

# Informatics

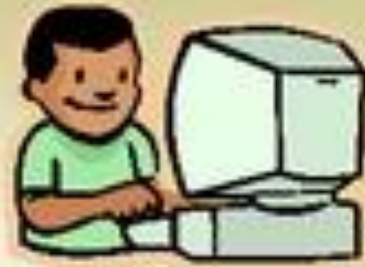
Instructor: Ali Maratov

# Grading Policy

- This term we are going to have 3 quizzes
- Each costs 15 points
- Practice will take 10 points from overall
- 45 points from the final examination

# Topic

- Computer Lab Rules
- Computer Ergonomics



# Computer Lab Rules

# Computer Lab Rules

- Enter and leave quietly
- Do not change any equipment
- Do not use any devices till the lesson is not over
- No drinks and no food
- Respect your classmates and your teacher
- Ask for permission if you want to do something
- If I see you damaging something I am going to damage you

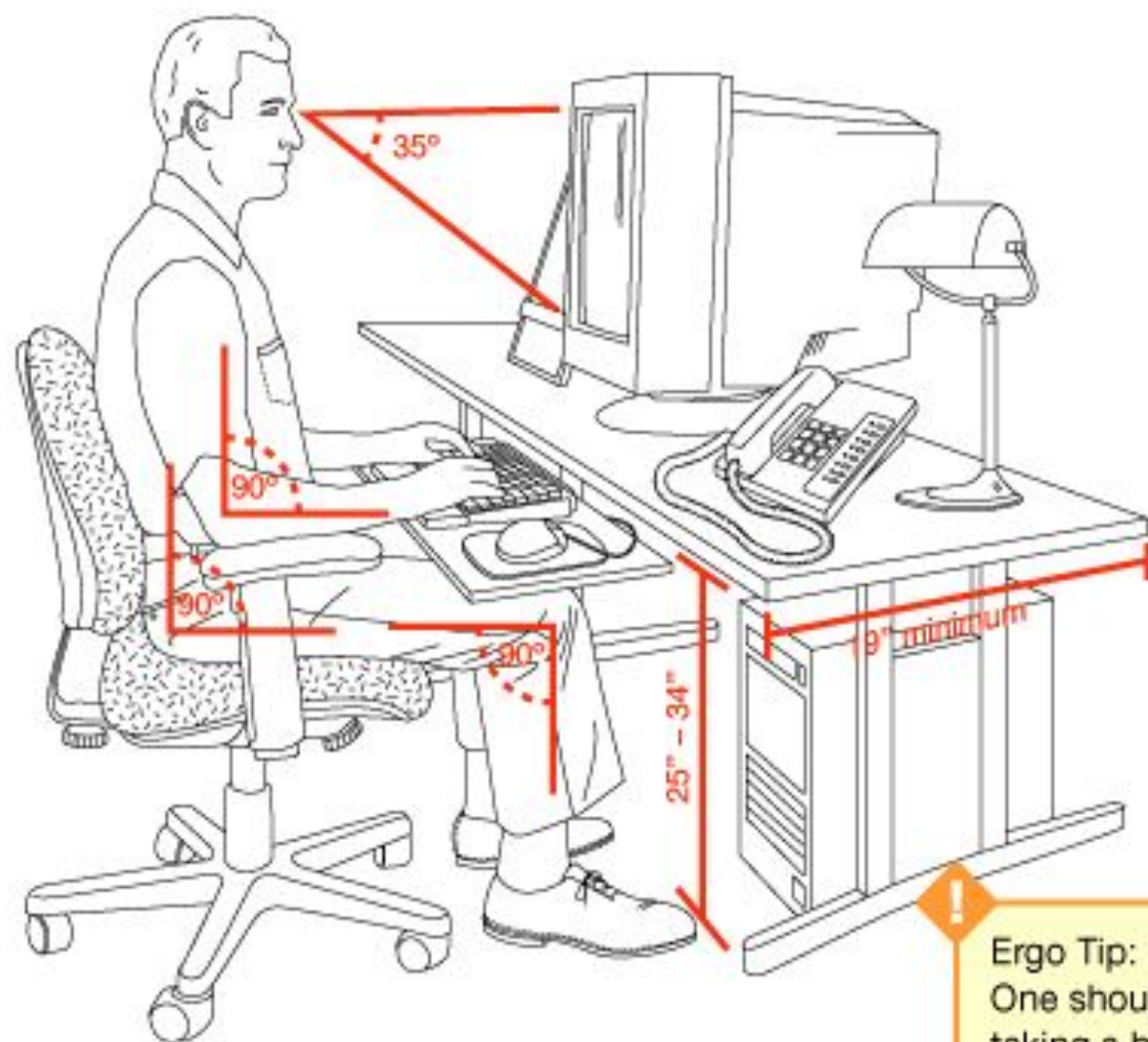


# Computer Ergonomics

- What is it?
- What can you say about it (your thoughts)

- an applied science concerned with designing and arranging things people use so that the people and things interact most efficiently and safely —called also *biotechnology*, *human engineering*, *human factors*





**Ergo Tip:** "Wrist rests" are misleading. One should only use a wrist rest while taking a break from typing!



- My Simple Definition of Ergonomics: In simple words, application of ergonomics in industries and organizations helps workers to work in an environment which is safe, hygienic, and comfortable and helps employers or factory owners to get maximum productivity and quality from their employees keeping in mind their health and workplace safety by using and adopting standard guidelines of ergonomics. Ergonomics also helps employers in lowering absenteeism of workers thereby maintaining minimum if any pressure due to not being understaffed at all times.





The End