

# Eating habits

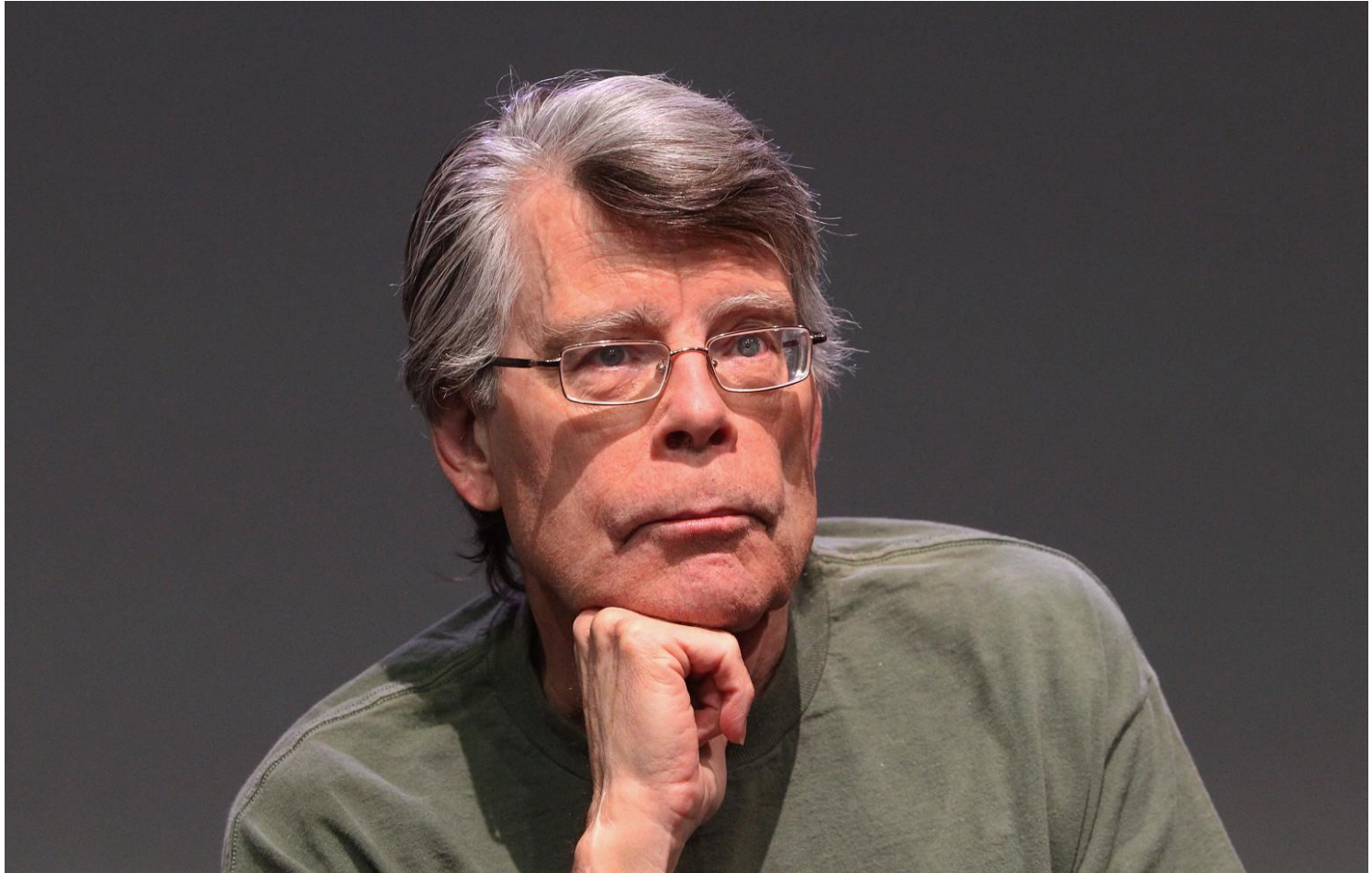
*Junk Food V's Healthy Food*



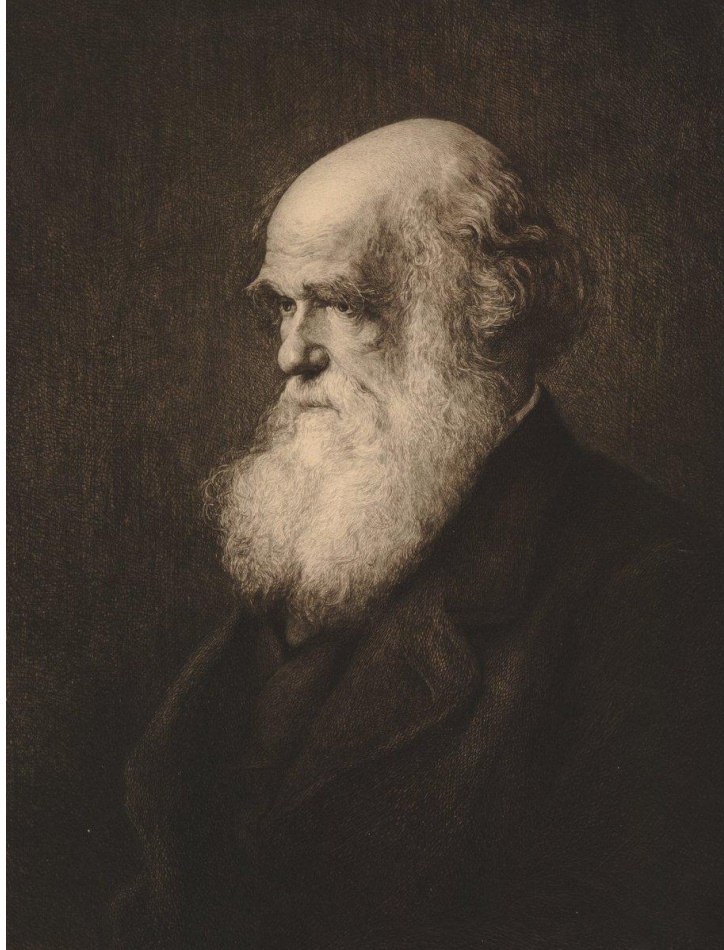
# Steve Jobs



# Stephen King



# Charles Darwin



# Healthy