

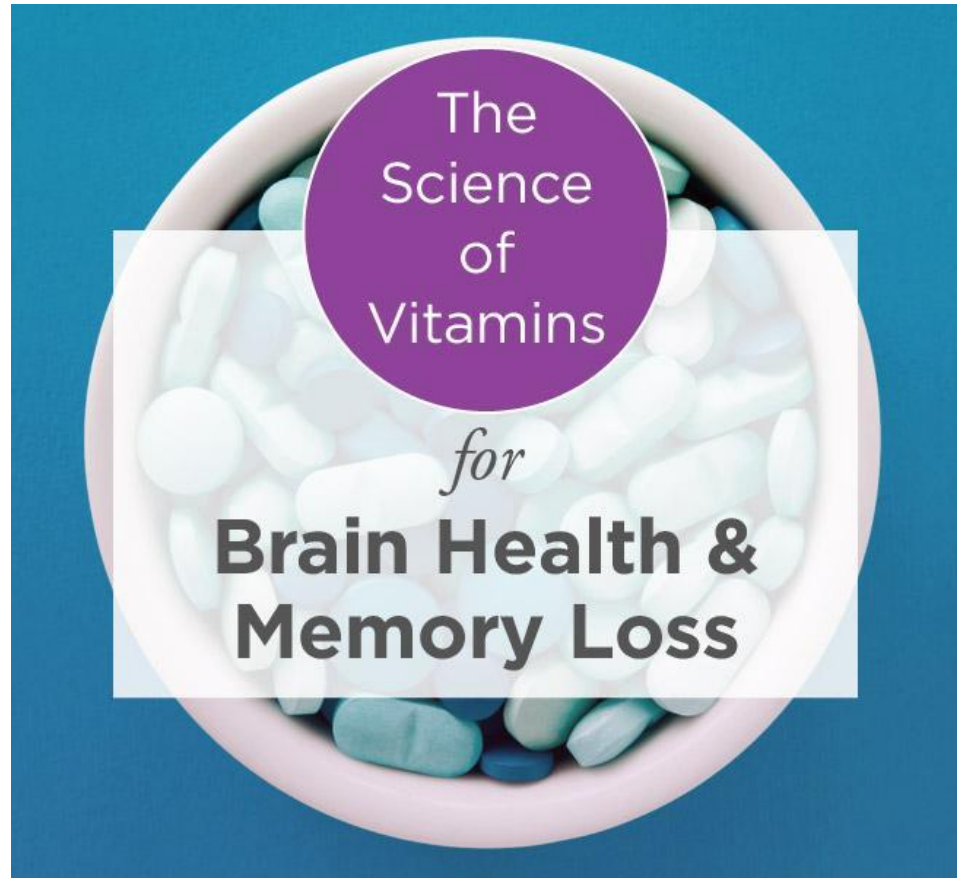
Healthy habits for our brain

Learn a new language.

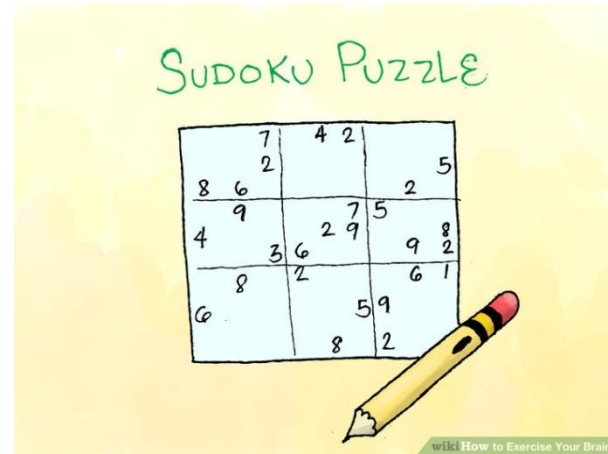
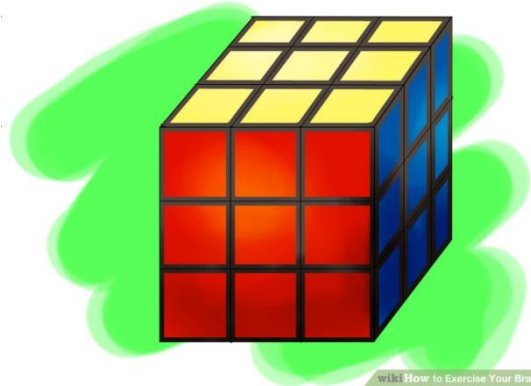


Vitamins for brain

- Vitamin B12
- Vitamin E
- Vitamin B1
- Vitamin B9
- Vitamin C
- Vitamin D



Logical games for improving our intelligence



To walk in your house with closed eyes

