

HEALTHY FAST FOOD



Crisps



+ :

- ✓ you can quickly eat it
- ✓ do not take much space
- ✓ A lot of people like it



- :

- THE GREASY HANDS
- THE SMELL FROM A MOUTH
- A LOT OF HARMFUL ADDITIVES

Nuts



+ :

- ✓ it is easy to take with itself
- ✓ improve health
- ✓ it is a lot of different types

• SOME NEED CLEANING



+ :

- ✓ a lot of vitamins
- ✓ little harmful impurities
- ✓ great choice

- :

- QUICKLY SPOIL
- YOU CAN BE SOILED
- SOME OCCUPY A LOT OF SPACE

FRUIT



VEGETABLES

+

- a lot of vitamins
- a lot of directions of eat

-

- you can be soiled
- it is impossible to use without processing

ROLLS



+ :

- ✓ nourishingly
- ✓ it is a lot of types

- IT IS DIFFICULT TO TRANSFER
- EXPENSIVELY



+ :

- ✓very nourishingly
- ✓it is easy to prepare

- :

- IT IS A LOT OF HARMFUL ADDITIVES
- YOU CAN BE SOILED
- THE GREASY HANDS

Fast FOOD



GS

+ :

- ✓very nourishingly
- ✓it is easy to prepare



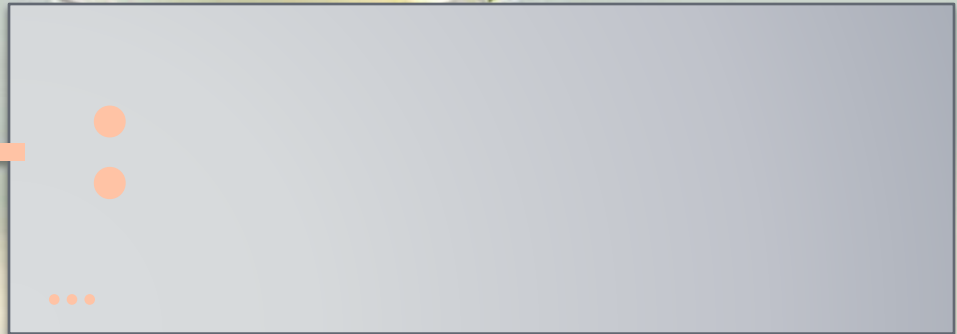
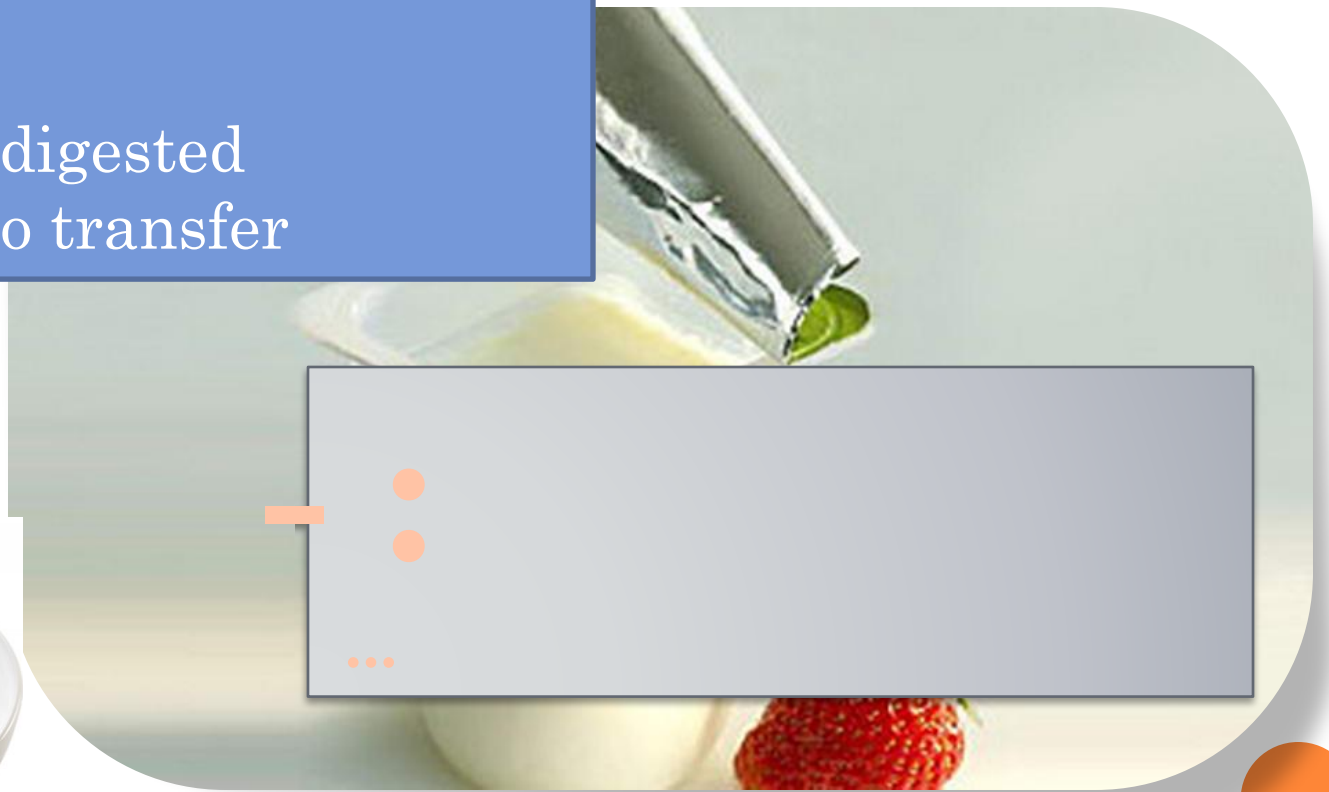
- :

- IT IS A LOT OF HARMFUL ADDITIVES
- YOU CAN BE SOILED
- THE SMELL FROM A MOUTH

YOGHURT

+ :

✓ the easily digested
✓ it is easy to transfer



BLINY



+ :

- ✓ you can quickly eat it
- ✓ nourishingly
- ✓ it is a lot of different additives

- :

- IT IS INCONVENIENT TO TRANSFER
- THE GREASY HANDS
- IT IS DIFFICULT TO PREPARE



Chichen

+ :

- ✓ nourishingly
- ✓ normal dinner

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- IT IS DIFFICULT TO PREPARE
- THE GREASY HANDS

PIROZHKY

+ :

- ✓ the very tasty
- ✓ it is a lot of different stuffings
- ✓ it is easy to transfer

- •

- it is difficult to prepare
- the greasy hands

THERE WERE MANY
DIFFERENT SNACKS
BUT THEY COULDN'T
REPLACE THE REAL
DINNER !

