

the British way of life



90% of Brits living in cities. The population is concentrated in the seven largest conurbation, the biggest of them - Greater London (about 7 million. Persons)



Roofs of houses are usually high, gabled, steep, or slate roofing. Houses - frame, their stones, pebbles, limestone slabs, the later type of houses - made of bricks. Characterized by low-rise construction, the vertical arrangement of apartments (on two floors).



Schedule

The day begins with an Englishman tea and reading the morning paper. Then he goes to work. All business life in London held in the City, in the center of the city. After a day of City empties. Workers, employees rest in pubs. Usually you drink beer, play games. After that, go home.



Clothing

English National costume formed in the XIX century. It is characterized by rigor and simplicity of the lines, soft and soothing colors. Type of English Costume influenced the formation of a pan-European male costume. Now popular sportswear. Preserved medieval elements in clothes, judges, guards, and students.



Food

Traditional food - meat - roast beef, steak, bacon, fish dishes are also popular puddings (they may be of different products) and oatmeal.

breakfast (breakfast) - porridge with bacon, egg, tea or coffee, a sandwich with jelly;

2nd breakfast (lunch) - soup, pudding, tea or coffee;

Tea Party (five o'clock) - tea with cakes, biscuits or biscuit;

dinner- more plentiful than anything else, but it corresponds to the Russian dinner (at 7 pm).

Often, and dinner, but often do not reap the British.

Of the most popular beverages - tea. It is drunk with milk, certainly brewing on a strict ritual.

Of alcoholic beverages popular beer and whiskey from imported - port wine.



The influence of religion

The formation of many of the traits of the English way of life, especially the bourgeois influence of Puritanism, widespread in the XVI century. This strict adherence to religious precepts, hard work, frugality, isolation



Holidays

The main holiday - Christmas, December 25. On the eve of the workday is shortened. People buy a turkey or goose, and other products for the festive table. Home decorating the Christmas tree and adorn the walls of branches of mistletoe. New Year's Eve, as a rule, is not celebrated.

