

# The Most Insane World Records

Diana Vodotyka

# The Most Spoons On Face



Achieved by  
Aaron Caissie  
from Canada, he  
managed to  
balance 17 spoons  
on his face at  
one time

# The Stretchiest Skin

Because of a rare disorder known as Ehlers-Danlos Syndrome Gary Turner of the United Kingdom can stretch his skin up to 6.25 inches



# The most T-Shirts Worn At Once

On April 24, 2008  
Jef Van Dijck  
successfully  
donned 227  
t-shirts at once in  
the town of  
Brecht, Belgium



# The fastest Hundred Meter Hurdle Wearing Swim Fins

On September 13, 2008 Maren Zonker of Germany became the new world record holder with a time of 22.35 seconds



# The Most Straws Stuffed In Mouth

Simon Elmore  
of Germany  
broke this  
record in 2009  
by holding 400  
straws in his  
mouth for 10  
seconds.



# Full body ice contact endurance



The longest time spent in direct, full-body contact with ice is 1 hour 42 minutes and 22 seconds by Wim Hof of the Netherlands on Jan. 23, 2009.

# The oldest table tennis player

The oldest table tennis player is Dorothy de Low. De Low was 97 years old when she represented Australia at the XIV World Veterans Table Tennis Championships at Rio de Janeiro, Brazil, on May 25, 2008.





# The Deepest Cycling Underwater

The deepest cycling underwater is 66.5 meters and was achieved by Vittorio Innocent in Santa Margherita Ligure, Liguria, Italy, on July 21, 2008.



# The most tattooed person

The most tattooed person is Isobel Varley, who covered 93 percent of her body with the ink art.

