keep a diet..
 - 5) You mustn't be late for the lesson.
 - 6) You look terrible. You must manage the stress!
- 1) If you want to train your brain, you should solve riddles.
 - 2) You shouldn't spend so many hours in front of the computer.
 - 3) You mustn't forget her birthday again.
 - 4) You must come to school on time.
 - 5) You shouldn't eat much sugar.
 - 6) You should stay positive if you want to be healthy.





Let's give him some advice!





Homework

Please, write an essay

"What I should do to keep my brain
healthy"