and **junk** food





**Carbohydrates**

**Fats**





# Proteins

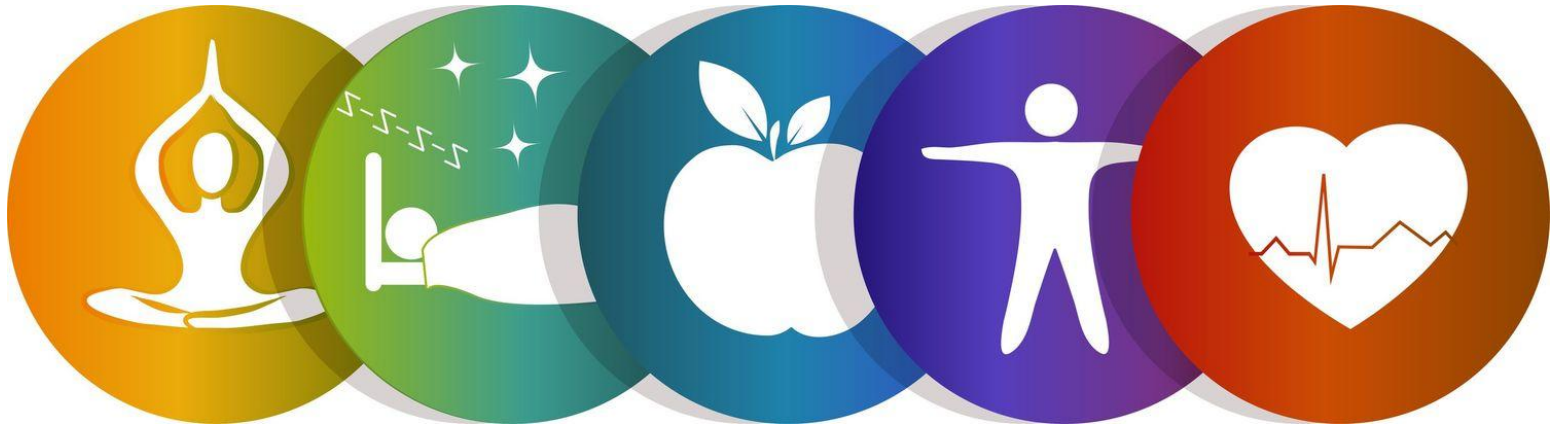


# Clean water





# Benefits of healthy eating



We are what we are eating.

